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# The Watrous Manitou

MONDAY, SEPTEMBER 12, 2022

Inside: 2022 Harvest Edition

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### Ready to roll

►Harvest operations are well underway within the local area including just west of Watrous. On Wednesday, Sept. 7 volunteers and sponsors came together as part of the Watrous Kin Land Project (pictured). The initiative, which is spearheaded by the Watrous Kinsmen Club, has taken place over a number of years with the proceeds helping benefit the community. When it was all wrapped up, this year's project yielded 50 bushels per acre of wheat.

photos by Daniel Bushman



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# U17A Cubs have tremendous season

You are invited to celebrate the **100<sup>th</sup>** birthday of

*Renie McKay*



September 24, 2022  
Watrous Civic Centre

404 Main Street  
2 - 4 p.m.

Please no gifts!

■ submitted by  
Jennifer Langlois

What a season for the U17A Lumsden Cubs fastpitch team! With nine returning players the expectations were high for the season and the girls did not disappoint! The girls played 58 games and finished with a record of 35-19-4. The team consisted of 11 players from across zone 5 including Watrous, Nokomis, Liberty, Grand Coulee, Craven, Davidson, Bethune and Lumsden.

The girls won the season opener Regina Early Bird tournament to get off to a roaring start. Following that, they played in the President's Tournament in Saskatoon which had teams from across Western Canada. With only one team from the pool advancing, they came up just short of making the playoffs with

a 9-8 loss to Kaizen from Alberta (eventual Alberta Provincial champions). Tournaments in Melfort and Moose Jaw in late June were also successful with the girls losing out in the semifinal and final respectively.

The girls were successful in defending last year's title (going back to back) by winning the Regina League Championship in early July. In a replication of last year's final, the girls faced the Moose Jaw Ice and were again able to squeeze out an exciting win with a score of 6-5.

In preparation for provincials the team travelled to Estevan in July to participate in the inaugural Energy City Showcase tournament. Games were followed by College Coaches from Canada and the US to provide some exposure for future college team



► Pictured U17A Cubs: Back row (left to right): Coach Brad Sigmeth, Coach Jeff Schumack, Jayda Braun, Rhyann Sigmeth, Avery Somers, Hailey Hunt, Taylei Pedersen, Jamison Langlois, and Coach Alana Armstrong. Front row (left to right): Kami Schumack, Abby Maczuga, Ava McIvor, Capri Arnold, Katie Berg, and Tehya Armstrong.

photo courtesy Jennifer Langlois

possibilities. The girls went undefeated in this format and went into provincials full of confidence. With big wins against the Regina Royals, Saskatoon Hustlers, Saskatoon Lazars, and Melfort Spirit the girls finished first in their pool and played their season rival Moose Jaw Ice in the 1 vs 1 page playoff. Another close game with a 4-3 win put the girls in the final.

Moose Jaw was able to claw their way back to the

final where they handed the team their first loss of the tournament 9-5 in the gold medal match. With their second place finish in provincials, the Cubs earned the title of SK2 for the National Championship in Montreal, Que.

Nationals was a new experience for all of the players and they started a little nervous. They lost their opener 8-1 vs BC3 Fusion 05 and experienced a tough 5-4 loss vs MB3

Westman Magic. The girls got off to a good start vs Ontario 1 but a late high scoring inning cost them a 10-3 loss. After finally settling in, the team earned a nail biter win 5-4 vs BC6 from Cloverdale, who finished first in our pool followed by another 5-4 win vs AB2 from Sherwood Park. The girls' pool was very even with three teams finishing 3-2 and three at 2-3. Math was not their friend this time and they were slotted in the Relegation Playoffs. They played an amazing quarter final vs Quebec 1 winning 9-1 but came up short in the semi losing 6-4 to the SK3 Saskatoon Raiders ending their Cinderella season.

A huge thank you goes out to all of the team fans, those who donated bottles and bought 50/50 tickets and our sponsors in no particular order: Trumiers Electric, L. S. Nicks Insurance, Bourgault, Iccman Mechanical, Sherwood Co-op, Riteway Mfg. Co. Ltd., Fastener Warehouse, Wildstone Construction, Bonnie and Steve Sigmeth, Veterinary Mobility Center, Green Teal Insurance, Blairs Group of Companies, Long Lake Insurance, Bethune Co-op, Flaman, Thauberger Insulation, Centennial Ford, Mainline Motors Watrous, A & W Davidson, Davidson Kinsmen Club, Quality Plus Construction, Melron Service Ltd., Armstrong Holdings, Raymore Pharmacy, Watrous Pharmacy, Manitou Mainline Chrysler, Lewis & Company, Points West Marketing, Omega Drives, Stones Edge Landscaping, Nokomis Legion, The Leiers, Gypsum Drywall Interiors Ltd., Craven Elks, Liberty Service Club, Westridge Construction, Lumsden Lions Club, Redhead Equipment, Cliff's Trenching, Mary Ann Schumack, Shoemaker Drywall Supplies, and Prairie Dog Reclamation./36-1c

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The Saskatchewan Health Authority has full and part time opportunities available in a variety of healthcare professions including:

- Registered Nurses
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- and Support Services\*

View job opportunities for these professions and more by scanning the QR code or by visiting: [healthcareersinsask.ca/opportunities](https://healthcareersinsask.ca/opportunities)

\*Includes Environmental Services Worker, Food Services Worker, and Administrative positions



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# Tolmie visits local communities as part of summer tour

■ Daniel Bushman

Wanting to connect with people, hear their concerns and make good on a promise, Member of Parliament for Moose Jaw-Lake Centre-Lanigan Fraser Tolmie hit the road within the riding as part of a communities tour.

On a beautiful Thursday and with the sun shining, Tolmie visited a handful of places including Watrous and later Drake, where he enjoyed a community barbecue. Taking time out of his schedule to share about the summer and representing the area in Ottawa, Tolmie said, “I made a promise when I was campaigning last year that we would get out to communities and meet people of the riding. It has been awesome to visit with people, they give so much back to you. I am really proud to be a Member of Parliament of this riding and the communities within it.”

Coming up with a plan earlier in the year to travel through the riding, Tolmie sent out letters to local councils letting them know he would be available. “They are always competing for federal dollars and being a former mayor of Moose Jaw, I know what that is like. Putting on the new hat as the MP, I want to be able to help communities when they are looking for infrastructure dollars. This area is the heart of Saskatchewan and communities like the ones I represent really contribute. We have to think about the next generation and some of the things that can be provided through federal and provincial dollars in combination with municipalities.”


Seeking to find out what municipalities want and need to help their community thrive and grow, Tolmie

said his job is getting that information from them and advocating on their behalf in Ottawa. As for lobbying for those residing within the riding, Tolmie feels the present federal government “is not paying attention to what is going on in Western Canada. We feel alienated and there has been challenges like when the government wanted to put warning labels on ground beef. We have stood up and made our voices known. I am glad they have reversed that decision but they are attacking agriculture like fertilizers and pesticides and things that are required.”

Tolmie explained when it comes to agriculture, the federal government appears to be trying to align with other practices on a global scale. “They fail to recognize that local farmers are implementing best practices and they already know the land. The soil is different from what it is in Germany, Holland or France so to try and create this global reduction really negates and overlooks what is going on here locally. We have to fight harder and will continue to fight.”

Along with advocating for those within the Moose Jaw-Lake Centre-Lanigan riding, Tolmie has also been busy campaigning for Pierre Poilievre in his leadership bid for the Conservative Party. With the party electing a new leader Sept. 10, earlier this year Tolmie announced he was behind Poilievre and was in Swift Current, Prince Albert, Regina, Moose Jaw and in Ontario for events as well. “I know Pierre very well and wanted to support someone who already knew the team and has his finger on the pulse. Whatever the outcome is we are going to have a new leader in the fall and going in a direction to fight to become the



► Pictured: Member of Parliament Fraser Tolmie visited Watrous before heading to Drake where he connected with local residents during a summer tour.  photo by Daniel Bushman

party that represents Canadians in the next election.”

Until that next election is held, as the official federal opposition, Tolmie said he will continue to represent those within his riding, fighting for their needs.

“Part and parcel of not only meeting with municipalities, RMs and town councils to hear their concerns is meeting with people. I was recently in the UK as my family’s roots are Scottish. I loved being there but my heart was yearning to get back to Canada. When I got back, as I was driving to Watrous and Drake, I felt optimism and hope. I really believe that is what we need as a country to be able to represent the world right now after what we have been through. Really, my job and what I do comes down to the people and we have to think about the next generation and instill some strong values so that they can carry the torch.”



## RCMP Report

### Bike stolen in Watrous

Watrous RCMP received a report that sometime between Aug. 21 and 26 a bike was stolen from 8th Ave. W. in Watrous. The bike is green with “Nakamura Effect” written on it in blue and has 27.5 inch tires. Please report any information you may have to Watrous RCMP.

