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The Watrous Manitou

MONDAY, SEPTEMBER 14, 2020

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Looking for lunch

► While a windy Saturday was perhaps not the most enjoyable for swimmers at Etters Beach, it provided ideal conditions for a number of seagulls as they anticipated a prime opportunity to grab lunch. With the waves crashing into shore, the gulls lined up and waited for their food to arrive. Unfortunately for a number of crayfish, it was not a very pleasant day, becoming one of the items on the menu (above).

photos by Daniel Bushman



Individual who tested positive for COVID-19 visited local food store

■ Daniel Bushman

Public Health officials are asking anyone who was at the Saskatoon Co-op Watrous Food Store location on Aug. 28 between 3 and 3:30 p.m. to immediately self-isolate if they have had or currently have symptoms of COVID-19 and to call HealthLine 811 to arrange for testing.

The COVID-19 alert comes as Saskatchewan Health Authority (SHA) said the individual who tested positive for COVID-19 was at the following businesses when they were likely infectious:

- Co-op Watrous Food Store Aug. 28 between 3 and 3:30 p.m.;
- Waskesiu Tempo at Waskesiu Lake between 1 and 1:15 p.m. Sept. 5; and
- Lake Country Co-op C-Store and Cardlock at Wakaw between 3 and 3:30 p.m. Sept. 5.

“Public Health officials are advising individuals who were at these locations on the specified dates during the specified times to immediately self-isolate if they have had or currently have symptoms of COVID-19 and to call HealthLine 811 to arrange for testing. All other individuals who are not experiencing symptoms should self monitor for 14 days. It is important to note that individuals may develop symptoms from two to 14 days following exposure to the virus that causes COVID-19.”

In a release issued Sept. 8 by the Saskatoon Co-op, the company confirmed the individual who visited the food store in Watrous and tested positive for COVID-19 was not a Saskatoon Co-op team member.

In an effort to continue to keep its team members and guests safe at its Watrous location, the Saskatoon Co-op stated: “The health and safety of our team members and our guests is our priority, and our response to the pandemic includes diligent sanitation practices, physical barriers and social distancing in our locations.

“Many of the practices we have adopted over the past few months exceed the recommendations of the Saskatchewan Health Authority. We have and will continue to encourage our team members to stay home if unwell, and seek testing if experiencing symptoms.”

(continued on back page: COVID-19)

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Life inside the bubble: Ingram shares about his memorable season

■ Daniel Bushman

After helping lead the Milwaukee Admirals to the top of the American Hockey League standings while earning a few accolades and a nod to the AHL All-Star Classic along the way, Connor Ingram's season was one to remember.

Along with posting some stellar numbers in net, the Imperial native also signed a three-year contract extension with the Nashville Predators and later joined the NHL team in Edmonton as part of the Predator's qualifying and playoff roster.

While not part of the starting lineup for Nashville during the NHL's qualifying round, Ingram was announced as one of 30 players to make the roster. Joining the remaining Western Conference teams who qualified for the extra rounds in Edmonton, Ingram and the Predators faced off against Arizona.

Although Nashville came up short against the Coyotes, losing in six games, Ingram was able to gain some valuable experience being with the big club. I played a lot of Xbox with (my brothers) Mark and Keeran, that's for sure. It took up most of my nights.

I didn't play video games with (players from other teams) at all. I had enough friends from around home and Mark and Keeran love to play too so that is normally who I played with (online).

Because you were one of four goalies on the Nashville roster, what were practices like for you?

We practiced after the main team. I think there was about eight of us there who were either guys who were on the team that weren't playing or just extra guys they brought along. The team would practice normally and then we would go on after them.

Was it nice to have familiar players from Milwaukee part of the roster like fellow netminder Troy Grosenick?

Yeah it was good to see those guys again. We had a good team in Milwaukee and we all like to seem to hang out with each other so it was good to have them around too.

Backing up a bit, tell me how you felt during your first season with Milwaukee?

Before you flew with the team to Edmonton, you had to drive to Nashville from Saskatchewan as part of training camp and Phase 3 of the NHL's Return To Play Plan. What was that like at the border?

It was real easy. The only thing I had to change was my visa because it said I still played for the Tampa Bay Lightning so I had to get a new one that said it was from Nashville. Other than that, it was no problem for me at all.

How did the COVID-19 testing go inside the bubble once you flew to Edmonton from Nashville?

After we took the plane we went straight to the hotel. We would always get tested everyday so there was nothing really to worry about. They told us nobody tested positive in camp so you knew that everyone who was there was just as safe as you were.

It wasn't bad at all. In Nashville we did the spit one so you would have to spit in a tube and had to get it to a certain level. Once we got to Edmonton we just did a throat and a nose. We didn't have the nose ones that were scratching your brain.

After Nashville was eliminated ending the team's chances to win the Stanley Cup, were you able to head home right away?

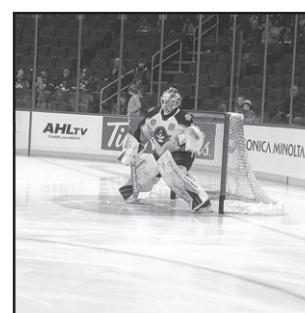
When we lost out my girlfriend left after work so she got there Friday night and picked me up and then we drove to Vermillion, Alta. and saw her grandma for the day. Then I was back in Saskatoon on Saturday. It was good to see my girlfriend. It had been about six weeks so I needed a hug.

Backing up a bit, tell me how you felt during your first season with Milwaukee?

It was really good. It was



► After a second consecutive appearance at the AHL All-Star Classic, helping take the Milwaukee Admirals to first place in the American Hockey League standings and signing a contract extension with the NHL's Nashville Predators, Connor Ingram had quite the season. Ingram who grew up in Imperial was also part of Nashville's roster that headed to Edmonton as part of the NHL's qualifying round. (file photos previously used with permission)



a nice spot for me. My time in Tampa Bay had come to an end. I never really fit in there and they had made that pretty clear to me that I wasn't going to stay there.

They gave me an opportunity instead of just keeping me and putting me in the East Coast League. They found a spot for me to play which is great and Nashville is a great fit for me. Milwaukee is awesome. I always tell people Milwaukee is the most underrated city you've never heard of. It is a great place to be and I loved it there.

You also got an emergency call to be the back-

up in Nashville for a game during the season. How did that go?

It was good. It was quick. I was at practice in Milwaukee and about 10 a.m. they gave me a phone call. I went straight from the rink to the Chicago airport, down to Nashville, straight to the rink, and dressed to be part of the team for the game. It was good. It was my first time in Nashville so it was a lot of fun just to kind of see what that building is like. It is a pretty cool place to play.

After a great year in the American Hockey League with Milwaukee

where you were part of the All-Star Classic for a second straight season, are you hopeful to find a spot on the Nashville roster next season?

You never really know. Obviously that is the goal, to make that league eventually. You just have to be as ready as you can. It is a hockey cliché but it is true, you just have to take your summer and do as much as you can to make sure you are as ready as you can be to get back into it. Once you get to camp it is anybody's game. We will see what happens when we get back down there.

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Watrous Childcare Centre fundraiser

ORGANIZED BY MELRON SERVICES AND SUPPORTED BY LOCAL BUSINESSES.

Tickets to win prizes will be available at various businesses in Watrous with the proceeds going to the Watrous Childcare Centre.



Draw date and fundraiser event:

Saturday, Sept. 26 from 2 p.m. to 5 p.m. at Ron Ediger's shop next to the Watrous Rotary Walking Trail (located at 902 - 3rd St. E.)

ICE CREAM • POP • DOOR PRIZES
Come out and support the Watrous Childcare Centre
Think about our future and our young children. All donations accepted.

