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# The Watrous Manitou

MONDAY, OCTOBER 24, 2022

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## In remembrance

► A project to honour local veterans who fought during the wars has come to fruition. After tremendous work and an overwhelming response by the public, the Veteran Banner Project not only got off the ground but a crew from the Town of Watrous was busy installing the finished banners on Main Street Tuesday morning, Oct. 18. With 51 people purchasing banners for family members or friends who had served during the wars, Watrous Recreation Director Chelsea Murfitt said the memorial displays have been put up along Main Street in Watrous for all to view. Murfitt said there are a number of

people who deserve credit for seeing the project become a reality including the Veteran Banner Committee consisting of John Gunderson, Fawne Inkster, Dion Tarasoff, Fraser Mark, Anne Wood, Marilyn Cannon, Kathy Bergen and Bob Penrose. Murfitt also greatly appreciated the public works crew from Watrous for putting the banners up as well. The banners will be displayed in Watrous until the end of November. A further call will then be issued to anyone who did not purchase a banner previously but would like to do so in the new year.

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**HALLOWEEN FOR HUNGER THE EMPIRE IS COMING OCTOBER 31<sup>ST</sup>**

# Local mayors optimistic emergency services will fully resume in the future

■ Daniel Bushman

Marking just over a month since a temporary disruption to emergency services was issued at the Watrous Hospital and approaching month six of having temporary emergency services available at the Lanigan Hospital, both communities are hoping to see additional staff brought in and services fully restored as soon as possible.

On Oct. 14, the provincial government stated more than 175 full-time health care job opportunities had been posted to address rural staffing challenges including in Watrous and Lanigan. Of those posted

on [healthcareersinsask.ca](http://healthcareersinsask.ca), the new and enhanced positions spanned 49 communities and included Registered Nurses, Registered Psychiatric Nurses, Licensed Practical Nurses, Continuing Care Aides, Medical Radiation Technologists, Medical Laboratory Assistants, and Combined Lab and X-ray Technicians.

While LPN numbers remain stable in Watrous, Saskatchewan Health Authority (SHA) shared RN recruitment issues have resulted in the current emergency services disruptions and inpatient services being unavailable. "There are currently 2.55 Full-Time Equivalent RN

vacancies, which represents almost 64 percent of RN staff at Watrous."

Meeting recently with SHA, Watrous Mayor John Gunderson was pleased to learn that Watrous was part of the 49 communities listed within the job postings. "To this stage, there has been no success in attracting RNs to Watrous from those postings but having said that, I think it is fairly early in the process since the temporary closure was first issued. While we would like to have the hospital reopen its emergency services and inpatient beds, we have to be patient. There are a lot of jobs posted, there are just not enough nurses at this stage to go around."

Due to the shortage of health care staff, since Sept. 12 when SHA made the decision of seeing emergency services disrupted at the Watrous Hospital, the health care complex has also been without a permanent manager. SHA indicated another manager had been providing coverage until the managerial position - which was posted and competition for it just closed - is filled.

Hoping to see staff added at the hospital as soon as

possible, Gunderson feels SHA understands the severity of the situation. Citing the area includes unique factors like tourism, nearby mines, Camp Easter Seal that attracts numerous campers each summer, and being the largest community in the immediate area, Gunderson said there is an added importance on having the services reopen. "On behalf of council, we will be doing whatever we can to support the efforts, specifically, if we hear of someone who was maybe interested in the past or that we think might be interested in moving to our community for a job at the hospital. We are not going to sit back and wait, we will be reaching out to people. We want to do our part and try and see the services resume as quickly as possible. It is really out of our control but whatever we can do we will."

As for when those vacancies could be filled, SHA stated similar to other locations provincially and nationally, staffing levels remain challenging. "SHA continues to work with many partners on recruiting health professionals in many different disciplines to achieve sustainable care."

While Watrous waits for more RNs, in Biggar, which has a similar population, its emergency services resumed Oct. 2 as the health centre was able to see successful recruitment. In January 2022, the 24-

hour emergency and acute services were temporarily reduced at the Biggar and District Health Centre due to challenges like the ones being faced in Watrous. Emergency services were reduced to 11 hours per day and acute care beds were temporarily converted to ALC patient admissions only. Since Biggar's emergency services resumed, SHA indicated acute care beds remain available in the community for Alternate Level of Care (ALC) admissions only.

When asked why the ALC beds remain closed in Watrous despite having enough LPNs and doctors on staff to care for patients, SHA shared it is unable to open them until SHA can successfully recruit all positions required to offer safe and sustainable care. "While the number of LPNs remain stable, there remains a need to recruit additional RNs."

SHA stated it is committed to fully restoring emergency services, acute care beds and admissions in Watrous as soon as the current human resource challenges can be adequately addressed. "We will continue to update residents as information becomes available."

While Watrous waits to see its services fully resume, following the temporary closure to emergency services in Lanigan in May of 2020, critical services partially resumed May 9, 2022. Then just recently

SHA was able to open five ALC beds in Lanigan. While emergency services remain disrupted, also due to ongoing staffing challenges, SHA said services will resume when all positions required to offer safe and sustainable care are staffed.