### Break in at Young

Between 6:30 p.m. Aug. 14 and 10 a.m. Aug. 17, culprit(s) broke into a residence in Young and stole a gun safe containing several rifles and shotguns. Culprit(s) also stole a passport, a bag containing hunting knives and animal calls.

If you have information about these or any other crimes, please call the Watrous RCMP at 306-946-3316 or Crime Stoppers at 1-800-222-TIPS (8477), through SaskTel Mobility

at \*8477, text TIP206 plus your message to CRIMES (274637) or submit a tip online at [www.saskcrimestoppers.com](http://www.saskcrimestoppers.com).

### Second suspect apprehended after stabblings in James Smith Cree Nation and Weldon: a timeline of events

On Sept. 4, the first report was received by the Saskatchewan RCMP’s Divisional Operational Communications Centre (DOCC) at 5:40 a.m. of a stabbing on James Smith Cree Nation. Two RCMP officers on duty that morning were at Melfort RCMP Detachment, which is approximately 45 kilometres from James Smith Cree Nation.

They were dispatched by DOCC at 5:43 a.m. The second call came in to DOCC at 5:59 a.m., it was a report of two injured people at a residence on James Smith Cree Nation,

19 minutes after the first report. Police were already on their way to the scene. RCMP officers arrived at the first scene on James Smith Cree Nation at 6:18 a.m.

At 6:20 a.m., one of the two police officers left the first scene, to go to another scene on James Smith Cree Nation. He advised he arrived at the second scene 12 minutes after departing the first.

At 6:35 a.m., because of the significant risk to public safety identified, the Saskatchewan RCMP prepared to issue an emergency alert. It was drafted, reviewed, verified and issued at 7:12 a.m.

At 7:57 a.m., an updated alert was sent with the names, descriptions, and pictures of two suspects, Damien and Myles Sanderson.

At 8:20 a.m., the Dangerous Persons Alert was extended to the entire province of Saskatchewan, as the investigation confirmed the two suspects – Damian Sanderson and Myles Sanderson – were travelling in a vehicle.

At 9:45 a.m., a fourth Dangerous Persons Alert

was sent to the entire province, indicating multiple victims in multiple locations were located, including one victim outside of the James Smith Cree Nation in the community of Weldon, Saskatchewan, and that some victims were believed to be attacked randomly. A description of the suspect vehicle and the correct picture to identify Myles Sanderson were included.

At 11:25 a.m., requests were sent to Manitoba RCMP and Alberta RCMP to extend the Dangerous Persons Alert to the residents of their provinces.

At 12:07 p.m., a fifth alert update was sent advising the residents of Saskatchewan the suspect vehicle had been seen by a driver on Arcola Avenue in Regina and asked the public in Regina to consider sheltering in place.

At that point RCMP located 10 individuals who had passed away and were investigating 13 locations in the communities of the James Smith Cree Nation and Weldon in

Saskatchewan.

Several additional victims were injured, 15 of which were transported to various hospitals.

On Sept. 5, after 11:30 a.m., a deceased male was located on the James Smith Cree Nation. At 1:17 p.m., it was confirmed by Saskatchewan RCMP Forensic Investigation Section the deceased was wanted Damien Sanderson.

His body was located outdoors, in a heavily grassed area in proximity to a house being investigated. RCMP confirmed he had visible

injuries, not believed to be self-inflicted at this point. The exact cause of death will be determined in conjunction with the Saskatchewan Coroner’s Office with a date and time to be determined.

On Sept. 6, the Saskatchewan Health Authority (SHA) confirmed it had admitted 17 individuals presenting with injuries related to Sunday’s events to hospitals within the province.

As of 1 p.m. on Tuesday,

*(continued on page six: RCMP)*

### THE TERRY FOX WALK IN WATROUS

Sunday, Sept. 18 at 2 p.m.

Starting from Carlton Trail College (next to WHS)



Register prior to the event at: [www.terryfox.org](http://www.terryfox.org)


Pledges can be raised online or sheets can be picked up at The Watrous Manitou.

For more information, contact Jadah Mensch at 306-917-7373

### WATROUS CURLING CLUB ANNUAL GENERAL MEETING & REGISTRATION

Wednesday, October 5, 2022 @ 7 p.m.

Watrous Curling Rink



\*We are looking for a Vice President to join our board!

We would like to send a big **THANK YOU** to all of the volunteers who made last season possible!

### CARETAKER REQUIRED WATROUS CENTENNIAL ARENA

The Town of Watrous is now accepting tenders for the open Contracted Arena Caretaker position.

Duties include but are not limited to:

- ice maintenance • janitorial duties
- boiler room and ice plant operations
- general building and grounds maintenance

\*Training may be provided\*

The contract position will begin early October 2022 and will end in March 2023. Interested individuals should contact Chelsea at the Town Office at 306-946-3369 for more details.

Written tenders will be accepted until **September 26th, 2022 at 12pm or until a suitable candidate is found at:**

Town of Watrous, 404 Main Street, Box 730, Watrous, SK S0K 4T0

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# Opinion



## Look What's Cooking by Laura Novecosky

### Macaroni Salad Dressing

#### Ingredients:

**Cooked macaroni**  
**Green onions**  
**Chopped tomato**  
**Green peppers**  
**1/2 cup sugar**  
**1/2 cup oil**  
**1/3 cup ketchup**  
**1/4 cup vinegar**  
**salt and pepper to taste**

#### Directions:

**Cook macaroni according to instructions on package. Rotini and other macaroni like shells tend to hold more of the dressing. Add whatever chopped vegetables you like. Mix the dressing ingredients and pour over salad. Stir gently and refrigerate before serving.**

**Other veggies that do well in this salad are finely chopped celery, chopped parsley, shredded carrots. Salad can be topped with Parmesan cheese before serving.**



**Tips from  
Reena Nerbas**

our local hardware store, where we bought the flooring, recommended a hardwood floor cleaner that left a huge streaky mess when I used it to mop the floor. I tried several other products including clear water, vinegar and water solution, etc. At my age, 71, it is tough to get down on my hands and knees to wipe one square foot at a time with the warm water and/or vinegar and water solution and then having to dry it immediately to eliminate the water marks and streaks. Do you have any suggestions? Mel

**Dear Mel,**

Purchase a good quality microfibre mop that includes both a wet and dry Velcro pad. The dry attachment is used to pick up daily dust. If you use a mop such as this, you can wash the floor with the wet mop, vinegar and water. After you have washed the floor once, go over the entire surface again with the wet mop, but do not add any water or vinegar to the mop. This extra step polishes and slightly dries the floor, thereby removing watermarks. Vacuuming on a regular basis is also helpful in keeping your floors looking great.

**Hi Reena,**

I enjoy your column very much and have discovered so many useful tips. I especially like your homemade fabric freshener tip and use it all the time. Now I hope you can use your wisdom to come up with a substitute for a daily shower cleaner which is another of my favourite things to use, but I would prefer to make my own. Can you help? Thanks for all your hard work and research, Joyce

**Dear Joyce,**

In a spray bottle combine half a teaspoon dish soap, one cup water and one-third cup rubbing alcohol. That is it, that is all you need. Spray, no need to rinse. Hmm, I

## Solutions and Substitutions

**Dear Reena,**

A few years ago when I retired, my husband and I installed an engineered laminate floor. The effect is lovely. However, I have been frustrated with the manufacturer of that product since the week after we put it down. A salesperson at

bet you thought I was going to suggest the king of household superstars, vinegar. Well you can always add a few drops of vinegar, but you do not want to clean grouted areas with vinegar as its powerful cleaning action can etch grout. Happy cleaning!

**Dear Reena,**

What is the secret to grilling perfect steak done 'medium'? Auntie Barb

**Dear Auntie Barb,**

In a large container, combine half a teaspoon salt, one teaspoon pepper, two chopped garlic cloves, two tablespoons soy sauce, one teaspoon Worcestershire and one tablespoon olive oil, press onto meat. Close container and refrigerate for a few hours. Preheat the grill to medium/high temperature. Lay each steak on the grill for about seven to 10 minutes. Turn the steaks and continue to grill for five to seven minutes for medium (140° F). The total grill time depends on the heat of the flame and the thickness of the beef. For medium steak, the meat should feel like the top of your ring finger.

**Feedback from wise contributors**

Re: dog saliva on hardwood floor

To the person wondering how to get rid of dog saliva stains on hardwood floors without damaging the wood. I found Windex on a soft cloth works amazing! Suzanne  
Re: stuck zippers

Rub a pencil lead on both sides of the zipper. Tom

Re: removing corn from the cob

We have just purchased a product made by Norpro which works perfectly to remove corn kernels from the cob. The blade is the same curvature of the cob and works like a potato peeler. Mike

**Smart tip of the week**

- Use baby powder to remove oil or grease stains off clothes. Rub it in and brush it off, once or twice - grease gone. Heidi

*Note: Every user assumes all risks of injury or damage resulting from the implementation of any suggestions in this column. Test all products on an inconspicuous area first.*

*Reena Nerbas is a popular motivational presenter for large and small groups; check out her website: reena.ca. Ask a question or share a tip at reena.ca*

**For Community Connection  
news, see page six and 20.**

**For Watrous Centre news,  
see page 18.**

## Friends agree to disagree, so they can both be right.



### Neighbourly advice according to Ed

*A spiritual column  
by contributor  
Raymond Maher  
www.accordingtoed.com*

Ed, my old neighbour in Saskatchewan, has told me often that there is no point in disagreeing with him because only one of us can be correct, and he was convinced that it was him, not me. We all

believe that we know best regarding differences of opinions with others.