SEAN'S WATER

Interlake Human Resources is resuming water delivery services in Watrous/Manitou Beach on Wednesday, September 16th.

We have enhanced sanitation practices to meet safety guidelines and recommendations.

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Carlton Trail College resuming majority of classes this week

■ Daniel Bushman

It has been a busy summer for Carlton Trail College (CTC) and that will continue this week as the majority of the college's classes resume Sept. 14. After appointing a new board chair in July, Carlton Trail College has been busy preparing for another year despite the COVID-19 pandemic.

Effective July 22, the board of directors and president and CEO of Carlton Trail College announced the appointment of new board chair Adrienne Jackson. Jackson has served as a director and as vice-chairperson for two years.

"I'm pleased to welcome Adrienne Jackson as our new board chair," said Shelley Romanyszyn-Cross, CTC President and CEO. "While this has been a challenging year for all of us, I'm confident that Adrienne's leadership, along with our board's breadth of expertise, experience and skill, will ensure that the college is in a strong position to continue providing responsive, high-quality education and training for our region."

According to CTC, board chairpersons along with their board members serve as stewards of the college with statutory authority and obligation to guide the af-

fairs of the institution. They set the strategic direction of the college in response to the needs of their region and, as trustees, meet with the minister of advanced education to share and discuss issues such as strategic and business planning, policies and government direction. The minister of advanced education formally appoints all board members.

"It's a privilege to be the new chair of the board and to be working with colleagues, the CEO, and the administration in carrying out the responsibilities for Carlton Trail College," said Jackson. "I look forward to fostering a culture of collaboration and respectful change as we sharpen our governance focus in the face of COVID-19."

With Jackson as the college's new board chair, additional work has been done in anticipation for this year's classes which include:

- programs being delivered via a "blended learning" format;

- renewed procedural and protocol decisions have been made to be in compliance with current public health guidelines. Health screening, physical distancing, increased cleaning and sanitization and mask/face covering use are some of the new protocols being implemented.

Further information on these practices is available at: www.carltontrailcollege.com/novel-coronavirus-covid-19-information/access-safety;

- the college continues to accept applications for future programs and courses, and is committed to supporting learners navigate the application and admissions process;

- parents, families and friends often offer core support to learners. Information on how they can continue to do so in the college's altered environment is available at: www.carltontrailcollege.com/novel-coronavirus-covid-19-information/information-for-parents-families-supporters; and

- CTC has a COVID-19 information page and is able to provide updated information regarding the college and COVID-19 there along with its social media channels.

With locations in Watrous, Humboldt, Wynyard and classrooms throughout the region, CTC combines in-depth, applied learning with hands-on experience to provide education and career training for students in east-central Saskatchewan. Offering a range of technical education and skills training opportunities, CTC serves over 2,000 students per year. A total of 95 percent of program graduates find employment in their field.

Terry Fox Run marks 40 years; Virtual Run taking place in 2020

■ Daniel Bushman

Four decades ago and after tremendous heart and determination, Terry Fox and his Marathon of Hope came to an abrupt end Sept. 1. While Terry was forced to stop, his dream of seeing a world without cancer continues to this day across Canada and the world.

Terry's brother Fred who was able to take part in a Terry Fox Run in Watrous during the provincial student leadership conference held at Winston High School in 2012 stated, "Terry said that it's got to keep going without me, but he could

never have imagined that

40 years later \$800 million would be raised for cancer research. Our family is so thankful for how Canadians have embraced Terry and his mission and made such an incredible impact on cancer research with their fundraising."

With restrictions implemented across Canada due to the COVID-19 pandemic, people are still able to continue to raise money as the Terry Fox Foundation announced that the 40th Terry Fox Run will take place safely and virtually. Held Sunday, Sept. 20 this year's event will be a Terry Fox Virtual

Run. One Day. Your Way. "Cancer isn't waiting for the pandemic to end and neither can we. Even with the additional challenges Canadians are facing, we need to remain committed to supporting cancer research this September," said Ara Sahakian, Interim Executive Director The Terry Fox Foundation.

While people are unable to run or walk together in groups like in years previous, Canadians are still encouraged to fundraise and donate to cancer research.

"Cancer may have taken Terry's life, but it could never take away his try. Especially today, there is only one way forward: we all have to try like Terry," said Fred Fox.

In Saskatchewan, people from over 30 communities are participating in this year's virtual event. Encouraging families to find their own unique way to honour Terry and help make an impact on cancer research, according to The Saskatchewan Terry Fox Foundation, in 2019 the province

raised over \$800,000. To date, over \$750 million has been

raised across the globe for cancer research in Terry's name.

"All Terry Fox Runs are 100 percent volunteer driven and could not happen without them. In Saskatchewan alone we rely on more than 1,500 Saskatchewan residents to keep Terry's dream alive right here in the prai-

ries."

Locally, virtual events are taking place in Watrous, Lockwood, and Jansen and are being organized by Ruth Morningstar in Watrous, Donna Morningstar in Lockwood, and Carol Neugebauer in Jansen. To register or donate to this year's local virtual events, people can visit www.terryfox.org.

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Your resume can also be dropped off at the village office located at 701 Lakeview Avenue, Manitou Beach.

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Please submit your resume by email to ken.hhbc@gmail.com or drop it off at **Watrous Home Hardware at 802 4th Ave. E.** You will be contacted if an interview is required.

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Opinion

PLUNKETT

Deloris Wilson (Sutherland) • 306-944-4852

Harvest was well underway, then the weatherman changes the weather around but soon it will be warm again.

Get well greetings to Bill Dopko who is now home from Humboldt hospital. We all wish him well.

Sunday, several folks enjoyed the flea market at Manitou Beach drive-in. It sounds like it will be running until the end of September if they can.

Marge Haynes of Lanigan, formerly of Plunkett, went to Alberta with her family and visited her sister and husband in Acme. They visited a couple of friends in Airdrie, a friend in Edmonton and she also went to Banff for a while.

Ken and I went to Humboldt and enjoyed lunch with Ed and Elaine Drachenberg.

Lorie Giddings of Saskatoon spent the weekend with her family Stan and Irene Giddings.

Margaret Millsap had some of her family from Saskatoon helping her as she will be moving to Saskatoon soon.

Anna-Mae Rianne of Vancouver Island is flying to Saskatoon to attend a her son's wedding who lives in Cutknife and see her family.

We went to Elaine Anderson's place to get some corn and I must say that she sure has a lovely big yard and she keeps it really nice.

The hospital lottery tickets were drawn but we have not heard who won.

Get well to anyone ill and in the hospital.

Anyone having any news please phone me. Thank you.

The Watrous Manitou is closed to the public Mondays.

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Founded in 1933 by J.A. McGowan



**Tips from
Reena Nerbas**

is gentleness. Using a sharp utility knife, make a small incision in each bubble, gently spray glue into the holes and then press the paper onto the wall or gently roll with a clean paint roller.

Dear Reena,

I have a problem with a smell in my upstairs closets. They are not used often and have a weird smell to them. If I paint them (ugh! I loathe painting small spaces) should I use a specific paint that would get rid of the smell? Thanks, Ginger

Dear Ginger,

Determine whether the smell is coming from something inside the closet, the shelves or the flooring. The reason behind the smell will determine the result. In other words, if the smell is old musty wood or pet stained wood, then cleaning, drying and painting the wood is a great immediate solution. Unfortunately, painting will only offer a short term fix and before you know it the smell will return. You are better off purchasing new shelves as you will be much more satisfied with the long-term result.