After a lengthy period of not having any emergency services at all until partially resuming earlier this year, Lanigan Mayor Tony Mycock said being able to have five ALC beds open a few weeks ago was a great step in the right direction.

"It is another service our hospital can offer residents," said the mayor. While having the beds open is an encouraging step, Mycock added he is still unsure when things at the hospital will go back to the way they were before the closure in 2020.

"I am hopeful," Mycock said of seeing emergency services returning fully in the future. "Things have been progressing in the right direction for sure."

Like Gunderson, Mycock was also pleased to see Lanigan make the list when it came to new positions being posted on [healthcareersinsask.ca](http://healthcareersinsask.ca). "It was for sure encouraging news that Lanigan has qualified for some of the government funding to fund more full-time nursing positions across the province. Hopefully, some of those nurses will want to come to Lanigan."

Optimistic following the action plan announcement and with some of the services returning to the hospital in Lanigan, Mycock is hopeful that before the end of 2022 the facility could return to 24/7 coverage. "This is something that is much needed for Lanigan and surrounding areas. Thank you to all our health care

(continued on back page: HOSPITALS)



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## Road block

► Construction got underway Monday, Oct. 17 on Main Street in Watrous to replace water and sewer services on the #100, #200, and #300 blocks. Starting at Main Street and Hwy. 2, work will move along

Main Street wrapping up at 4th Ave. around the end of October. The Town of Watrous said there will be traffic disruptions during this time and businesses may see periods of limited pedestrian access.

© photos by Daniel Bushman

## Brenda Lee Cottrell takes centre stage in Watrous

### ■ media release

Billed as an unforgettable show, singer Brenda Lee Cottrell will be sharing her talents at the Watrous Civic Centre later this month. In partnership with the Organization of Saskatchewan Arts Councils (OSAC) and the

Watrous and Area Arts Council, the Oct. 28 evening performance will be the first Stars for Saskatchewan Concert Series event for its 2022-23 season.

Bringing the nuances of each legendary lady to the stage, Cottrell weaves a trail of nostalgia through the hearts and minds of every audience member as they

embark on an emotional and powerful musical journey. Relive the hits of Loretta Lynn, Patsy Cline, Brenda Lee, Sonny and Cher and many more!

With an evening of magical music taking the audience back in time, Brenda Lee Cottrell will leave her heart on the stage during the performance.

## Ingram part of Coyotes to open NHL regular season

### ■ Daniel Bushman

As the puck dropped to begin the 2022-23 National Hockey League's regular season, netminder Connor Ingram found himself with a new home.

After a tremendous playoff performance with the Nashville Predators, one in which the goalie from Imperial faced the eventual Stanley Cup winners, Ingram began the 2022-23 training camp with the Predators before being placed on waivers.

Able to select the goalie, Arizona Coyotes General Manager Bill Armstrong announced Oct. 10 that the

Coyotes claimed Ingram.

Looking to add him to the Coyotes roster in time for the season, last year, the 25-year-old appeared in his first three NHL regular-season games for Nashville where he tallied a 1-2-0 record with a 3.71 goals against average and a .879 save percentage.

In the playoffs, Ingram got the call as Nashville's backup in the series against first place Colorado. After David Rittich allowed five goals on 13 shots, Ingram was summoned from the bench and was able to play well in a losing effort.

Starting game two, Connor had his best

performance in the series making 49 consecutive saves. While the team would come up short in overtime, with such a tremendous effort in game two, Ingram would go on to start games three and four but the Predators were unable to overcome the high-powered Avalanche, a team who would eventually go on to win the Stanley Cup.

Following his appearance in the NHL playoffs, Ingram returned to the American Hockey League's Milwaukee Admirals where he was able to be a part of the

team's abbreviated post-season run as they defeated the Manitoba Moose in the Central Division semifinals before losing to the Chicago Wolves, who like the Avalanche, would go on to win a championship.

During the regular season with the Admirals last year, Ingram posted a 30-17-7 record, a 2.70 goals against average and a .915 save percentage to go along with five shutouts in 51 games. Among qualified AHL goalies, Ingram ranked among league leaders in wins (second), goals against average (17th),

save percentage (13th) and shared the highest shutout total with Stuart Skinner.

Throughout his AHL career, Ingram has

recorded an 86-43-19 record, a 2.41 goals against average, a .919 save percentage with 17 shutouts in 149 AHL contests with Milwaukee, the Chicago Wolves and Syracuse Crunch from 2016-22. In that span, Ingram earned two AHL All-Star nods (2019 and 2020), AHL

Second All-Star Team in 2020 and shared the league-lead with six shutouts in 2018-19.

After being picked up on waivers by the Coyotes, Arizona announced its opening night roster which included Ingram as the back up behind Karel Vejmelka.

Ingram then started against the Montreal Canadiens Oct. 20 in a 6-2 defeat.