I observe that people today are obsessed with creating divisions, squabbles, arguments, dissensions, strife, rancor, antagonism, and hostility. Am I the only one to feel that folks are not happy unless they make sure everyone knows where they stand and are against those who do not see it their way? In the words of Ed, inflation has gone crazy, people are cranky and complaining about others and everything, and they cannot agree on anything. It is the new normal.

It is common in the Old and the New Testaments of the Bible to find people divided. The people of the Bible were often cranky, complaining and struggling over who was right and wrong. People always rebel against the idea that you can have two rights. There is a need in people to be right and for others to be wrong. Instinctively people feel that there must be divisions between right and wrong and who is good and evil? Who can you trust and who is not trustworthy? Is there a God or is there not a God overall?

Jesus, as the rabbi from

Nazareth, caused people to decide if He was a prophet, the Messiah, or a fraud. In Luke 12: 49-53, Jesus speaks of his approaching baptism of fire. It was a point in His life when He knew that He would soon be a sacrifice in the fire of punishment and guilt for all sin. The water covered him completely when Jesus received his baptism in the Jordan River. Next, on the cross, the fire of judgment and purification would melt his life away in the agony of pain and the abandonment of God to accomplish the salvation of sinners.

As His death on the cross would consume or

burn up the power of sin, it also created such a fire that Jesus could not be denied. With a forest fire, there is no denying its presence and power. Even those miles away can smell smoke and see its glow in the night sky. If we face a forest fire at a close range, our powerlessness near it is terrifying.

Jesus came to earth to make peace between sinners and God. He accomplished peace at maximum cost to himself. Yet Jesus brought divisions between people. Jesus is not a little blaze you can put out with a garden hose. Jesus said, "Do you think I came to

bring peace on earth? No, I tell you, but division. From now on there will be five in one family divided against each other, three against two and two against three." (Like 12: 51-52)

As Christians who know of Christ's baptism of fire on the cross for us, there is the danger that we grow cold in the spirit of Jesus Christ. Do we listen to scoffers who follow their own desires and get ourselves divided from God? God has not called us to be grumblers and faultfinders. He is ready to set us ablaze in His mercy, peace, and love if we are willing.

**TWM**  
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Laurie Regier, typesetter/customer service

Alexandra Goodrich-Dengler, advertising/creative

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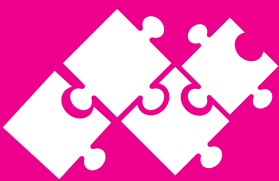
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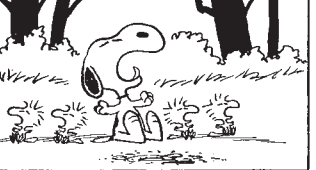
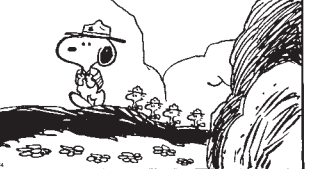
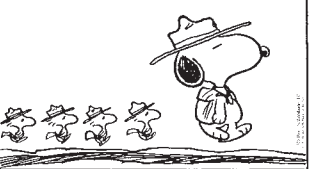
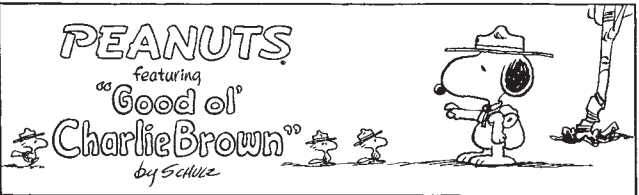
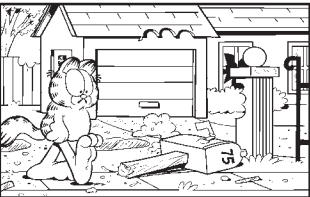
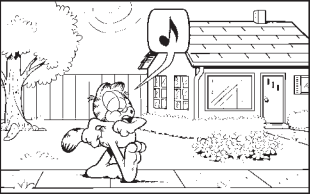
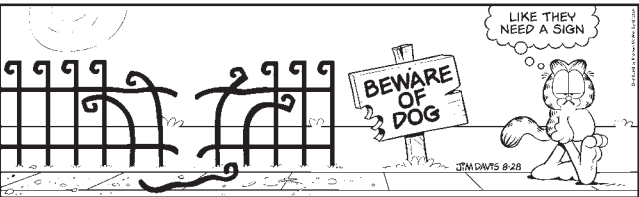
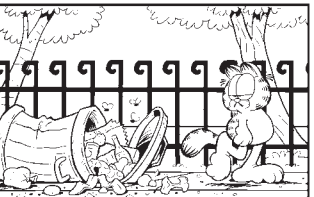
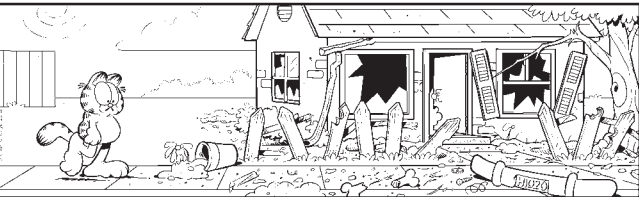
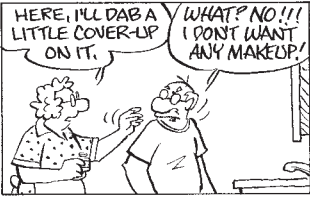
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# Comics AND Puzzles



## UNIVERSAL Sudoku Puzzle

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

	9			4				6
3				9	8			2
4		7	1					
				3			4	
		6		1		8		
	2			7				
					5	7		4
	4		7	6				1
2				8			9	

DIFFICULTY RATING: ★★★★★



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## Universal Crossword

Edited by David Steinberg August 28, 2022

- ACROSS**

1 "Settle down now!"

5 Cleaning tool with strings

8 Attack like The Hulk

13 Insurance company with a duck mascot

15 Hubbub

16 Say hi, informally

17 Move like a spider

18 Piece of bonfire fuel

19 Liability's opposite

20 Words recited as a speech exercise

23 Suit go-with

24 Bed-ins for Peace participant

25 Early-2010s Mike Posner song with a rhyming title

34 Licorice-flavored herb

35 End of a prayer

36 De Armas of "Blonde"

37 Place to lay eggs

38 Rose garden pest

40 Societal woes

41 Mardi Gras, e.g.: Abbr.

42 Personal hero

43 "Same"

44 Smile, cutesily

48 Glove compartment reference

49 Part of ENT

50 Evening of barhopping, say

58 "Time's Up" movement

59 Vehicle such as the Mystery Machine

60 Justice Sotomayor

61 One may seat thousands

62 Org. concerned with acid rain

63 With passion

64 "Believe \_\_\_\_" (58-Across slogan)

65 Any member of "The Squad," for short

66 Ones learning to walk and talk
- DOWN**

1 Per person

2 Hairdo for Diana Ross

3 Cold side for ribs

4 Contagious reflex

5 Wine whose name anagrams to "be calm"

6 This stinks!

7 Corn dog, to a Canadian

8 Michael or Molly of Hollywood

9 Site of Saint Basil's Cathedral

10 As well

11 Whole host

12 Panama

14 Dress (in)

21 Nintendo Switch forerunner

22 Knocked the socks off

25 Language group that includes Swahili

26 Surpass

27 Mouths (off)

28 Winter hrs. in Wichita

29 "The Two Fridas"

30 "Who \_\_\_\_ to judge?"

31 One tending to get lost in the crowd?

32 Expending minimal energy, as an A/C

33 Used to be part of

38 Proficient

39 Capsule hotel unit

40 Leb. neighbor

42 Boise resident

43 From scratch

45 "Peace out!"

46 Lobster dinner

47 Towlette

50 Infamous Roman emperor

51 It's on the agenda

52 Word after "blow" or "bowl"

53 Neck area shaved by a barber

54 Palindromic horn sound

55 "I'm \_\_\_\_ your tricks!"

56 Go limp, like a lilac

57 Negative votes

58 Giant mouth

FOR ANSWERS TO SUDOKU AND CROSSWORD, SEE PAGE 18

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8/28

## Relieving the Pain by Kevin Shustack

1	2	3	4		5	6	7		8	9	10	11	12
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(from page three: RCMP)

Sept. 6, there were 10 patients in hospital. Three patients were in critical condition, seven in stable condition and, since Sunday, seven individuals had been discharged.