Dear Reena,

Whenever I bake raspberry cupcakes, the berries drop to the bottom of the cups and will not distribute evenly in the cupcake? Any ideas of how to avoid this? Kim

Dear Kim,

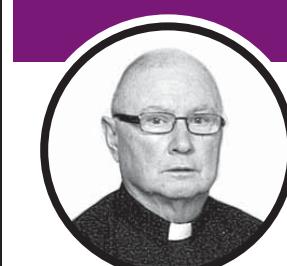
Roll the berries in flour before adding them to cupcake batter. This trick works with nuts as well.

Dear Reena,

Can you tell me an easy trick for cleaning gutters? I have not cleaned them in a few years and my wife is bugging me.

Merve

Dear Merve,



Neighbourly advice according to Ed

A spiritual column by contributor Raymond Maher www.accordingtoed.com

"Not again," Ed my old neighbour grumbled. My former neighbour from Saskatchewan had no patience when I reminded him that forgiving someone is a gift you give yourself.

Ed sees forgiveness as a useless activity that is a waste of our time. Ed said that extending or accepting forgiveness accomplishes nothing. According to Ed, "Forgiveness is like a plate that gets dropped on the floor. The plate smashes into many pieces. It is completely

Solutions and Substitutions

Clogged rain gutters prevent water from dripping away from the foundation of your home. They should be cleaned twice each year. When soil around homes becomes wet, serious challenges can result.

The easiest tools for cleaning rain gutters are scaffolding and work gloves. If scaffolding is unavailable, a sturdy ladder will do the trick.

After leaves and debris are scooped away using work gloves, slimy brown goo remains. While this may not obstruct water, it will smell. Wash gutters using a garden hose or pressure washer.

An alternative is to find a local tradesman who has the equipment and the expertise to do the job quickly and efficiently. It should not take long and should not be very expensive. It is cheaper to get the gutters cleaned than to pay for the repairs caused from clogged gutters.

Dear Reena,

Why do some people add milk to meatloaf? I saw this on a cooking show and thought it was strange. Sam

Dear Sam,

When people add milk to meatloaf, they use a recipe that also calls for bread. The bread soaks up the milk, creating fluffy bread and a moist meatloaf texture.

Dear Reena,

How can I remove tomato skins in a hurry? Sandra

Dear Sandra,

To remove tomato skins, put tomatoes in boiling water for 45 seconds. Plunge tomatoes into ice water and the peel will slide right off.

Squeamish hint

• The easiest way to remove a tick is to apply dish soap onto a cotton ball. Hold the cotton ball on the tick for 20 seconds, the tick will pull its head out of your skin. Submitted by: Heinrich

Note: Every user assumes all risks of injury or damage resulting from the implementation of any suggestions in this column. Test all products on an inconspicuous area first.

Reena Nerbas is a popular motivational presenter for large and small groups; check out her website: reena.ca. Ask a question or share a tip at reena.ca

We find forgiveness easier to accept than to give

broken. The person who dropped it says, 'I'm sorry.' Does the plate become like it was before it was dropped? Of course not, the plate is still in pieces. To say we are sorry fixes nothing."

I asked Ed if the person said that they were sorry and also bought a new plate to replace the broken one would that satisfy him. He answered that it might. He remained firm in his opinion that forgiveness fixes nothing. He wonders why we would extend forgiveness towards others when some actions seem too vicious to forgive? He is sure that sometimes people do not deserve forgiveness, because even if you do forgive them they keep on offending and hurting you again and again.

I believe forgiving others can be extremely hard to do. It is part of our human nature to fight back when someone offends us. Our response is often resentment,

anger, and a willingness to get even. Without offering forgiveness we get trapped in holding onto a situation that cannot be fixed. If a plate is broken in many pieces on the floor, it cannot be glued back together. The pieces need to be swept up and discarded. You can leave the pieces on the floor and keep blaming the person who broke the plate or you can let it be forgotten. Holding a grudge against someone for what they have done or not done traps you into hanging onto what needs to be overlooked.

It is a sad part of our human nature that we tend to blame others completely and totally for our grievances. Blaming others lets us off the hook of any responsibility concerning our resentments.

Forgiveness is a gift of freedom to be accepted and given. Most of us would not claim to be perfect and admit that we have said and done things that have hurt others sometimes deeply. We do not expect ourselves to be blameless, but we expect others to be without fault as if they should be perfect. Forgiveness accepts that others cannot be perfect and never hurt or offend us. Forgiveness is a choice we make towards ourselves and others.

As Christians, we seek God's forgiveness, for we offend God and others in our thoughts, words and deeds. 1 John 1:10 says, "If we claim we have not sinned, we make him (God) out to be a liar and his word has no place in our lives." God in love knew that all people need forgiveness for being trapped in blaming and resenting themselves and others. God sent Jesus to be perfect for us before God His Father, and to be an atoning sacrifice for our sins. As believers in Christ, we have the gift of God's forgiveness so that we would also forgive others that offend us.

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“RCMP Report”

Break, enter and thefts in Drake

Between the evening of Sept. 8 and the morning of Sept. 9 multiple businesses located on Francis Street in the Village of Drake were broken into. Suspect(s) forced entry into these businesses, resulting in approximately \$1,600 of cash being stolen. Lanigan/Humboldt RCMP with the assistance of the Saskatoon Forensic Identification Section are investigating these occurrences.

If you have information about this or any other crime, please contact Humboldt RCMP at 306-682-2535 or you may contact Saskatchewan Crime Stoppers anonymously at 1-800-222-TIPS (8477) or submit a tip online at www.saskcrimestoppers.com.

Theft of copper wire in RM of LeRoy

Humboldt RCMP are investigating a theft of copper wire from a power pole at a rural location in the RM of LeRoy.

This type of theft poses a significant safety concern. Since the meter is no longer grounded, there is concern that the area around the power pole can become energized and electrocution is possible. There is also a risk of fire from this type of theft.

If you have information about this or any other crime, please contact Humboldt RCMP at 306-682-2535 or you may contact Saskatchewan Crime Stoppers anonymously at 1-800-222-TIPS (8477) or submit a tip online at www.saskcrimestoppers.com.

Over 2.8 million illicit cigarettes seized

In March 2019 the Saskatchewan RCMP Federal Serious and Organized Crime Unit (FSOC) launched an interprovincial investigation into a group based in Saskatchewan that were involved in the distribution of illicit cannabis and tobacco products. FSOC was assisted throughout this investigation by federal, provincial, municipal and RCMP resources and agencies in B.C., Quebec, and Saskatchewan.

The investigation showed illicit cannabis products from B.C. were being purchased by individuals in Saskatchewan and then exchanged for illicit tobacco products from Quebec. As a result of the investigation, a substantial amount of illicit cannabis, illicit tobacco and Canadian currency was intercepted by the RCMP including: 69.3 lbs. of cannabis, 5,152 g of shatter, \$573,735 in Canadian currency and 2,856,500 cigarettes.

Over the course of 17 months, FSOC used intelligence-based policing to conduct a thorough investigation utilizing various police techniques including over 50 searches of businesses, residences and vehicles for evidence.

The investigation resulted in eight people being arrested and one person being issued a summons. The nine individuals are facing a combined total of 64 charges for a variety of offences, some of which include Criminal Code Conspiracy offences, Cannabis Act offences, Excise Act offences and Proceeds

of Crime offenses including Possessing Property Obtained by Crime for the Purpose of Trafficking and Trafficking in Property Obtained by Crime.

The following people have been charged in relation to the investigation: 35-year-old Dustin Zimmerman of Pense, Sask.; 35-year-old Jaroslaw Kanigoswki of Vancouver, B.C.; 39-year-old Joseph Johnson of Yale, B.C.; 36-year-old Justin Matychuk of Regina, Sask.; 31-year-old Sara Cheeseman of Regina, Sask; 32-year-old Kyle Loubier of Regina, Sask; 37-year-old Louis Sebastian of Regina, Sask; 34-year-old Alicia Roberts of Regina, Sask; and 36-year-old David Wilson of Regina, Sask.