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## NOTICE OF CALL FOR NOMINATIONS TOWN OF WATROUS MUNICIPAL ELECTIONS

**PUBLIC NOTICE** is hereby given that nominations of candidates for the offices of:

**Councillor: Town of Watrous  
Number to be elected: 1 (one)**

will be received by the undersigned on the **9th day of November, 2022, from 9 a.m. to 4 p.m.** at the Watrous Town office, and during regular office hours from October 24th to November 9th, 2022, at the Watrous Town Office.

**Nomination forms may be obtained  
at the following location:**

Watrous Town Office,  
404 Main Street, Watrous, SK  
www.townofwatrous.com  
townofwatrous@sasktel.net

*\*Please note that a Criminal Record Check is required with each nomination form.*

Dated this 24th day of October, 2022  
Orrin Redden, Returning Officer

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# Opinion

## Look What's Cooking by Laura Novecosky

### Pineapple Muffins

#### Ingredients:

**2 cups flour**  
**1/2 cup sugar**  
**1 tbsp. baking powder**  
**1/2 tsp. salt**  
**1 egg**  
**1/4 cup oil**  
**1 cup milk**  
**1/2 cup well drained crushed pineapple**

#### Directions:

**Put flour, sugar, baking powder and salt into bowl. Mix together with a spoon. Make a well in the centre of the flour mixture. In small bowl, beat the egg, add oil, milk and pineapple. Pour into the well in the first bowl. Stir with a spoon to moisten. Fill greased muffin tins about 3/4 full. You can sprinkle tops with chopped nuts if you like. Bake at 400°F for 20 to 22 minutes. Let cool about five minutes. Makes about 12 muffins.**



#### Tips from Reena Nerbas

**Dear Annette,**

According to diabetes.org, real maple syrup in small quantities (two tablespoons) is acceptable in recipes where diabetes is a concern. Unsweetened applesauce, Splenda and unsweetened brown sugar are adequate substitutes for maple syrup. Consider substituting half a cup real maple syrup with two tablespoons maple syrup and two tablespoons unsweetened applesauce. If your husband is restricted to no maple syrup at all use one-quarter cup unsweetened applesauce instead.

**Dear Reena,**

I am having a dinner party and would like to make cheesecake for dessert. Can you tell me if I can quadruple my cheesecake recipe and bake the cake in a large rectangle pan? Love your column! Brittany

**Dear Brittany,**

Not a good idea as the cheesecake will brown on the sides and the centre will remain under baked. You are better off using a round spring form pan and baking several cakes (one at a time). Here is another cheesecake tip: after baking cheesecakes partially freeze them. Doing this will make cutting easier and you will end up with professional looking slices.

**Dear Reena,**

Please advise me on how to clean the black ceramic shower tiles in my shower; we have very hard water. I have used many products to eliminate the mineral deposits and soap scum, but the tiles remain blotchy and stained looking, even after they have dried. Thank you, Barbara

**Dear Barbara,**

Whenever I want to freshen up old grout, I get a handy little piece of pumice stone. Pour some dish soap onto

### Solutions and Substitutions

**Dear Reena,**

I would like to bake some carrot cake breakfast cookies and the recipe calls for half a cup maple syrup. My husband has sugar diabetes and cannot have maple syrup so I was wondering what I can use as a substitute. Annette

the pumice stone and wet it, then scrub the grout; looks wonderful. Next spray isopropyl alcohol onto the grout to prevent mildew from growing and discolouring the grout (keep away from small children). Another option is to make a paste of Borax and water and scrub grout with an old toothbrush.

**Dear Reena,**

How can I safely clean a fancy sheer voile blouse without using dry cleaning services? Thank you, Natasha

**Dear Natasha,**

If you choose to clean your sheer voile blouse, beaded top, fringed silk shawl or lace trimmed clothing at home, tie the articles in a cotton pillow case and knot it closed. Wash in cold water on a regular cycle. Hang to dry and steam iron or steam in the shower.

#### Rice tips

- Bake rice in the oven, it takes longer but you will not end up with half of the rice sticking to the bottom of your pan if you grease the pan before adding rice.

- When coffee grinders smell, grind uncooked rice. The smell will disappear.

- When making soup, add meat, vegetables and broth to the pot to create delicious soup. Cook the rice or pasta separately, rinse in cold water and drain. Add the pasta or rice to individual soup bowls as people dish out portions of soup, this way the grains do not become soggy. When storing leftovers, keep the grains separate from the soup and add only as needed.

- Store white rice in an airtight container in a cool, dry place. White rice can also be frozen. Since brown rice has not been stripped of its bran and germ, it contains oils which can turn rancid within six months of purchase. To prolong the life of brown rice, store it in the freezer.

- Toast rice in a little oil to draw out the nutty taste before adding water to the pot.

*Note: Every user assumes all risks of injury or damage resulting from the implementation of any suggestions in this column. Test all products on an inconspicuous area first.*

*Reena Nerbas is a popular motivational presenter for large and small groups; check out her website: [reena.ca](http://reena.ca). Ask a question or share a tip at [reena.ca](http://reena.ca)*

**For Community Connection news,  
see pages nine and 10.**

**For Watrous Centre news,  
see page 15.**

### Acts of violence gain our attention



#### Neighbourly advice according to Ed

*A spiritual column  
by contributor  
Raymond Maher  
[www.accordingtoed.com](http://www.accordingtoed.com)*

Ed and I often speculate on the significant issues of life. Most folks have considered the damage violence leaves in its path. Here in B.C., we hear of unprovoked acts of violence upon people for no reason

on streets, buses, etc. This harm happens an average of four times a day in Vancouver.