On Wednesday, Sept. 7, 2022, 2:07 p.m., Wakaw RCMP received a 911 report of a break-and-enter in progress in the Wakaw detachment area. Further information provided stated Myles Sanderson was standing outside of a residence, northeast of Wakaw, and was armed with a knife. Sanderson stole a white Chevrolet Avalanche truck and fled the property. The homeowner was not injured.

The Saskatchewan RCMP Operational Communications Centre continued to receive additional reports of Myles travelling in a vehicle.

All available police resources in that region immediately responded to the report, including a neighbouring RCMP detachment and an SPS and RCMP Aircraft.

At 2:49 p.m., an emergency alert was issued to help ensure the safety of residents in the Wakaw region and travellers on the highway.

Between 2:49 and 3:35 p.m., the Saskatchewan RCMP Operational Communications Centre received more than 20

calls from the public with potential sightings of the white Chevrolet Avalanche.

The unit was seen by a Rosthern RCMP officer driving in an unmarked vehicle, travelling west along Hwy. 1 toward Rosthern at a speed recorded at 150 km/h. Police confirmed the licence plate matched the initial report.

At approximately 3:30 p.m., the suspect vehicle was seen travelling south on Hwy. 11, south of Rosthern. To ensure the safety of drivers on the highway, the vehicle was directed off the road into a nearby ditch.

Police officers surrounded the vehicle and through verbal identification, confirmed the identity of the driver to be Myles Sanderson. He was arrested by police and taken into custody. A knife was located inside the vehicle.

The emergency alert was cancelled at 3:50 p.m. once the identity was confirmed and taken into police custody.

Shortly after his arrest, Myles went into medical distress. Nearby EMS were called by police to attend the scene and was transported to a hospital in Saskatoon. He was pronounced deceased at the hospital.

The Saskatchewan RCMP has requested the

Saskatoon Police Service and the Saskatchewan Incident Response Team conduct the independent, external investigation into the circumstances surrounding the incident. The Saskatchewan RCMP has requested the Ministry of Justice appoint an independent investigation observer in accordance with Section 91.1 of the Saskatchewan Police Act.

The magnitude of this investigation is immense. Over nearly four days, more than 160 Saskatchewan, Manitoba, Alberta and Ontario RCMP and municipal partner agency employees – both police officers and civilians – have been working nonstop on this investigation.

RCMP officers worked on: locating Myles Sanderson; following up on tips from the public; using every technological, human and investigational tactic and resource available to RCMP; having experts continuing to conduct forensic investigations of 13 main crime scenes, as well as other associated crime scenes, such as vehicles; conducted over 150 interviews with witnesses and victims, with more anticipated to take place in the coming days; 400 investigative tasks have also been completed, with many more anticipated to take place in coming days; informing the public of updates to the investigation

and issuing 11 emergency alerts to notify the public of critical and unfolding public safety information; providing support services to work with families and victims, taking a trauma-informed approach to ensure survivors are cared for; meeting with local community members; since Sunday, the Saskatchewan RCMP's Divisional Emergency Operations Center (DEOC) has been active. The DEOC has been staffed 24 hours a day with a combination of police officer and civilian employees; and autopsies of the victims who passed away are to be completed by the Saskatchewan Coroner's Service. Autopsy details will not be released as it is part of the ongoing investigation.

The Saskatchewan Coroner's Service, in conjunction with the Saskatchewan RCMP and in collaboration with the families of the victims who passed away, released the names of the people who died as a result of the Sept. 4, 2022, stabbings on James Smith Cree Nation and in Weldon, Saskatchewan. "Our hearts continue to go out to all the families and loved ones impacted by this immense tragedy."

Victims Services continues to work closely with Saskatchewan RCMP Major Crimes and communicate with the families of the deceased

and injured victims. The deceased victims from James Smith Cree Nation are identified as: 23-year-old Thomas Burns, 46-year-old Carol Burns, 28-year-old Gregory Burns, 61-year-old Lydia Gloria Burns, 48-year-old Bonnie Burns, 66-year-old Earl Burns, 49-year-old Lana Head, 54-year-old Christian Head, and 49-year-old Robert Sanderson. The deceased victim from Weldon was 78-year-old Wesley Petterson.

The identities of injured persons will not be released. The Saskatchewan Coroner's Service can confirm one young teen was injured and the remaining injured are all adults. Injured victims encompass both males and females.

Saskatchewan RCMP continues to investigate this tragedy and a police presence will continue in the James Smith Cree Nation and Weldon communities for the next while.

The Saskatchewan RCMP would like to thank the public for their diligence in providing pertinent information and offer its deepest condolences to families and all those affected by these events. "Our thoughts are with you, and I hope that now you will be able to start healing. Thank you for your cooperation during this very difficult time."

Following the tragedy, a GoFundMe page was created by Rob Clarke, a former Member of Parliament and RCMP member. After surpassing a goal of \$100,000, in which the funds will be used for funeral costs to hospital and family expenses to long-term rehab and counselling, Clarke shared that with the funding objective being met quickly, that no more funds be directed to the account. "The administration will be setting up a trust fund in the very near future and I will update accordingly, if anyone would still like to contribute. Once again I would like to thank everyone for their acts of kindness. I will be working with the administration to ensure that funds are handled in a transparent manner and are used for the communities needs."

In a media release, James Smith Cree Nations urged the public not to contribute to any new GoFundMe pages. "The leadership of James Smith Cree Nation is grateful to all the donors who have contributed funds to support its affected members . . . any other crowdfunding campaigns have not been endorsed by James Smith Cree Nation nor JSCN-EOC."

In the near future, JSCN-EOC noted it would be releasing details on a new trust fund.

VISCOUNT

Sandra Reid • 306-227-1193

Well, school is under way for another year. Looks like Viscount Central School is still having work done on the roof. I feel sorry for the workers when the temperature is in the 30s.

In the areas I have been driving around it appears that the crops are looking awesome. Happy harvest to all.

So excited to hear that Viscount will be hosting a craft and trade show this November. It has been awhile.

Best wishes to anyone who is under the weather. I hope you feel better soon. Have a great week.

YOUNG

Pat Bryson • 306-259-4860

A strong wind, +35°C, a ripe crop and a small spark are never a good combination! A few farmers have had a fire in the field where they have been harvesting. In each case, quick intervention averted disaster.

For you seasoned parents, which is harder - sending your fresh faced, new lunch kit carrying five-year-old to kindergarten, or seeing your school liking but extracurricular loving teenager enter their final school year? I am guessing Sept. 1 was a mixed bag of emotions in many households.

The Papa and I went on a little adventure and ended up in southern Saskatchewan. We drove into Stewart Valley and paused before the burned school. The sign on the side of the building reads "Stewart Valley School and Community Centre". How devastating for the community and area to lose their school.

Our librarian is excited to see you in September, as the library is offering a Dot Art paint night and a beginner's calligraphy course. Come along; the more the merrier. Have you taken a walk through the park where the new Storybook Trail is up? Canadian authors are always featured in these outdoor tales.

Some of my flower planters have waved a white flag in this heat and I cannot say that I blame them. I have really enjoyed their rich, colourful beauty all summer. Other planters are "yay heat" and are not fazed at all by the days and days of high temperatures. What was your greatest flower success this year?

Enjoy your week!

NOTICE OF  
CALL FOR NOMINATIONS

RM OF USBORNE NO. 310

PUBLIC NOTICE is hereby given that nominations of candidates for the office of:

**Reeve, RM of Usborne No. 310**

**Councillor for Division No. 2**  
*RM of Usborne No. 310*

**Councillor for Division No. 4**  
*RM of Usborne No. 310*

**Councillor for Division No. 6**  
*RM of Usborne No. 310*

will be received by the undersigned on the **5<sup>th</sup> day of October, 2022, from 9 a.m. to 4 p.m.** at the RM of Usborne No. 310 Administration Office, and during regular business hours on **September 12, 2022 to October 5, 2022**, at the RM of Usborne No. 310 Administration Office.

**Nomination forms may be obtained at the following location:**  
RM of Usborne No. 310  
220 St. Samson Street, Guernsey, SK

Dated this 12<sup>th</sup> day of September, 2022.  
*Anna Rintoul, Returning Officer*

NOTICE OF  
CALL FOR NOMINATIONS

RM OF BIG ARM NO. 251

PUBLIC NOTICE is hereby given that nominations of candidates for the offices of:

**COUNCILLOR: RM OF BIG ARM NO. 251**

**Division No. 2** - number to be elected: 1

**Division No. 4** - number to be elected: 1

**Division No. 6** - number to be elected: 1

will be received by the undersigned on the **5<sup>th</sup> day of October, 2022, from 9 a.m. to 4 p.m.** at Imperial SK, and during regular business hours on **September 12, 2022 to October 4, 2022**, at 54 Prince Street, Imperial, SK.