“Organized crime affects the daily lives of Canadians, financially and especially with their health and safety,” said Inspector Andrew Farquhar of the Saskatchewan RCMP’s Federal, Serious and Organized Crime Unit. “We remain committed to using an intelligence-led, integrated approach in our investigations to reduce the demand for illicit products and the threat of organized crime.”

FSOC works in conjunction with domestic and international partners to disrupt, dismantle and support prosecution of serious and organized crime groups and their members.

Horse shot and killed near Senlac

On Sept. 6, the Unity RCMP were called to a rural property near the Village of Senlac. The caller reported that someone had shot one of his horses. A member attended and confirmed that the horse had been shot with a firearm. The horse was on private land. There are no suspects at this time and illegal hunting activity is suspected. The RCMP are asking all residents of the area to remain vigilant and report any suspicious persons or vehicles that may be trespassing on private land or hunting out of season.

Anyone with information about this incident or any other crimes in local areas are asked to please call the Unity RCMP at 306-228-6300, the Wilkie RCMP at 306-843-3480 or the Macklin RCMP at 306-753-2171. If you prefer to remain anonymous please call Saskatchewan Crime Stoppers with your information at 1-800-222-8477(TIPS) Crimes Stoppers will pay up to \$2,000 for information which leads to the arrest of person(s) responsible for any serious crime. Crime Stoppers is anonymous and does not subscribe to call display, nor are your calls traced or recorded.

VISCOUNT

Sandra Reid • 306-227-1193

This might sound a little silly, but we were following this semi the other day, and for the longest time I could not figure out why the landscape in the picture was always the same. LOL here it was the

highway and the ditches on the side I thought it was buildings but it was numbers on the semi, in perfect position to look like it was on the side of the road. Never seen our vehicle in it, when the oncoming vehicles came by all you seen was a quick flash. 'Twas interesting.

Well, another school year has started and a cool beginning as it seems like fall has come earlier than normal. I covered a lot, but left some thinking they would be okay, but they were not. I always like to keep the flowers blooming as long as possible but now we will be getting ready for the beautiful colours of autumn.



photo submitted by Sandra Reid

Best wishes to anyone who is under the weather. I hope you feel better soon.

Have a great week and stay safe.

COLONSAY

Florence Halvorson • 306-255-2358

Donna Beres of Saskatoon visited Joan Campbell.

I hope the weather will get warm again as their is still lots of crop out and garden produce. Mine is all out and it was nice and dry and no mud.

School started Sept. 8. I hope I get a report for the paper.

Doug Halvorson of Saskatoon spent a day with his mother and painted the trim on her house. It sure looks nice.

Sandra Yausie of Saskatoon spent the day

with her mother Emma Yausie Sept. 8.

Get well wishes to all who are not feeling great.



For more Community Connection news, see pages four and six.

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Apply to work at: elections.sk.ca/takepart or call 1.877.958.8683.



#VoteSafelySK



Play Music on the Porch Day

► Despite a windy Saturday afternoon Aug. 29, the sun was out and so were the musicians as Play Music on the Porch Day took place at Manitou Beach. While Play Music on the Porch Day began as an idea in 2013, by 2018 thousands of musicians from at least 70 countries and over 700 cities participated. Learning about the unique idea this year, Manitou Beach resident Janet Fedor thought it would be fun to do something in the community. Joining others from across the world as part of the Play Music on the Porch Day, a handful of local musicians shared their talents at various locations throughout the resort community. Practicing social distancing, Janet and the Ukulele Friends kicked things off with a special appearance by Douglas 'Sinatra' Guenther at 315 Cumming Avenue while Louie and the Beach Cats set up near Relics. As people brought their own chairs, they enjoyed the afternoon performances and were also treated to music from Guy Anderson who performed in his yard with three sets during the day. Fedor said the day at Manitou Beach was a success despite the hot weather and wind noting people appreciated the opportunity to listen to local musicians right in their own backyard.

© photos courtesy Janet Fedor

MANITOU BEACH

Sue Alcock

NOTICE OF CALL FOR NOMINATIONS TOWN OF IMPERIAL

Public Notice is hereby given that nomination of candidates for the offices of:

MAYOR: Town of Imperial
COUNCILLOR: Town of Imperial

Number to be Elected: Six (6)

will be received by the undersigned on the 7th day of October 2020, from 9:00 a.m. to 4:00 p.m. at the town office, Imperial, SK and during regular business hours on Monday, September 14th to Tuesday, October 6th, 2020 at the town office, Imperial, SK.

Nomination forms may be obtained at the following location: Town Office, 310 Royal Street, Imperial, SK.

Dated this 14th day of September, 2020.
Joslin Freeman, Returning Officer

NOTICE OF CALL FOR NOMINATIONS R.M. OF BIG ARM NO. 251

Public Notice is hereby given that nomination of candidates for the offices of:

REEVE, R.M. OF BIG ARM NO. 251

COUNCILLOR FOR DIVISION NO. 1, R.M. OF BIG ARM NO. 251

COUNCILLOR FOR DIVISION NO. 3, R.M. OF BIG ARM NO. 251

COUNCILLOR FOR DIVISION NO. 5, R.M. OF BIG ARM NO. 251

will be received by the undersigned on the 7th day of October, 2020 from 9 a.m. to 4 p.m. at the municipal office and during regular business hours on September 8th to October 6th, 2020 at the municipal office.

Nomination forms may be obtained from:
The Municipal Office at
54 Prince Street, Imperial, SK, S0G 2J0
Or on the website www.rmbigarm.com

Dated this 8th day of September, 2020.
Yvonne (Bonny) Goodsman, Returning Officer

NOTICE OF CALL FOR NOMINATIONS VILLAGE OF ZELMA

Public Notice is hereby given that nomination of candidates for the offices of:

MAYOR: Village of Zelma

COUNCILLOR: Village of Zelma

Number to be Elected: Two (2)

will be received by the undersigned on the 7th day of October 2020, from 9:00 a.m. to 4:00 p.m. at the Village of Zelma Office and from 9:00 a.m. to 4:00 p.m. Monday to Friday between September 10th and October 6th, 2020, at the Village of Zelma Office.

Nomination forms may be obtained at the following location: Village of Zelma Office, Zelma, SK.

Dated this 8th day of September, 2020.
Karen Elderkin, Returning Officer

produced amazing produce in spite of the critter visits. Community garden rules call for the plots to be cleaned off by sometime in October so the compost bins will be well used.

I have been corrected – the house that was originally Conrad and Anna Borsheim's farmhouse was bought by Mr. Sedlik from the Royal Bank. My apologies for my error.

To all newcomers to the community this year, welcome to our little village with a big heart. Get well soon to all who are ailing, especially to those in hospital.

Condolences are extended to the family of the late Jackie Clark and to Garry and Bev Jay and their family. This has been a sad few weeks to say the least.

NOTICE OF CALL FOR NOMINATIONS R.M. OF USBORNE NO. 310

Public Notice is hereby given that nomination of candidates for the offices of:

REEVE,

COUNCILLOR FOR DIVISION NO. 1,

COUNCILLOR FOR DIVISION NO. 3,

COUNCILLOR FOR DIVISION NO. 5

will be received by the undersigned at the R.M. office until October 7th, 2020 at 4:00 p.m. local time.

Nomination forms may be obtained at the R.M. Office, 220 St. Samson Street, Guernsey, SK.