Sometimes, we can see a reason for a violent act, but what explanation is there for an act of violence simply because attacking another satisfies the attacker? How can public safety be fundamental if people carry weapons ready to injure when their impulse dictates?

Why has violence become a way of dealing with anyone or thing we dislike? Is it a result of spiritual cancer? The prophet Habakkuk asked God, "How long must I call for help, but you do not

listen? Why do you tolerate wrong? Destruction and violence are before me; there is strife, and conflict abounds. The law is paralyzed, and justice never prevails." (Habakkuk 1:2-4)

The Lord told Habakkuk that the Babylonians would come to administer punishment for the violence, strife, and conflicts abounding among His people. Habakkuk learned that the holy Lord is in control of us from his holy temple. From there, He executes punishment on the sinful and rewards those who hold Him in faith. Violence is one type of sin that infects us.

Violence is the intentional

use of physical force to hurt, injure, damage, destroy or kill someone. Sadly, self-directed violence or suicide is a leading act of violence worldwide.

Violence between individuals includes spousal, child and elder abuse. Then there is collective violence, as in war, where military actions between warring nations practice the intentional destruction of others.

Jesus calls us to rebuke sin in all its forms. Violence grows from hate, jealousy, anger, greed and the need to dominate another. In Luke 17, Jesus admits sin will come, but those who entice and encourage others to sin are in grave danger. Jesus

warns us with the words, "So watch yourselves." Enticements to sin will cause us and others to stumble.

Believers in Christ are to hold each other accountable for the sins we commit. Jesus said, "If your brother sins, rebuke him, and if he repents, forgive him. If he sins against you seven times in a day, and seven times comes back to you and says, 'I repent, forgive him.'" (Luke 17:3-4) Forgiving others is hard for us to do.

We repeatedly need God's forgiveness but are reluctant to keep forgiving others. How hard it was for Jesus to die on the cross for our sins, giving his life in duty to God

His Father. Yet we may be lazy about rejecting sin in ourselves or rebuking sin in fellow believers as if it is not our duty to serve God.

The demanding words of Jesus caused his disciples to say to him, "Increase our faith." (Luke 17:5). How difficult to repeatedly forgive others who repent of sinning against us. But, if we keep doing what God asks, we will not run low or be empty of faith. It is not a giant or tiny amount of faith but using whatever amount of faith we have. Jesus reminded his disciples that a little or the smallest seed of faith is powerful enough to accomplish a great miracle.

**TWM**  
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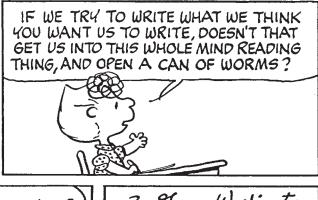
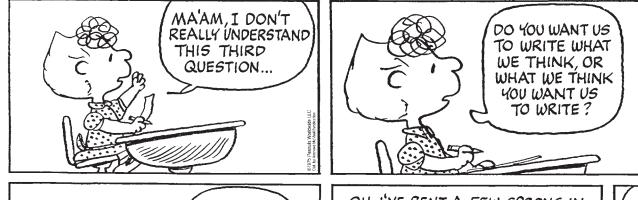
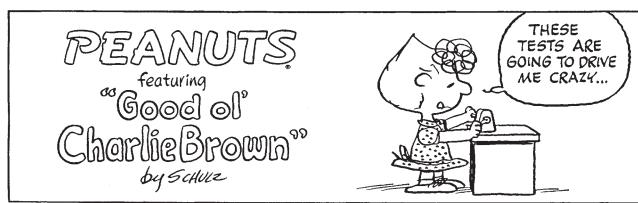
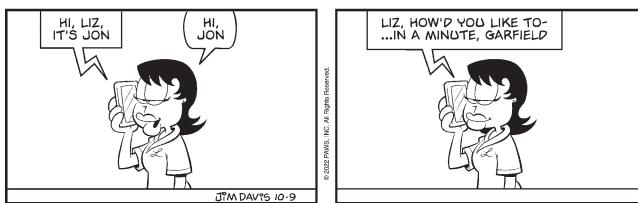
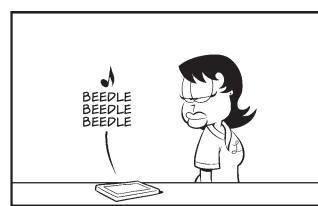
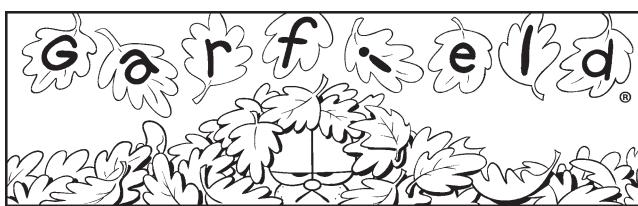
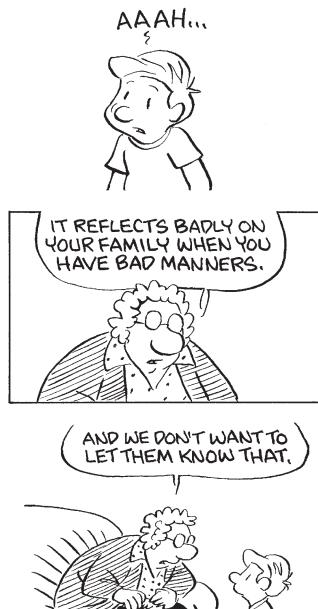
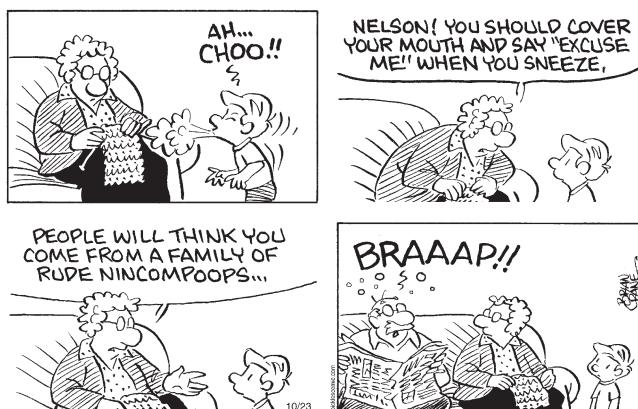
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# Comics AND Puzzles