**Nomination forms may be obtained at the following location:**  
54 Prince Street, Imperial, SK S0K 2J0  
**Online:** [www.rmbigarm.com](http://www.rmbigarm.com)

Dated this 12<sup>th</sup> day of September, 2022.  
*Yvonne (Bonny) Goodsman, Returning Officer*

For more community news, see back page.

NOTICE OF  
CALL FOR NOMINATIONS

RM OF WREFORD NO. 280

PUBLIC NOTICE is hereby given that nominations of candidates for the office of:

**Councillor for Division No. 4,**  
*RM of Wreford No. 280*

**Councillor for Division No. 6**  
*RM of Wreford No. 280*

will be received by the undersigned on the **5<sup>th</sup> day of October, 2022, from 8 a.m. to 4 p.m.** at the Municipal Office and during regular business hours on **September 14, 2022 to September 30, 2022**, at the Municipal Office.

Nomination forms may be obtained from the municipal office.

Dated this 14<sup>th</sup> day of September, 2022.  
*Melanie Rich, Returning Officer*



# Local athletes compete at Canada 55+ Games

■ Daniel Bushman

With 26 categories ranging from bowling to cycling, swimming to track and field, golf to curling and even card games, a local contingent recently headed west to Kamloops to compete in the Canada 55+ Games.

Due to the pandemic postponing the 2020 Games, in 2019, a Watrous senior men’s curling team of Jim Holm, Fran Dagelis, Ivan Sookaroff and Darrell Eaket qualified for the Games. With the 2020 Games rescheduled to Aug. 23 to 26, 2022 and some of the members who qualified for curling in 2019 passing away or unable to attend, the curling team which entered the 65+ division in Kamloops was Fran Dagelis (Watrous), Herb Kornelsen (Watrous), Ray Dagg (Tisdale) and Darrell Eaket (Manitou Beach).

In golf, several local players made the cut as Lloyd Gullacher (Watrous), Garth MacLellan (Liberty), Robert McLane (Imperial) and Glenn Crawford (Simpson) qualified for Kamloops earlier this summer at the Saskatchewan 55+ Games in Prince Albert.

The first time the Games have been held in B.C. since they began in 1996, joining the curling competitors in Kamloops, Herb’s wife Ruth shared participants and non-participants were able to enjoy the opening ceremonies Aug. 23 where they were led in by a bagpiper. Entering province by province and led with a provincial flag, Kornelsen said Kamloops gave each a warm welcome.

With curling sliding through the duration of the Games, the local rink with Eaket as skip, Dagg as third, Kornelsen as second and Dagelis as lead were eager to get rolling. Following a practice on Aug. 22, the team played its first game on Tuesday against Kamloops. While the rink lost a close 7-6 draw they rebounded Wednesday against Manitoba with a big win. With a 1-1 record, Saskatchewan entered Thursday’s game against Ontario with that draw going an extra end. In the added frame, Ontario would just sneak by, winning by one. “Though they didn’t make the playoffs, the guys played well and greatly enjoyed the competition and the camaraderie that followed the games,” said Kornelsen.

Playoffs were held Friday with Kamloops winning gold and Ontario claiming silver; two teams that Saskatchewan played against during the Games.

At the golf course and despite a week of 30°C temperatures and even a day hitting 41°C, local golfers took aim at competing against others from across the country. After placing second in Prince Albert,



► Pictured above: a packed opening ceremonies at the Canada 55+ Games in Kamloops. Pictured below: Team Sask. senior mens curling team of Jim Holm, Herb Kornelsen, Ray Dagg, and Darrell Eaket. photos courtesy Ruth Kornelsen



Lloyd Gullacher entered the 55+ Callaway Division in Kamloops. Teeing off at Bighorn Golf and Country Club, after rounds of 93 and 93, Gullacher came away with a silver medal.

According to results from the Games website, at the Rivershore Golf Links in the male 75+ division, Garth MacLellan shot a round of 105 Aug. 25 and then in round two Aug. 26, carded a 90 for fifth place. Robert McLane had an opening round of 110 followed by a 108 placing him seventh.

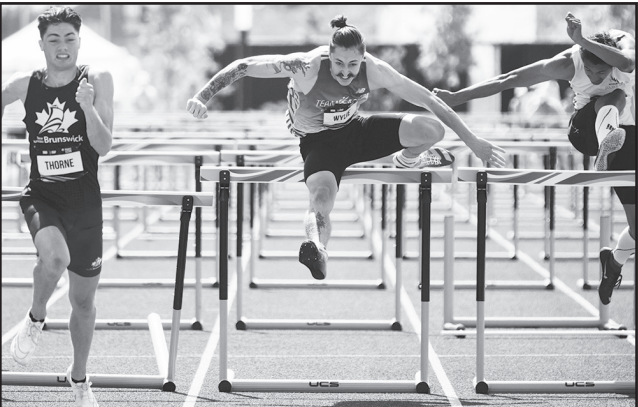
In the male 85+ division, Glenn Crawford shot an opening round of 110 but was unable to finish round two



► Pictured above: Lloyd Gullacher of Watrous won a silver medal in golf at this year’s Canada 55+ Games in Kamloops, B.C. with rounds of 93 and 93. photo courtesy Lloyd Gullacher

due to the extreme heat, placing him in fifth. Following the events and as closing ceremonies were held, Kornelsen said, “Many thank yous were said by organizers and city officials as we were treated to a delicious hot dinner. The MC’s comment was ‘or supper as you call it in Saskatchewan.’ Also, the location of the 2024 games was revealed – Trois Rivières, Quebec.”

# Local area athletes compete at Canada Summer Games



► Pictured above: Payne Wylie. photo by Michael Scraper

■ Daniel Bushman

As the second week of the 2022 Canada Summer Games arrived, two athletes from the local area set their sights on finding success. Representing Team Sask. at the national event in Niagara, Ont. Elstow’s Payne Wylie and Viscount’s Connor Tetzlaff competed in athletics. For Wylie, he entered the hurdles and a pair of relays while Tetzlaff competed in

high jump. In heat two of the 110 m hurdles Aug. 17, Wylie had a time of 14.84 which put him in Saturday’s medal heat. In the medal event, Wylie had a time of 14.37 which placed him fourth, just shy of the bronze medal time of 14.17. Competing in the 4x100 m relay team event, in the first heat Aug. 16, Team Sask. and Wylie had a combined time of 43.03 which advanced them to

the medal heat Aug. 19. In the final, Wylie ran 15:40 during his leg but Saskatchewan did not finish and the team placed seventh. In the 4x400 m relay, the 22-year-old and Team Sask. had a time of 3:22.99 in heat two Aug. 17. Qualifying for the medal round Aug. 20, Saskatchewan had a time of 3:17.52 and finished fifth overall. Meanwhile, Tetzlaff competed in the high jump and in group one’s qualification round Aug. 17, he had a jump of 1.83 m. Overall and after the final standings, the 21-year-old finished 11th and was the only representative from Saskatchewan competing in this event. Following the Aug. 6 to 21 Games, the event wrapped up with the closing ceremony at Queen Victoria Park in Niagara Falls, Ont. Since Aug. 6, over 5,000 participants, 4,000 volunteers and countless visitors enjoyed 18 sports and over 250 events, including a pair of

festivals in Niagara Place and the 13 For 13 Cultural Festival. Team Sask. sent a contingent of 377 athletes and 86 coaches, managers, and support staff to the Games and came away with three gold, 13 silver and 16 bronze medals for a total of 32 medals. Overall, Saskatchewan was seventh in the medal standings with Ontario in first at 198. The next Canada Games will take place in Prince Edward Island which will be the 2023 Canada Winter Games.

## PUBLIC NOTICE

SaskWater’s District Operations will be treating the water in the Saskatoon Southeast Water Supply System (SSEWS) canal to control the growth of weeds and algae during the 2022 irrigation season.

These treatments will take place approximately every two weeks until September 23rd, 2022.

The chemical used in these treatments is called Magnacide “H”. It is a registered aquatic herbicide that has been approved by the Water Security Agency for use in the SSEWS canal system.

It will remain active in the water for approximately 24 hours after each treatment and will diminish to non-detectable levels prior to treated water entering the reservoirs. Treated water may also be harmful to the skin, causing irritation to exposed areas.

This water treatment helps to prevent irrigation intakes from clogging and ensures adequate flows are maintained in this multi-use system.

Dosages will be maintained at a level where the water can safely be used for irrigation with no damage to field crops.

Please ensure that people are reminded that swimming, canoeing and fishing in the canal at any time is STRICTLY PROHIBITED.

### FOR FURTHER INFORMATION CONTACT:

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# Weather allowing producers to make harvest progress

■ Daniel Bushman

Despite weather delays during seeding in the spring, with the recent hot and dry weather, Crops Extension Specialist Michael Brown with the Regional Services Branch, Ministry of Agriculture said harvest operations within the local area are looking pretty good.