Dated this 14th day of September, 2020.
Anna Rintoul, Returning Officer

NOTICE OF CALL FOR NOMINATIONS R.M. OF COLONSAY NO. 342

Public Notice is hereby given that nomination of candidates for the offices of:

REEVE,

COUNCILLOR FOR DIVISION NO. 1,

COUNCILLOR FOR DIVISION NO. 3,

COUNCILLOR FOR DIVISION NO. 5

will be received by the undersigned at the municipal office during normal office hours until Wednesday, October 7th, 2020 at 4:00 p.m. local time.

Nomination forms may be obtained from the municipal office.

Dated this 14th day of September, 2020.
Randi Wood, Returning Officer

NOTICE OF CALL FOR NOMINATIONS TOWN OF COLONSAY

Public Notice is hereby given that nomination of candidates for the offices of:

MAYOR: Town of Colonsay

COUNCILLOR: Town of Colonsay

Number to be Elected: Six (6)

will be received by the undersigned on the 7th day of October 2020, from 9:00 a.m. to 4:00 p.m. at the Colonsay Town Office and during regular business hours on September 14th to October 6th, 2020 at the Colonsay Town Office.

Nomination forms may be obtained at the following location: Colonsay Town Office, 100 Jura Street

Dated this 14th day of September, 2020.
Maureen Moen, Returning Officer

Wall assumes STS Executive Secretary position from retiring Herron

■ written by Jens Nielsen/
Communications Officer with
the Saskatchewan Teachers'
Federation and reprinted with
permission

As you read this, the Superannuated Teachers of Saskatchewan (STS) is being headed up by long-time educator and public figure Murray Wall as the new Executive Secretary.

Perhaps not so strange on the surface but consider the fact that at end of June Fred Herron stepped aside from the position after two decades having held the office. In fact, until his retirement, Herron was the only Executive Secretary in the STS's history.

As the two men sat in the STS office, Herron pointed to Wall, a former President of the Saskatchewan Teachers' Federation from 2003 to 2008, with the unwavering belief that "you can see the STS is in good hands right there," Herron said.

Vividly recalling the interview process, Herron said the clincher for him was "when Murray indicated he was a listener, learner and leader – that's exactly what I wanted to hear," Herron confirmed, acknowledging that earlier he had phoned his would-be successor to contemplate applying for the half-time vacancy.

"With his experience and the relationships he has built over the years, Murray (Wall) is the ideal person for this position," Herron reaffirmed.

Reflecting back on his time in the position, Herron recalled how things were not quite so rosy when he assumed the role, citing the fact the organization was mired in a very dire financial situation with membership on the decline while premiums were on the rise and the health and dental plan was in need of an overhaul.

The latter was ultimately much improved thanks to the work of a committee of the STS and with help from the STF, eventually Saskatchewan Blue Cross became the new provider. Today Herron said the organization's finances are in an extremely strong financial position with 11,700 members. He noted that among provinces with self-funded plans the STS is able to provide equal or better coverage with considerably lower premiums than other jurisdictions in the country.

Wall indicated the transition will be that much easier in that he has had a six-month mentoring period which he praised the STS for having that kind of insight.

"I've tried hard to absorb as much as I could and this is a great opportunity for me to stay involved in education," said Wall, who in addition to a lengthy teaching career also spent a decade as a senior administrative assistant with the STF.

"The time commitment is about right and the more I thought about this and reflected on it, everything seemed right and there were no kinds of red flags. I know the organization (STS) has a strong reputation and is valued. I've always been aware of the strong sense of involvement and commitment the STS has demonstrated so I'm looking forward to my involvement," Wall added.

Both attributed that in large part to the invaluable work of the three-member administrative office staff.

"Retired teachers will have an opportunity to be involved in the profession and this organization gives them advocacy and chance to have their voice heard when it comes to issues that are important to them, and when you look at the pre-retirement lifestyle seminars as an example of how this organization helps assist in the transition for some folks. It's a very vibrant organization."

▶Fred Herron (left) has packed up his trusty, venerable briefcase while stepping aside as Executive Director of the Superannuated Teachers of Sas-

katchewan. His replacement is Murray Wall (right). photo by Jens Nielsen, Communications Officer, Saskatchewan Teachers' Federation

"I can tell you what has strongly impressed me in the time I've been here is how well members' requests and questions are answered in a thoroughly professional, respectful manner – and believe me we get a lot of calls," Wall noted.

Herron was equally effusive, adding that "probably the most important part of making this work is the dedicated people we are lucky enough to have here. From my point of view that has been just tremendous. Yes, the buck stops here, but in the vast majority of cases I just got

out of the way and let the staff do their job because they do it so well."

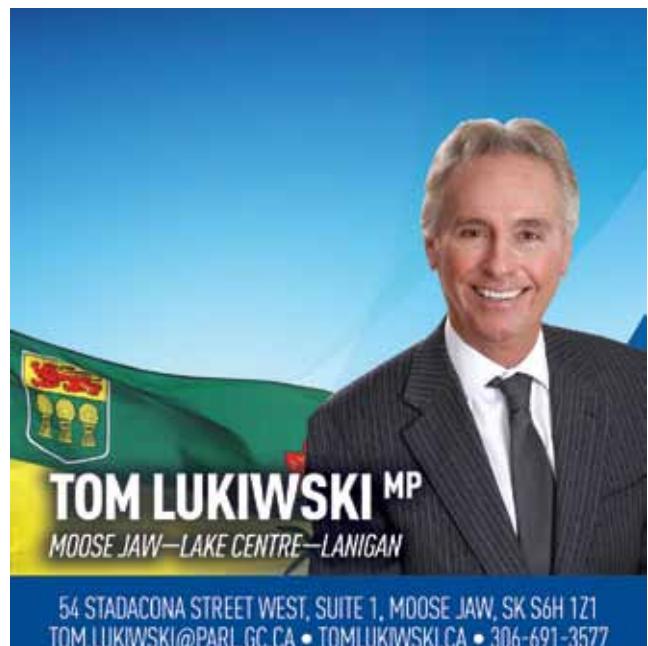
While he said it's just the right time to catch his breath, "I'm going to miss the people, but I'm leaving in peace and I know everything is where it should be."

If somewhat reluctant to sing his own praises, Herron, always the historian, pointed to one of the many key decisions made by the venerable Dr. Stirling McDowell who was

the one who advocated for the STS to have its own executive secretary.

"It's just another example of his contributions and how his hand (McDowell) is still on the history of this organization – and that of the STF," Herron emphasized.

Editor's note: Murray Wall taught for a number of years at Winston High School in Watrous and also in Nokomis, residing in both communities before moving to Saskatoon.



**NOTICE OF
CALL FOR NOMINATIONS
R.M. OF WREFORD NO. 280**

Public Notice is hereby given that nomination of candidates for the offices of:

REEVE,
COUNCILLOR FOR DIVISION NO. 1,
COUNCILLOR FOR DIVISION NO. 3,

will be received by the undersigned on the 7th day of October, 2020 from 8:00 a.m. to 4:00 p.m. at the municipal office and during regular business hours on September 16th to October 2nd, 2020 at the municipal office.

Nomination forms may be obtained from the municipal office.

Dated this 14th day of September, 2020.
Melanie Rich Returning Officer

**NOTICE OF
CALL FOR NOMINATIONS
VILLAGE OF LIBERTY**

PUBLIC NOTICE is hereby given that nominations of candidates for the office(s) of:

Mayor: Village of Liberty
Councillor: Village of Liberty

Number to be Elected: Two (2)

will be received by the undersigned on the 7th day of October, 2020 from 9:00 a.m. to 4:00 p.m. at the municipal office, and during regular business hours on September 8th to October 6th, 2020 at the municipal office.