## Universal Crossword

Edited by David Steinberg October 30, 2022

**ACROSS**

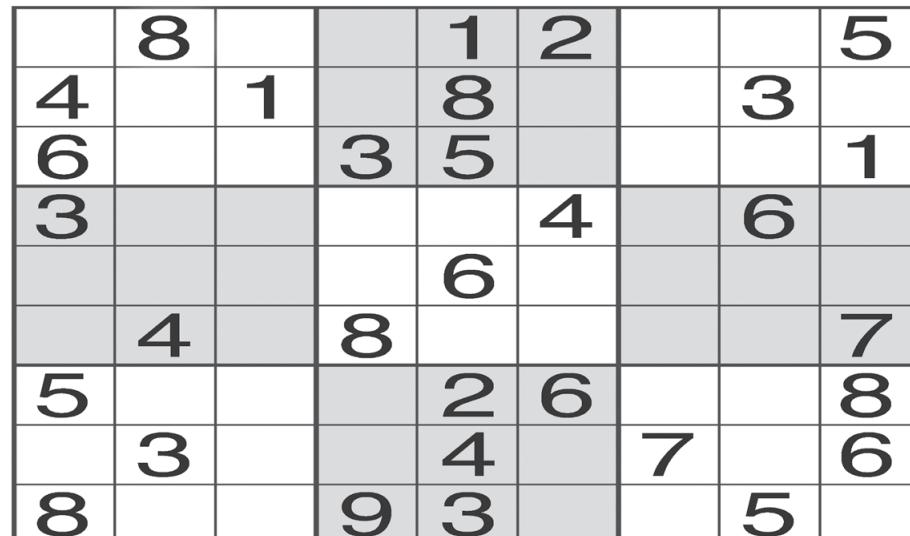
- |  |  |                                    |
|--|--|------------------------------------|
| 1 He/_ pronouns  | 13 Orange, ochre, or sienna                    | 34 Last Greek letter               |
| 5 Cheer in Mexico  | 46 <script> and <div>, e.g., in web coding     | 39 LAX landing                     |
| 8 Internet connection device   | 48 Lots  | 42 Seasoned vet                    |
| 13 Flower-infused liquid used in Turkish delights                      | 49 South Indian crepes                         | 44 Says yes                        |
| 16 "Sailor Moon" genre   | 50 Apiary insects                              | 45 Pool-testing                    |
| 17 Like co-conspirators  | 52 Cash (department store rewards program)     | 47 Mule's father                   |
| 18 Complete spectrum   | 54 Early 20th-century activist Goldman         | 51 Covert operatives               |
| 19 Mattar paneer legume  | 57 Tax whiz, for short                         | 52 "Citizen" (1941 film)           |
| 20 Totally rocked, as a test   | 59 Faith that prohibits gossip                 | 53 Dayton's state                  |
| 21 Game pieces in Azul or Scrabble                                     | 60 USPS delivery, deprecatingly                | 55 Halloween costume component     |
| 22 Tiff  | 62 Like a wet signature                        | 56 "Mamma __!"                     |
| 24 Being chilled   | 63 "Everything's good to go!"                  | 58 Voice above tenor               |
| 26 Name hidden in "hotel safes"  | 64 Glittery stone                              | 59 Word before "Apple" or "cheese" |
| 28 Port authorities?   | 65 "Shame!"                                    | 60 Command to a puppy              |
| 32 Alluring tune   | 66 See 36-Across                               | 61 Jackie Robinson Day org.        |
| 35 PC support whiz   | <b>DOWN</b>                                    |                                    |
| 36 With 66-Across, Paul Anka hit whose title translates to "That Kiss" | 1 __ down memory lane                          |                                    |
| 37 Electrical unit with a silent H                                     | 2 Sharpens                                     |                                    |
| 38 Brain scan, briefly   | 3 Place you enter just so you can try to leave |                                    |
| 40 He/_ pronouns   | 4 Apt anagram of "aye"                         |                                    |
| 41 Snobbish person   | 5 Great Plains tribe                           |                                    |
|  | 6 __ reflex (breastfeeding trigger)            |                                    |
|  | 7 Triage sites, for short                      |                                    |
|  | 8 Toy with an "Ask again later" answer         |                                    |