According to the Ministry of Agriculture's weekly Crop Report for Aug. 23 to 28, harvest progress was at 23 percent, up from 16 percent a week prior. The following week for the period of Aug. 30 to Sept. 5, that number jumped to 42 percent courtesy of the weather conditions. That mark pushed overall operations just ahead of the five-year average of 40 percent. An additional 20 percent of the crop was ready to swath or straight-cut while crops that were not ready for harvest quickly ripened after a stretch of warm and dry days.

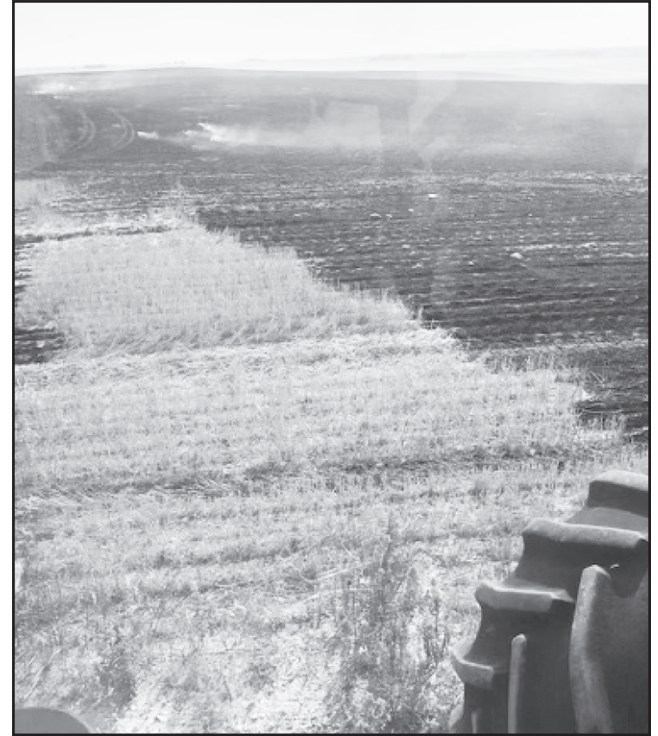
The southwest region continued to lead harvest operations with 83 percent of the crop combined. That region was followed by west-central with 61 percent of their crop harvested. The southeast was next at 33 percent with the northwest at 28 percent, the east-central 27 percent and the northeast 21 percent.

With the hot and dry weather, Brown expected those percentages to continue to rise. "For the most part it is still pretty dry out there. Humboldt area did receive a heavy shot of rain at the end of August but it only delayed field operations for a few days. Producers have been able to get going in their fields and they put the "labour" into labour day long weekend this year. Lots of work being done with swathing, combining, moving equipment, trucking, and desiccating all well underway."

The latest weekly Crop Report indicated winter cereals were very close to being completed with 96 percent of winter wheat and 84 percent of fall rye harvested. Ninety-one percent of lentils and field peas, 70 percent of durum, 52 percent of barley, 40 percent of spring wheat and 22 percent of the canola crop has now been combined.

According to the Ministry of Agriculture, the current estimated averages of crop yields have come in at 43 bushels per acre for hard red spring wheat, 30 bushels per acre for durum, 34 bushels per acre for canola, 34 bushels per acre for field peas and 1,174 pounds per acre for lentils. The report indicated crop yields in the southwest and west-central regions have been greatly affected by the extremely hot and dry conditions experienced during critical growing stages this season. Because of that, yields were significantly lower in those areas compared to provincial averages.

Closer to home, as more crops are taken off fields,



► Pictured left: aerial pictures of the Bradwell National Wildlife Area showing sloughs that relied on overland water completely dry and ones with groundwater discharge remaining low. Pictured above: with the dry conditions there have been a few field fires including this one southwest of Watrous.

◻ left photos courtesy Michael Brown/above photo courtesy Calvin Sather

Brown figured harvest appears to be going much better in 2022 as opposed to 2021. While there were more heavy, localized storms compared to the more preferred widespread soaker rains during the growing season, he said, "Areas to the east were able to catch more of those rains this year but areas to the south and west weren't as lucky and will probably see average to below average yields. It is still very dry out in the area south of Hwy. 16 between Hanley and Watrous."

Taking a tour of the Bradwell National Wildlife Area, Brown indicated sloughs that relied on overland water were completely dry and the ones that had groundwater discharge were still low. With the dry conditions, according to the Ministry of Agriculture, cropland topsoil moisture was rated as one percent surplus, 42 percent adequate, 34 percent short and 23 percent very short. Hay and pasture land topsoil moisture is rated as one percent surplus, 35 percent adequate, 39 percent short and 25 percent very short.

Brown cautioned dry conditions remain the biggest concern for producers and with the recent hot temperatures there is a risk of field fires. "We have seen a few already this year. Have a fire extinguisher on board the equipment in the field and have a set of discs and a water tank nearby in case anything does happen. It's better to have it and not need it than need it and not have it."

As for recent crop damage in fields, according to the weekly Crop Report, the majority was attributed to wind and grasshoppers. Strong winds blew swaths around fields and will result in yield loss and a difficult harvest for affected producers. Strong winds are likely to shell out very ripe crops leading to crop yield reductions as well. Grasshoppers will continue to be a significant problem until conditions are less favourable for them. Producers have noticed a slight increase of ergot fungus in their cereal fields this year, likely due to the increase in precipitation received during the crop flowering stage.



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► Harvest is underway throughout the local area. Evan Stacey submitted the top left and far left photos of two incredible views of the sky from the field while Kiara Inkster provided the remaining photos above of a special harvest season. Denise Lucas sent in a photo of harvest just outside of Watrous (near left). Thank you to everyone who submitted photos this year. For more, check out pages 10, 11, 12 and 13.

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# Harvest 2022 in pictures



►With harvest rolling, the Sather family has been busy in the fields. Pictured left, Calvin Sather sent in photos of how things have been going. This year he also had a bit of help, joined by grandchildren Brielle, Brooklyn, Elissa, and Weston and their dad, Calvin's son Brent. Pictured above: the Kelly and Martin family has also been busy harvesting and have had some help. Pictured right: Dale Hartley has been busy helping drive combine for Headacres and took a photo after shutting down after a good day of harvesting lentils.



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# Harvest 2022 in pictures



►With a variety of weather conditions, it has been quite the year across Saskatchewan. With a late August storm, Emily Hawkes sent in the above photo, wrapping up the field just in time. Denise Sundquist provided the top two photos on the right indicating there has been better yields than last year! Following moisture and pictured above the combine photo, 'when it rains and you are waiting for the crop to dry, you seed fall rye!' Wayne Busch submitted the other photo of harvest underway near Nokomis.



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# Harvest 2022 in pictures

*Thank You!*

RM of Wood Creek No. 281 • Village of Simpson

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ALL YOU DO**

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RM of Wreford No. 280

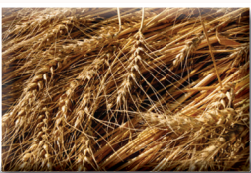


►With the younger generation helping out this harvest season, the left photos were submitted by Nicole Kinzel. The above photo was from Wendy Paulson as James McDonald received some farming advice from his grandpa Lyle Paulson at Cat Tail Creek Farm near Lanigan.

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# Harvest 2022 in pictures



► Fields have been busy with activity and that includes where the Bergen family farms (left). Candace Bergen sent in the photos on the left of harvest while Jaymie Peters submitted the rest of her family helping out and watching harvest.

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# Seven ways to help a farmer who lives with anxiety

■ **Lesley Kelly, Farmer and Co-Founder of the Do More Agriculture Foundation** reprinted with permission

All of us worry and get scared from time to time. Farming can be a very rewarding yet worrisome occupation because of its intense busy seasons and many stressors outside of our control, like the weather and markets. But for those living with anxiety or diagnosed with an anxiety disorder, farming can be especially challenging due to having intense, frequent, and persistent worry and fear about everyday situations. Often, anxiety disorders involve repeated episodes of sudden feelings of intense anxiety and fear or terror that reach a peak within minutes (panic attacks).

These feelings of anxiety and panic interfere with daily activities, are difficult to control, are out of proportion to the actual danger and can last a long time. Research from the University of Guelph, undertaken by Dr. Andrea Jones-Bitton, found that almost 60% of the 1100 farmers were classified with varying levels of anxiety.

It's not always easy to know how to support a friend or family member who has an anxiety disorder, especially if you're worried that what you say or do might inadvertently make their anxiety worse.

Fear not: If someone has shared their struggles with you, it's likely because they trust you. And that means that just offering to sit with them and listen can be healing for your friend and loved one. The support of family and friends is especially meaningful given that, due to the stigma, many anxiety-prone people may not talk about their condition, which can make them feel isolated and increase their anxiety over the long term. Anxiety is a real illness, and like many illnesses, it can be treated. If we send signals that anxiety isn't real or what they are feeling shouldn't be taken seriously, we run the risk of further stigmatizing the person and that can lead to avoiding seeking care.