Nomination forms may be obtained at the following location:

54 Prince Street, Imperial, Saskatchewan S0G 2J0

Dated this 8th day of September, 2020.
Yvonne (Bonny) Goodman, Returning Officer

**NOTICE OF
CALL FOR NOMINATIONS
TOWN OF WATROUS**

Public Notice is hereby given that nomination of candidates for the offices of:

MAYOR: Town of Watrous
Number to be Elected: One (1)

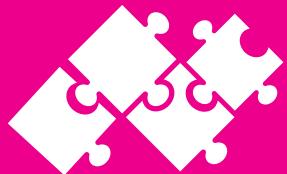
COUNCILLOR: Town of Watrous
Number to be Elected: Six (6)

will be received by the undersigned on the 7th day of October 2020, from 9:00 a.m. to 4:00 p.m. at the Watrous Town Office, 404 Main Street, Watrous, SK and during regular business hours from September 14th to October 7th, 2020 at the Watrous Town Office, 404 Main Street, Watrous, SK.

Nomination forms may be obtained at the following location: Watrous Town Office, 404 Main Street, Watrous, SK or on the website: www.townofwatrous@sasktel.net or by email: townofwatrous@sasktel.net

Dated this 14th day of September, 2020.
Orrin Redden, Returning Officer

Please note that a Criminal Record Check is required with each nomination form.

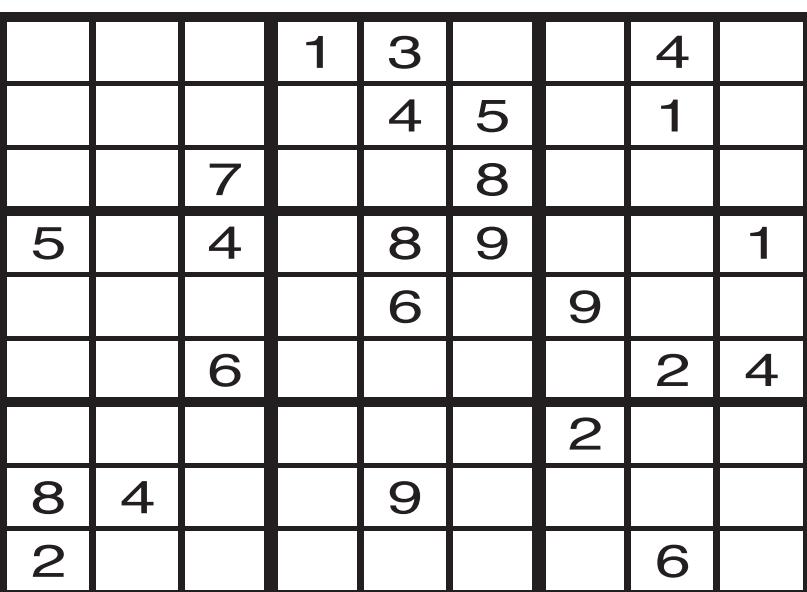


Comics AND Puzzles



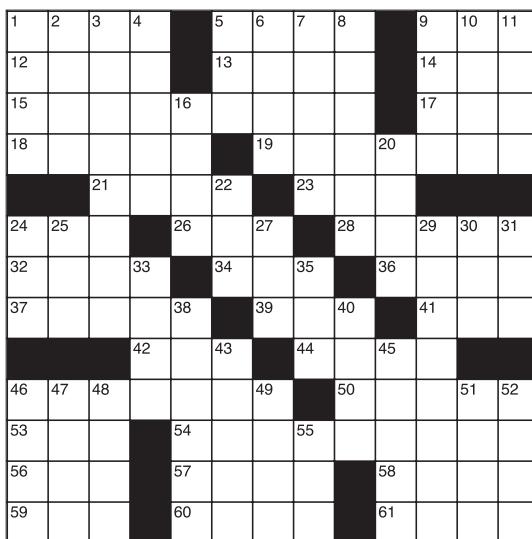
SUDOKU

LEVEL: ADVANCED



CROSSWORD

PUZZLE NO. 45



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ACROSS		
1. Hair lock	37. Tales	2. Client
5. Part	39. Limo, e.g.	3. Neighbor
9. Lily leaf	41. Recent	4. Beam type
12. On the ocean	42. Elevator	5. Coffeepot
13. Take a taxi	directions	6. Near
14. Lounge	44. Amount owed	7. Suggestions
15. Courier	46. Ships	8. Labeled
17. "____ to the West Wind"	50. Excuse	9. Story line
18. Nosy one	53. Solid water	10. Military assistant
19. Caged pet	54. Enlightener	11. Doe or stag
21. Faded	56. "____ Done Him Wrong"	16. Notable times
23. Backdrop	57. Pincer	20. Phase
24. Fruit drink	58. Brood	22. Obstruct
26. Woeful	59. A long time	24. Furnish with weapons
28. Transfer	60. Sacred song	25. Time period
32. Talk wildly	61. British drinks	27. Physician, for short
34. Paddle		
36. Sport played on horseback		
DOWN		
	1. Tent city	

**FOR ANSWERS
TO SUDOKU AND
CROSSWORD,
SEE PAGE 11**

CROSSWORD PUZZLE ANSWERS USE AMERICAN SPELLING



“Look What’s Cooking by Laura Novecosky”

Quick Spaghetti Skillet Supper

Ingredients:

1 pound ground beef
1/2 cup finely chopped onion
1 clove finely chopped garlic
1/3 cup chopped green pepper
3 cups tomatoes (fresh or canned, your preference)
8 oz. spaghetti (about 230 grams) broken in pieces
2 2/3 cups water
1/2 cup ketchup(or tomato sauce)
1 tsp. salt
1/4 tsp. oregano
1/4 tsp. pepper

Directions:

Brown meat, onion and garlic in a large skillet. Add pepper and cook three minutes. Add remaining ingredients (if using canned tomatoes, cut the water back by one cup). Bring to a boil and add spaghetti, stirring to keep separate. Reduce heat to simmer for 30 minutes. Stir occasionally.



“Notices AND Classifieds”

In memory

MacCONNEL - In loving memory of our Mom and Grandmother Mildred, who passed away Sept. 18, 2017:

There are no words to tell you Mom
What losing you has meant
But now each day brings memories
Of happy years we spent
You'd want us all to smile again
And that's just what we do,
Every time we reminisce
With loving thoughts of you.
You're with us
when each new day dawns
And when we say goodnight,
Our guardian angel here on earth
And heaven's shining light.

- Love always, Lenora, David and families.



In memory

MARTIN - Wayne, Sept. 16, 2018:

Two years ago today we said goodbye to a loving husband, wonderful dad, grandpa and great-grandpa.
It was the hardest thing we ever had to do.
But we have shared so many memories over the past two years and we have many more for the years to come.
We just want to let you know you are so dearly loved and miss you so much.
- Florence, Lorie, Carla, Kerry, Darci and families.



SMITH - Darrell (Tex), Mar. 28, 1947 - Sept. 11, 2019:

There are things that we
don't want to happen but
have to accept,

Things we don't want to
know but have to learn,
And people we cannot
live without but have to let
go.

- author unknown

- Always loved, never
forgotten, forever missed, Jayne, Paul, Patrick, Robin and
families.

For more classifieds, see page 11

blanket classifieds

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NOTICES

APPLICATION FOR LIQUOR PERMIT

Under the provisions of *The Alcohol and Gaming Regulation Act, 1997*
Notice is hereby given that 306 Day Spa has applied to the Saskatchewan
Liquor and Gaming Authority (SLGA) for a Special Use - Salon/Spa permit
to sell alcohol in the premises known as 306 Day Spa at 307 Main St.
Watrous, SK.

Written objections to the granting of the permit may be filed with SLGA not
more than two weeks from the date of publication of this notice.