**FOR ANSWERS  
TO SUDOKU AND  
CROSSWORD,  
SEE PAGE 15**

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# UNIVERSAL Sudoku Puzzle

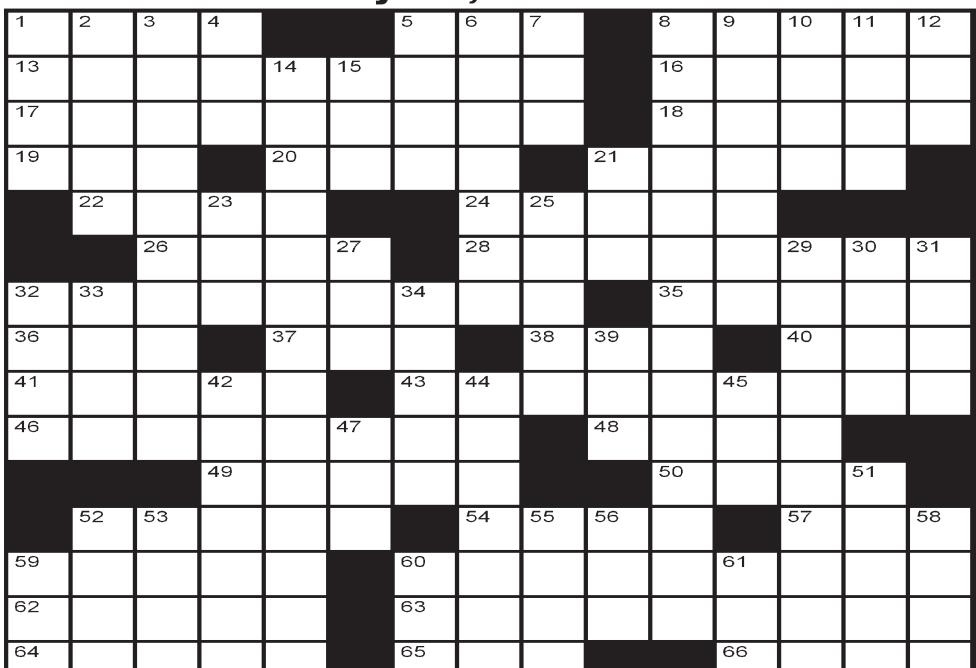
Complete the grid so that every row, column and  $3 \times 3$  box contains every digit from 1 to 9 inclusively.



6

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10/30 **Themeless Sunday 14** by Rafael Musa and Michael Lieberman





# “RCMP Report”

## Male released from hospital after overnight

### Sask. RCMP involved shooting

A 49-year-old male from Little Pine First Nation has been released from hospital and an independent, external investigation has been started after a Saskatchewan RCMP-involved shooting overnight.

On Oct. 15, 2022 between shortly after midnight and 1:30 a.m., Cut Knife RCMP received three separate reports involving a 49-year-old male from Little Pine First Nation. The reports were of an assault, a firearm being pointed at Little Pine security members and an abandoned 911 call of a male with a firearm thinking about suicide.

Shortly before 2 a.m., two Cut Knife RCMP officers encountered the 49-year-old male with a firearm outside near a residence on Little Pine First Nation. The police response involved the

discharge of a firearm and the man was injured.

Officers provided first aid assistance to the male until EMS arrived and transported him to hospital for treatment of injuries. The injured male was treated and released from hospital a few hours later into police custody.

A firearm was located by police at the scene. No police officers were physically injured.

As per the RCMP Act, when a serious incident, such as a police-involved shooting, occurs involving the RCMP, an investigation is required by an external agency. In this instance, the Saskatoon Police Service and the Saskatchewan Serious Incident Response Team will conduct this investigation at the request of the Saskatchewan RCMP.

The Saskatchewan RCMP has requested the Ministry of Justice and Attorney General appoint independent investigation observers, including one Indigenous observer.

As the circumstances do not currently meet Privacy Act exemptions (for example, no charges have been laid), the RCMP does not have the authority to identify the male.

As this incident is now being investigated externally, the Saskatchewan RCMP cannot release further information at this time.

### Three vehicle thefts/attempts in PA detachment area

On Oct. 16, 2022, Prince Albert RCMP received three separate reports of vehicle thefts/attempts in the detachment area. Initial investigation has determined the reports may be related. Police are asking the public to report any suspicious activity and/or to report if you see the two vehicles reported stolen and described below.