If a farmer or someone you care about has an anxiety disorder, here are some of the best ways you can support them:

1. **Learn more about anxiety:** Education is key if we want to support our family, friends, neighbours and reduce the stigma about mental health. It can be extremely helpful to learn as much as possible about how to help someone with anxiety disorder. You can start by teaching yourself about what causes anxiety, common signs and symptoms of anxiety, and effective management techniques.

2. **Listen to and valid-**

**ate their feelings:** You can do this by letting them know it's okay to not be okay and it's okay to feel however they feel. It's important to make sure you're able to listen and validate them and their feelings if someone with anxiety is seeking reassurance from you.

3. **Let them know you are there for them:** When learning how to help someone with anxiety, you may want to explain to them that you've noticed that they seem more anxious lately and that you want to help. This will typically come as a welcome relief to the person, as they realize that they don't have to carry the burden of their anxiety alone. Having this conversation gives the person a chance to see that they have people who care about them, who want to listen and who want them to feel better.

4. **Ask and listen to how they want to be supported:** When you ask the person how you can support them, listen carefully to their preferences. After all, you want to know how to help people with anxiety and support them. They may want help breaking down a task they are anxious about, they may want you to distract them from their anxious thoughts or they may just want someone to talk to. By taking the time to listen and understand their needs, you can give them emotional support that will really make a difference. Here are some statements you can share that shows support:

- How can I help support you?
- I've noticed you've been anxious recently, and I'm worried about you.
- Do you want to go for a walk or drive and talk about it?



► Pictured: Lesley Kelly along with her husband Matt.

photo credit: Delia Axman Photography

5. **Learn about effective and healthy coping tools and strategies:** Another way to support is to learn about effective coping tools so that you can encourage them to use the tools when they are anxious. For instance, you can learn how to support a friend or loved one when they are having a panic attack or teach them "grounding" exercises that help redirect their focus away from what is making them anxious. One grounding exercise is to focus on their immediate physical environment and then name:

- Five things they see
- Four things they can feel (like "feet on the floor," "chair on my

back," "wind in my face")

- Three things they can hear
- Two things they can smell
- One good thing they can say about themselves

6. **Keep lines of communication open:** When it comes to helping someone with anxiety, it is important to keep an open line of communication with them. If you are able to, see the person regularly as this will help with managing anxiety. Spend one-on-one time with them so that they have opportunities to talk about anything they feel anxious about. You can also keep in touch over the phone, video or calling them regularly or sending a text every few

days just to see how their week is going.

7. **Look after yourself:** When you offer to help with anxiety, it is understandable for you to feel frustrated, scared or tired from time to time. It is likely that their anxieties are having an effect on you too. Make sure that you're dealing with these emotions and maintaining your wellbeing. Talk to other friends or family members about how you are feeling, think about accessing therapeutic support, take really good care of your physical and mental health, and book in time every week to do activities that you enjoy. By keeping yourself well, you will be in a much better position to help the person with anxiety.

And always remember, you're doing your best and so is the person living with anxiety.

If you or someone in your family or farm team are going through a hard and stressful time, reach out to a professional. For local crisis contacts and resources visit <https://www.domore.ag/crisis-contacts>.

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# “Notices Classified”

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## Obituary



**COOL,  
Adeline Evelene  
(nee Koza)**

It is with all our love that we are sharing the passing of Adeline (Audie) Cool on August 25th, 2022, at the age of 93.

Audie leaves her memory to be cherished with her three surviving children, Anita Cool Strickland (Tom Strickland), Louis (Margaret) Cool, Don (Gloria) Cool; son-in-law

Terry Fisher; 13 grandchildren; 21 great-grandchildren; her brother Joe (Marilyn) Koza; sisters-in-law Suzanna Gust and Jean (Ray) Lorenz; and numerous other nieces and nephews.

Audie was predeceased by her husband Gerrard Cool; parents Joseph and Christina Koza; stepfather Thomas Wynn; daughter Marlene Fisher; brother and sister-in-law Leonard (Shirley) Koza; brothers-in-law and sisters-in-law Rachael (John) Sentz, Robert (Mary) Cool, Gabriel (Paul) Lepoudre, and Don Gust.

Audie was born on the home farm west of Imperial on August 24th, 1929, to Joseph and Christina Koza. Here, she grew up with two brothers, Leonard and Joe, and attended school in Rolling Ridge Country School. Her dad passed away in 1935 and later Christina married Thomas Wynn. She transferred to Regina to finish grade eleven and twelve while courting Gerrard Cool. She and Gerrard were married on October 13th, 1948, and they had made their initial home on a farm east of Davidson before later moving to their Simpson farm. They had four children, Marlene (1950), Anita (1953), Louis (1955), and Don (1957). It was in 1964 that they made the move to their permanent farm east of Davidson. Audie and Gerrard were busy with a mixed farming operation where Audie worked on her massive garden, tended the farm animals, and milked cows to list a few. Her biggest job of all was to keep up with Gerrard. If Audie and Gerrard were not working on the farm, you could find them on the track with their racehorses, playing music at events, or gone hunting and fishing. She and Gerrard moved into Davidson in 1978 and started their retired life. Gerrard passed away on April 28th, 1988. Audie was very active in the community as part of the church choir, Catholic Women League, Davidson Senior Center, Music Festival, and playing music at events. At home, she loved baking, watching the birds, spending time in her yard and laughing and hugging her little ones. You left her house stuffed with food, with the score of the Blue Jay game and always full of love. She will be missed by so many.

Her Funeral Mass will be held Friday, Sept 16th, 2022 at 11:00 at the Sacred Heart Roman Catholic Church in Davidson.

Hanson Funeral Home of Davidson are entrusted with the arrangements.

## Thank you

We would like to thank everyone for the many gifts of food, flowers, cards and expressions of sympathy provided to our family on the passing of our beloved mother and grandmother Isabelle Kerr. Thank you to LLVIF. Our family can't say enough for the fantastic care our mother received during her four years as a resident. Your kindness will always be remembered.

- Marj Klenk and Chris and Janette and family

We would like to thank everyone for their kindness before and after the passing of Rod. Every phone call, message, card, visit, flowers and delicious food was so appreciated. To all who were able to attend the funeral service and all who sent their prayers, we will be forever grateful.

- Kenny and Happy Rink and families

A big thank you! On Sunday, Sept. 4, 2022 our field started on fire. Within minutes, we had many friends and neighbours stop their combines and brought tractors, discs and water to assist us. We would like to thank everyone that came out. We appreciated your assistance and are so grateful to have friends and neighbours like all of you. We would also like to thank the fire department for coming out as well.

- Sincerely, Milton and Cathie Sather and Calvin and Cathy Sather

## Obituary



**SERVIS,  
Theresa (Terry) Irene  
(Callaghan)**

**Aug. 27, 1937 -  
Aug. 29, 2022**

Theresa Servis, aged 85 years, passed away at Dr. F.H. Wigmore Hospital, Moose Jaw, Sask. on Monday, August 29, 2022.

Theresa Irene Callaghan was born (at her grandparent's homestead, where her dad was also born) on August 27, 1937

in the Meacham/Viscount area to Leo and Elizabeth (Wilke) Callaghan.

Terry played piano by ear as well as accordion. Music was always involved in any family function. Terry came from a musical family with many instruments being played. She went to York School in Meacham and continued school in Saskatoon at Our Lady of Sion Academy. She went into the nursing program in Saskatoon in 1955 and graduated in 1956. She was in the first CNA graduating class in Saskatchewan. The CNA designation was later changed to the Licensed Practical Nursing (LPN). Terry worked in the Watrous Hospital for a few years. She met Bert and married on March 28, 1959 at Watrous United Church. They lived on the farm in Renown. Terry became mother of two daughters and the family moved to Watrous in 1972. Terry began working at Manitou Hotel for many years. Terry enjoyed softball and was usually found behind the plate as the back catcher. During the winter months she enjoyed curling. Terry did a lot of bonspiels and regular curling at the rink. She also loved to go to the Briers, Scotties, Tim Hortons and whatever was on TV. Terry was a member of the Watrous Kinettes and later K-ettes. The clubs were involved in a lot of community events and she volunteered to work at these events. Terry loved to be in her garden and had lots of flower baskets. She canned and baked. She liked to entertain family and friends. Summertime camping was important and lots of time was spent at Manitou District Regional Park. Many large family gatherings took place at the house. Terry made sure, there was always lots of food and music and lots of laughter. Terry did some travelling and loved Hawaii the most. She enjoyed bingo and had some casino trips. She was always going somewhere or just back from somewhere. In between all

of this she was a farmer. She was the truck driver and grain hauler. She also made meals and delivered meals during harvest. She even had time while hauling grain to potty train her granddaughter on an ice cream bucket in the field. At gatherings at the house there could be up to 10 or more trailers set up. Families would be sleeping in their vans and tents and lots of live music with amps where we would get complements the next day on all the wonderful music from many neighbours. Terry was a wonderful woman who loved her family and friends and will be greatly missed. Terry's family would like to thank the Chez Nous staff and nurses at Dr. F.H. Wigmore Regional Hospital and Watrous District Health Complex for their wonderful care.