Every person filing a written objection with SLGA shall state their name,
address, and telephone number in printed form, as well as the grounds
for the objection(s). Petitions must name a contact person, state grounds
and be legible. Each signatory to the petition and the contact person
must provide an address and telephone number. Frivolous, vexatious or
competition-based objections within the beverage alcohol industry may
not be considered, and may be rejected by the Saskatchewan Liquor and
Gaming Commission, who may refuse to hold a hearing.

Write to:
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Box 5054, Regina, SK S4P 3M3

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HELP WANTED

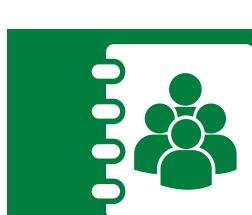
THE OFFICE ADMINISTRATOR POSITION - NOKOMIS,
Sask. The Office Administrator is an important part of Blair's
customer service team. The Office Administrator is required
to pleasantly greet and engage customers on the phone and
in person, assist with the administration of customer accounts
including invoicing, load outs, statements, posting payments,
etc. This position requires the ability to work effectively on
projects and provide administration support to Blair's senior
management team. In addition, the Office Administrator will support
the operations of the location sales and operations teams
by assisting with scheduling, managing office supplies, organizing
customer events as required, managing timesheets, filing,
managing bank deposits, assisting with credit applications,
assisting with product inventory management, as just
some of the key elements of the position. This position will
appeal to people who are self-directed but coachable, excellent
attention to detail, team oriented, have a positive attitude,
willing to learn, passionate about agriculture, enjoy meeting
people, and have great execution and follow up skills. Skills
required: time management, including reliability to show up at
work on time and on a regular basis, the ability to be highly
organized and scheduled, excellent oral and written communica-
tion skills, good computer skills, the ability to take direction
and most importantly the ability to identify problems and
challenges and work with the Blair's team to develop effective
customer solutions. Position requirements: the Office Adminis-
trator will be based out of the Blair's Nokomis retail location
and will work with the location staff. If you have administra-
tion experience and/or background in the agricultural industry, we
would be interested in hearing from you. Compensation and
benefits: a competitive hourly wage, pension, benefits and of-
fice and professional equipment required to do your job will be
provided to you. For further information, please contact Noreen
Gemmill, noreen@blairs.ag Ph. 306-365-3150./35-2c

HELP WANTED FOR MANITOUE & DISTRICT REGIONAL
PARK. Email resumes to manitouregional@sasktel.net, mail
to Box 1193, Watrous, Sask. S0K 4T0 or call 306-946-6564.

Park Administrator - responsible for accounting, secretarial
and administrative duties. Only selected candidates will
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needed immediately for seasonal employment. Must be able
to work days, evenings and weekends./34-3c

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306-528-2032
bill@riachfinancial.ca

9-48p

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bestwayconstruction78@gmail.com

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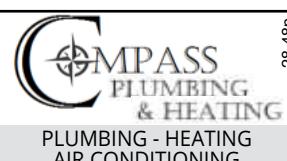
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35-4

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WATROUS ANIMAL HOSPITAL 707-4th Ave. E., Watrous across from Melron Services. Dr. Allison Bartel and associates. Large and small animal practice. Open Monday to Friday, 8 a.m. to 5 p.m. On-call after hours. Ph. 306-946-3657, Fax 306-946-3605./16-24p

WORSHIP



ST. ANN'S CATHOLIC CHURCH, Watrous

- St. Patrick - Young
- St. Pius X - Imperial Rotating Services
- Call 306-946-3630
- For weekly schedule ***

PHILADELPHIA MENNONITE BRETHREN CHURCH Pastor Darren Holland Office: 102 - 5th Ave. West 306-946-3785

We are meeting in smaller gatherings. Call us if you would like to join in. Video sermons are on our website pmbchurch.wordpress.com ***

ANGLICAN / LUTHERAN CHURCH SERVICE Watrous 306-231-6574 Worship Service

Lutheran Worship Service Sept. 20 & 27 9:30 a.m.

Our Redeemer's Lutheran Church Anglican Worship Service Oct. 4 & 11 10:30 a.m.

Our Redeemer's Lutheran Church ***

WATROUS BAPTIST CHURCH Pastor John Dueck 201 - 2nd Ave. W. Phone 306-2996 - Watrous Cell 306-360-0833

Worship Service 10:30 a.m. ***

WATROUS-YOUNG PASTORAL CHARGE 502 Main St. Ph. 306-946-3592 Sunday Worship 9:30 a.m.....Young (United/Lutheran Shared Ministry) 11:15 a.m. Watrous United Church Wheelchair Accessible

THE WATROUS MANITOU CAN help you with your personal and commercial print work needs: business cards, invoices, envelopes, tickets, posters, brochures and menus. Ph. 306-946-3343, email watrous.manitou@sasktel.net

SEPTEMBER

- ZUMBA IS BACK! CLASSES in Watrous resume Monday nights at 7 p.m. starting Sept. 21 at Danceland (proper distancing will be followed in accordance with guidelines). Please contact Angela at 306-917-7077 for more details or to register./35-2p

- WATROUS CURLING CLUB curbside bottle drive Sat., Sept. 26 starting at 9:30 a.m./35-2c

- WATROUS CURLING CLUB Cash Calendars for sale throughout the month of September. Get yours by calling 306-946-6760./35-2c

SEPTEMBER

Watrous and Area Arts Council

will have its annual AGM meeting Tuesday, Sept. 29, 7:00 p.m.

If you are interested in the arts please inquire at 306-946-8878. Due to COVID-19 restrictions this will be a Zoom meeting. Some limited seating at Gallery on 3rd. 36-2c



WANTED

WANTED: MF #36 discers, up to \$700 each; endgate drill fills; square balers John Deere, New Holland, MF; tub grinders; dead tractors; JD #655 and #665 air seeders. Ph. 306-946-7923./30-13c

FOR SALE

BINS FOR SALE. Various sizes, some with hoppers. Taking reasonable offers. Abe Warkentin 306-946-2193./33-4p

HOPPER BOTTOMS!! 14' double skid \$3,625; 18' and 19' triple skid \$6,725; painted inside. Inverted-U air, or tube air available. Other sizes and special orders up to 24'. Delivered to your farm. Free use of bin crane. Crew available. Ph. 306-946-7923./14-29p

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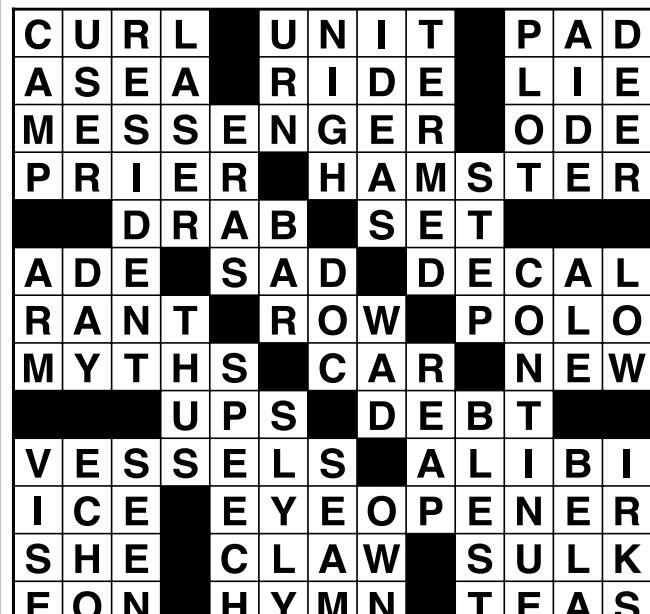
Watrous, SK S0K 4T0

DEADLINE:

Wednesday 5 p.m.