Around 1:30 p.m. there was a report of an attempted theft of vehicle on Little Red River. Two males armed with a firearm and bear mace attempted to steal an occupied vehicle. The driver of the vehicle was able to drive away and was not physically harmed.

Around 3 p.m. there was a report of a theft of a vehicle on Sturgeon

Lake First Nation that is believed to have occurred a few hours earlier. An older model white Ford F150 was stolen with Saskatchewan licence plate 113 MUL. Right now, it is unknown if the vehicle was occupied at the time.

Around 4 p.m. there was a report of a theft of a vehicle in the Christopher Lake area. Three males armed with a firearm stole an occupied 2015 black Dodge Ram truck with Saskatchewan licence plate 012 IZK. The suspects were reported to be wearing bandanas across their faces and hoodies and drove away in the stolen black truck as well as a white truck. The driver of the vehicle was not physically harmed.

Prince Albert RCMP continues to actively investigate these incidents. The RCMP is asking anyone with information about these incidents to contact police. Police are also asking the public to use caution if you live or are driving in the area, especially if you are approached by someone in vehicles matching the descriptions above. Ensure your personal vehicles are locked. Call 911 in an emergency.

**Creighton RCMP warns of increased criminal activity**

Creighton RCMP is

notifying the public of increased reports of crime in their detachment area. There have been 15 break and enters, two robberies, five motor vehicle thefts with an additional three attempted motor vehicle thefts, three break and enters involving theft of firearms and one arson in Denare Beach and Creighton areas reported to police since Oct. 1, 2022, with the majority being reported in the past four days as of Oct. 10.

Initial investigation has determined some of these incidents may be connected.

Creighton RCMP are actively investigating and working to arrest those responsible for these crimes. No charges have been laid at this time.

A second fire was reported to police shortly before 8 p.m. on Oct. 14, 2022. A deceased person was located inside a residence on Spruce Street in Denare Beach by Creighton Fire Department, who was already on scene. Based on investigation to date by Saskatchewan RCMP Major Crimes in conjunction with the Saskatchewan Coroners Service, the person's death is considered suspicious.

Based on investigation to date by the Saskatchewan Coroners Service, fire investigators

with the Saskatchewan Public Safety Agency and Prince Albert RCMP Forensic Identification Services, the fire is also believed to be suspicious. RCMP do not have further information to release about the fire investigation at this time.

At this time, investigation has determined these suspicious events are not related to a recent increase in calls for service in Creighton RCMP Detachment area.

"We want the public to be informed of the recent increased calls for service in our detachment area," said Sgt. Kelly Dinsdale, Creighton RCMP Detachment Commander.

"We are asking members of the public to ensure their residences, outbuildings and vehicles are locked. We are actively investigating these incidents and to assist with our investigation, we are asking the public to please report all suspicious persons or activity to police immediately."

If you have information about any of these incidents, contact the Creighton RCMP at 306-688-8888. Information can also be submitted anonymously by contacting Crime Stoppers at 1-800-222-TIPS (8477) or [www.saskcrimestoppers.com](http://www.saskcrimestoppers.com).

## Investing in Our Healthcare Workforce

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**Retain**

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Action Plan**



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**Saskatchewan**

# Horizon athletes run at cross-country events

■ Daniel Bushman

Runners from local schools took their marks in Watson and near Humboldt Sept. 28 as they competed in Horizon Central Athletic Association's cross-country pre-districts with those advancing meeting in Humboldt Oct. 4. The top 10 finishers in each pre-district category were eligible to race at the District championship Oct. 4 at the Carlton Trail Ski Club's Dixon trails near Humboldt and from that, HCAA runners and teams were able to compete at the provincial event at Wapiti Valley Ski Resort Oct. 15.

## Pre-districts

The following are the results from local athletes competing in Humboldt and the schools they represent:

Novice Girls (2 km): Abby Nakoneshny of Lanigan placed fourth at 9:07, Bella Haeusler of Lanigan placed fifth at 9:31, Blaire Smith of Drake placed 13th at 11:13, and Keyanne Eichorst of Lanigan placed 18th at 12:33.

Novice Boys (2 km): Gage Hendricks of Viscount placed first at 8:23, Seth Friesen of Drake placed third at 8:45, Kylan Sandercock of Lanigan placed fifth at 8:58, Aiden Hamilton of Lanigan placed seventh at 9:07, Joshua Hepburn of Lanigan placed 15th at 10:12, Kasen Thomson of Drake placed 16th at 10:17, Lincoln Maki of Lanigan placed 20th at 10:58, Domonic Vanderkooi of Lanigan placed 25th at 13:11, Colton Wolter of Lanigan placed 26th at 13:55, and Lucas Campbell of Viscount placed 27th at 14:07.

Atom Girls (2 km): Kaelyn Senko of Lanigan placed fifth at 9:54.