Terry is survived by her husband of 63 years Bert Servis; children Brenda Servis (Russ), Wanda Hutchinson; grandchildren, Dustin Servis and Riley Servis, Amy (Paul) Walsh, Trista Servis (Aiden Grandel), Troy Hutchinson; great-grandchildren Aaliyah Hutchinson, Ryder Hutchinson, Kaid Graham, Claire Walsh, Katelyn Walsh; siblings, Martin (Gerry), Robert (Joan), Mary, Gen, Kevin (Nola) and Tony and sister-in-law Brenda Callaghan.

She was predeceased by two brothers, Greg and Dennis Callaghan; one sister, Ella Kobialko, brothers-in-law, Glen Servis and Milton Servis; and sister-in-law Lolamae Lubiniecki and son-in-law Dale Hutchinson.

Funeral service was held at Watrous Civic Centre on September 7 conducted by Kristie Pilling.

Honorary pallbearers were Tony Callaghan, Mary Kobialko and Gen Callaghan. Trista Servis, Troy Hutchinson, Aaliyah Hutchinson, Kevin Callaghan, Martin Callaghan and Robert Callaghan were pallbearers. Register attendants were David and Sherron Reid, Katie Engele and Jean Isherwood. Lorie Martin and Kerry Martin were ushers. Eulogy was given by Raegan Lubiniecki. Shelley Engele was the pianist with John Kobialko as soloist.

Interment followed at Watrous Cemetery.

Memorial donations directed to Saskatchewan Cancer Foundation would be appreciated.

To leave online condolences, tributes or to make a donation, please visit <https://fotheringham-mcdougall.com/>



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**CARLSON** - In memory of Kenneth, who passed away Sept. 11, 2021:

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But most of all, we think of how much you mean to everyone.

- We love you so much and will miss you forever. Love Jayne, Paul, Patrick, Robin and families.



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## LEGAL

### MAH LAW OFFICE

**Ben Mah,**  
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Box 580 308 Main St.

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FAX: 306-946-2277

benmah@sasktel.net

15-48p

TUES: 10 - 1

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306-946-3785  
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Website pmbchurch.ca

\*\*\*

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Watrous  
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Sept. 18 & 25 ..... 10 a.m.  
All Saints' Anglican Church  
Oct. 2, 9 & 30 ..... 10:30 a.m.  
Our Redeemer's Lutheran Church

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The Watrous Manitou

Coming Events

SEPTEMBER

- DATES FOR MANITOU Beach Communities in Bloom bingo are: Sept. 15, 22, 29, Oct. 6 and 13. Doors open at 6 p.m. with bingo starting at 7 p.m. Manitou Beach Community Hall./31tfc

- ZUMBA IS BACK! CLASSES resume Monday nights at 7 p.m. at Danceland, Manitou Beach; however, the first class will be THURSDAY, Sept. 22. This is an 11 week session but drop-in is available. Please contact Angela at 306-917-7077 for more details or to register./36-2c

Watrous and Area Arts Council

Watrous Library

presents

"Prairie Structures"

August & September Tuesday to Thursday 11 a.m. to 7 p.m. Saturday 11 a.m. to 5 p.m.

35-2c

The Watrous Manitou has 2022-2023 academic year and 2023 planners and desk calendars in stock.

SEPTEMBER

Watrous and Area Arts Council

AGM Meeting Tuesday, Sept. 20 7:00PM

Gallery on 3rd 102 - 3rd Ave. East, Watrous (in back lane)

Do you enjoy music, art or drama?

Like to volunteer?

Come to a meeting and find out about us.

Everyone Welcome!

35-2c

OCTOBER

- WATROUS SCHOOL OF Dance is hosting its AGM Oct. 12 at 7 p.m. at the Watrous Dance Studio./36-5c

COMMUNITY MEETINGS

- AL-ANON MEETING THURSDAYS 8 p.m. Ph. 306-946-2466, 306-946-7802./22-48p

- ALCOHOLICS ANONYMOUS meetings: Watrous, Thurs., 8 p.m. Anglican Church Hall on Main Street in Watrous. (306-946-2466)./31tfc

- WATROUS ROTARY CLUB meets alternating Tuesday evenings at the lower level of Watrous United Church. Call 306-946-3535 for more information./31tfc

The Watrous Manitou

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The Watrous Manitou

Hours of Operation

Monday: Closed to the public

Tuesday to Thursday: 9:00am - 5:00pm

Closed for lunch 12 to 1pm

Friday: 9:00am - 1:00pm

At the Watrous Centre

Crib winners at the Senior Centre Thursday, Sept. 1 were: first - Kathleen Paul, 879; second - Marilyn Wignes, 856; third - Faye Johnson, 836; fourth - Earle Amendt, 825. Travelling - Colleen Hunt and Isabelle Langston. Homesteader was Grace Anderson, eight times at same table.

Kaiser winners at the Senior Centre Monday, Sept. 5 were: first - Lorelei Stewart, 195; second - Arlene Gegner, 175; third - Earle Amendt, 173; fourth - Bob Wignes, 169.

Anyone interested in submitting local Watrous news can do so by faxing 306-946-2026, emailing watrous.manitou@sasktel.net or stopping by the office.

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8	9	2	3	4	7	5	1	6
3	5	1	6	9	8	4	2	7
4	6	7	1	5	2	9	3	8
7	8	9	5	3	6	1	4	2
5	3	6	2	1	4	8	7	9
1	2	4	8	7	9	3	6	5
6	1	3	9	2	5	7	8	4
9	4	8	7	6	3	2	5	1
2	7	5	4	8	1	6	9	3

8/28

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# COLONSAY

Irene Gray • 306-255-2775

Sept. 1, the Colonsay seniors met at the seniors for a pizza supper. Simply Kitchen supplied the pizza. After supper they had their first organizational meeting. Warren Cooper called the meeting to order. An election of officers was held. The new executive will be President - Jim Gray, secretary - Joan Campbell and treasurer - Warren Cooper. The suppers will continue for the first Thursday of the month. New members are welcome to join. A motion was made to hold a meeting once a month. More committees will be put together at their next meeting.

Colonsay School started the 2022-23 school year Sept. 1. They welcome two new staff members: Mrs. Jillian Paulsen, principal and Mrs. Kendra Sepke (Kindergarten/Gr. 1). They are excited to have them and look forward to working with them. There is a new student Dominic Procyshyn (Gr. 3) and 12 kindergarten students. Colonsay School staff: Kindergarten/Gr. 1 - Mrs. Sepke, Gr. 2/3 - Ms. Funk, Gr. 4/5 - Mrs. Brickner, Gr. 6/7/8 - Mrs. Parkinson, Gr. 9/10 - Mr. Sawatzky, Gr. 11/12 - Mrs. Oliver, Special Education Resource Teacher (SERT) - Mr. Earl, Principal - Mrs. Paulsen, administrative assistant - Mrs. Buckingham, education associates - Mrs. HelmKay, Mrs. Palm, Mrs. Quirk, driver education teacher - Mr. Pluhator, school counsellor - Mrs. Clark, custodians - Ms. Maina, Ms. Robinson and bus drivers - Mr. Kalinocha and Ms. Lehman.

Jim, Irene and Joanne Gray travelled to Manitou Beach Sunday, Sept. 4. They attended the "Irish Wake" for Brent "Ned" Crawford who passed away Aug. 4. A large attendance enjoyed the program that his three sons prepared.

The Colonsay Market will be held Sept. 17 down by the pool.

The Colonsay Food Bank appreciates all the donations they have received as the shelves were getting low. All donations are welcome.

Joan Campbell attended a baby shower Sunday, Sept. 4 at Janaye Molnar and Jordan Holland's home. Lots of friends and relatives came to congratulate them on baby Holland who is to arrive in early October.

The Colonsay and District Volunteer Fire Department will be selling the firefighters community calendar for 2023. This is a fundraiser for the new fire hall, which has recently begun construction. Contact the town office for more information if needed.

Norma Sparrow visited her cousin Joan Campbell Sunday, Sept. 5.

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# ODA

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# PLUNKETT

Deloris Wilson (Sutherland) • 306-944-4852

Taira Credgeur from Toronto was home visiting her parents for 10 days. They visited family and friends.

We got 2 1/2" of rain which will help the garden.

Word was received that Doug and Evelyn Ball are moving to Camrose, Alta.

Harvesting is here keeping farmers busy. Ladies are busy making pickles. Get well to anyone in the hospital. We wish them a speedy recovery.

# Fall Savings SALE

Sept. 1 - 21

 **Watrous Home Hardware Building Centre**  
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