FOR RENT

FOUR BEDROOM WITH DOUBLE ATTACHED GARAGE home on one acre of land for rent in Young for Oct. 1 or Nov. 1. \$1,450/mo. plus utilities. Ph. 306-290-7576./35-5p



SEPTEMBER

- 2020 WATROUS ROTARY Masters Golf Pool entry forms are now available. Email entries to watrousrotaryclub@sasktel.net. For more information go to watrousrotary.org/34-8c

- PAINTINGS BY HELEN E. HERR at Watrous town office until the end of September./36-1c

Advertising Deadline: Wednesday at 5 p.m.

COMMUNITY MEETINGS

- AL-ANON MEETING THURSDAYS 8 p.m. Ph. 306-946-2466, 306-946-7802./22-48p

- ALCOHOLICS ANONYMOUS meetings: Watrous, Thurs., 8 p.m. Anglican Church Hall on Main Street in Watrous. (306-946-2466)./28tfc

- WATROUS ROTARY CLUB meets alternating Tuesdays at 7 p.m. at various locations. Call 306-946-2689 for more information./31tfc

FOR RENT

TWO BEDROOM EXECUTIVE LAKEFRONT SUITE with hardwood floors, fireplace, jacuzzi tub plus attached garage at Manitou Beach available Oct. 1. \$1,400/mo (negotiable), all utilities included. Ph. Marlene 306-946-2021 or Bryan 306-917-7799./35-2c

AVAILABLE FOR RENT JULY 1 newly renovated family unit. \$494/month. 3 bdrms, 4 appliances, fenced yard, no pets please. Call Viscount Housing Authority for application, 1-800-814-8688./35tfc

ONE OR TWO BDRM APARTMENTS in Watrous. Please call for availability. Ph. 306-946-7505./31tfc

ONE BEDROOM APARTMENT at Manitou Beach. Ground level, quiet location. Wheelchair accessible. Utilities are included. TWO BEDROOM HOUSE, one bath and garage in Watrous. Call Jim for availability 306-946-4027./31tfc

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6	5	2	1	3	7	8	4	9
3	9	8	6	4	5	7	1	2
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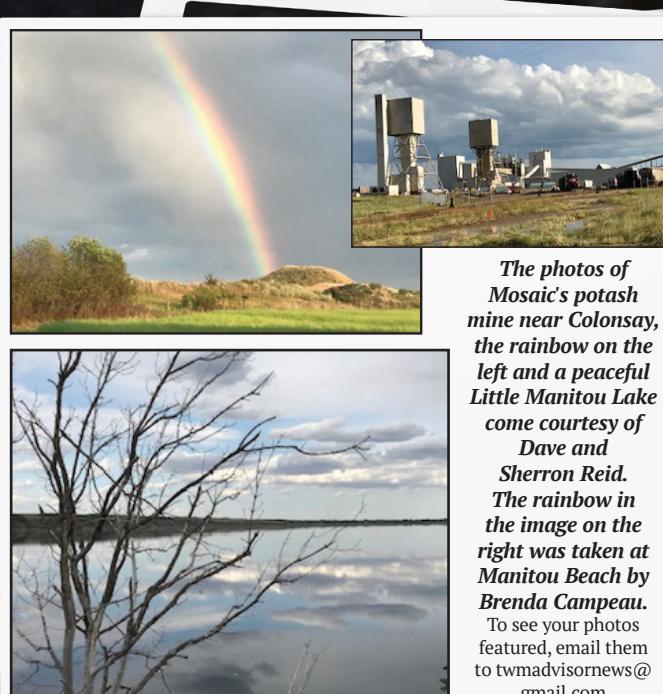
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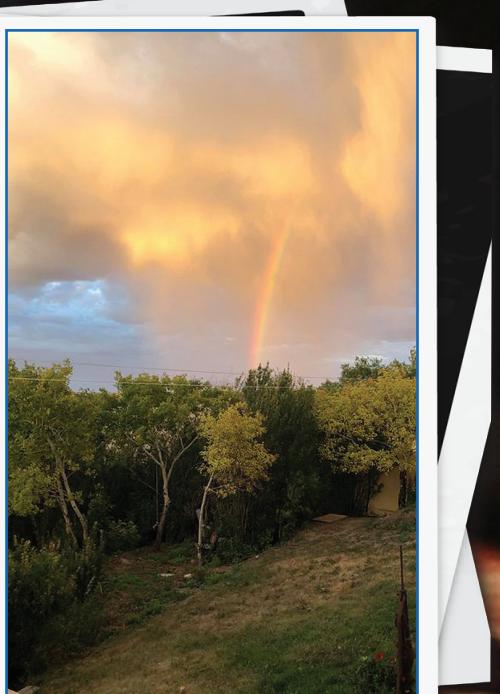
WATROUS PHARMACY
Rx PharmaChoice 306-946-3311 (after hours: 306-946-2836)
MON - SAT: 10AM - 5PM (with limitations)



Photos of the Week



The photos of Mosaic's potash mine near Colonsay, the rainbow on the left and a peaceful Little Manitou Lake come courtesy of Dave and Sherron Reid. The rainbow in the image on the right was taken at Manitou Beach by Brenda Campeau. To see your photos featured, email them to twmadviseornews@gmail.com



(from front page: COVID-19)

"We care greatly for the communities we work and live in and as a local, member-owned business, we take the responsibility to protect our communities seriously. We will continue to share how we are responding to the pandemic through the COVID-19 response page at SaskatoonCoop.ca, and will keep monitoring, evaluating, and enhancing this response as our environments continue to change. Thank you for your diligence, support, and care for each other as we all take the necessary steps to keep our communities safe."

Along with Watrous other communities located within the Health Sub-Zone of Central East 1 included: Alice Beach, Annaheim, Bruno, Bulyea, Chamberlain, Dilke, Drake, Duval, Englefeld, Etters Beach, Glen Harbour, Grandview Beach, Govan, Holdfast, Humboldt, Imperial, Island View, Jansen, Lanigan, Lake Lenore, LeRoy, Manitou Beach, Middle Lake, Muenster, Nokomis, Pilger, Quill Lake, St. Benedict, St. Gregor, Simpson, Spalding, Strasbourg, Sunset Cove, Watrous, Watson, Wee Too Beach, Young, and Zelma.

SHA said if someone does have symptoms of COVID-19 they are to stay home and monitor themselves. Symptoms include: fever, cough, headache, muscle and/or joint aches and pains, sore throat,

While SHA could not release information regarding if the person at the Watrous food store resided in the area or was a travel-

chills, runny nose, nasal congestion, conjunctivitis, dizziness, fatigue, nausea/vomiting, diarrhea, loss of appetite (difficulty feeding for children), loss of sense of taste or smell, shortness of breath, difficulty breathing.

To avoid getting sick, people can: keep at least two metres away from others when in public and wear a mask when that's not possible; limit gatherings to the numbers specified in public health orders; wash your hands often with soap and water; if soap and water are not available, use an alcohol-based hand sanitizer; and avoid touching your eyes, nose and mouth with unwashed hands.

As SHA issued the alert in Watrous, on Sept. 8 there were seven new cases of COVID-19 in Saskatchewan, bringing the total to 1,669 reported cases. The new cases were located in the North Central (2), Saskatoon (1), Regina (3) and South Central (1) zones.

Of the 1,669 reported cases, 58 were considered active while a total of 1,587

people have recovered.

One person is in hospital in intensive care in Saskatoon. Of the 1,669 cases in the province: 254 cases are travellers; 838 are community contacts (including mass gatherings); 493 have no known exposures; and 84 are under investigation

by local public health.

As Saskatchewan reached 1,669 total cases, nationally Canada hit 133,748. Next door in Alberta, there were 15,093 cases as of Sept. 8 while in Manitoba there were a total of 1,349. B.C. had 6,591 while Quebec led the way with 63,876 total cases and Ontario sat at 43,536.

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