Atom Boys (2 km) no times were posted: Sam Brenner of Lanigan placed third, Maguire Hendry of Nokomis placed sixth, Trystan Hulan of Nokomis placed 18th, Declan Parker of Lanigan placed 22nd, Felix Martens Bartel of Drake placed 24th, Isaac Tetzlaff of Viscount placed 26th, Easton Stan of Lanigan placed 28th, Adric Bushman of Lanigan placed 29th, Slade Maki of Lanigan placed 31st, Madden Raymond of Viscount placed 32nd, Isaac Bernauer of Lanigan placed 40th, Oliver Brochu of Lanigan placed 41st, Patrick Jellicoe of Lanigan placed 42nd, and Layne Elliot of Viscount placed 43rd.

Pee Wee Girls (3 km): Robyn Woodhouse of Holdfast placed fourth at 16:42.

Pee Wee Boys (3 km): Tanner Edwards of Nokomis placed second at 14:02, Seth Foster of Lanigan placed eighth at 14:37, Hunter Thorson of Holdfast placed 13th at 17:36, and Jasper Edwards of Nokomis placed 18th at 19:27.

Bantam Girls (3 km): no local athletes competed.

Bantam Boys (3 km): Kayden Stroeder of Lanigan placed fifth at 13:06, Corban Friesen of Drake placed seventh at 13:44, Aven Kelly of Viscount placed 11th at 15:10 and Noah Brenner of Lanigan placed 12th at 15:48.

Intermediate Girls (3 km): Hailee Woodhouse of Holdfast placed first at 13:16, Kyrie Burton of Lanigan placed fourth at 15:23, and Rowan Stanford of Watrous placed sixth at 23:00.

Intermediate Boys (3 km): no local athletes competed.

Junior Girls (4 km): Kya Wildeman of Lanigan placed first at 19:02, Reese Stroeder of Lanigan placed second at 22:50, Catrina Knouse of Watrous placed third at 23:24 and Montana Kulchyski of Lanigan placed fourth at 24:44.

Junior Boys (4 km): Duncan Averill of Watrous placed seventh at 24:41.

Senior Girls (4 km): Kira Wignes of Viscount placed first at 17:52 and Myanna Holland of Watrous placed eighth at 26:03.

Senior Boys (5 km): no local athletes competed.

Team results: Lanigan Elementary was sixth with a score of 22, Drake 10th at 63 and Viscount 11th at 66.

The following are the results from local athletes competing at Watson and the schools they represent:

Novice Girls (2 km): Riley Block of LeRoy placed 10th at 9:53.2, Taysia Otsig of LeRoy placed 22nd at 11:18.8,

Daniela De La Pena of LeRoy placed 25th at 11:47.0, and Kylene Freeman of Imperial placed 32nd at 12:46.2.

Novice Boys (2 km): Darrekk Kelly of LeRoy placed 24th at 14:13.6.

Atom Girls (2 km): Juanita Williams of Imperial placed 17th at 11:31.

Atom Boys (2 km): no local athletes competed.

Pee Wee Girls (3 km): no local athletes competed.

Pee Wee Boys (3 km): Waylon Danyluk of Imperial placed second at 12:51.6, Danny Strauss of Imperial placed third at 13:21.6, Daryl Fegurac of LeRoy placed fifth at 15:17.5, and Garrett Kelly of LeRoy placed seventh at 15:36.6.

Bantam Girls (3 km): Madison Maclellan of Imperial placed fourth at 17:19, Emma Field of Imperial placed fifth at 17:56, Alyssa Nimchuk of Imperial placed seventh at 20:50 and Fawxy Batke of Imperial placed eighth at 20:59.

Bantam Boys (3 km): no local athletes competed.

Intermediate Girls (3 km): Haily Danyluk of Imperial placed sixth at 16:02.

Intermediate Boys (3 km): no local athletes competed.

Junior Girls (4 km): no local athletes competed.

Junior Boys (4 km): Maurice Regie of LeRoy placed third at 16:27.2.

Senior Girls (4 km): no local athletes competed.

Senior Boys (5 km): no local athletes competed.

Team results: Imperial placed fifth with a score of 20 and LeRoy was 13th with 46.

## Districts

After advancing from the pre-district cross-country events in Watson and near Humboldt, runners from local schools competed in districts Oct. 4 at the Carlton Trail Ski Club's Dixon trails near Humboldt. The following are the results from local athletes who competed and the schools they represent:

Novice Girls (2 km): Abby Nakoneshny of Lanigan placed ninth at 9:39, Bella Haeusler of Lanigan placed 10th at 9:45 and Riley Block of LeRoy placed 11th at 9:45.

Novice Boys (2 km): Gage Hendricks of Viscount placed third at 8:23, Kylan Sandercock of Lanigan placed sixth at 8:46, and Seth Friesen of Drake placed seventh at 8:47.

Atom Girls (2 km): Kaelyn Senko of Lanigan placed 13th at 10:01.

Atom Boys (2 km): Maguire Hendry of Nokomis placed fifth at 8:15 and Sam Brenner of Lanigan placed sixth at 8:17.

Pee Wee Girls (3 km): Robyn Woodhouse of Holdfast placed fifth at 15:09.

Pee Wee Boys (3 km): Tanner Edwards of Nokomis placed third at 13:18, Waylon Danyluk of Imperial placed fourth at 13:20, Danny Strauss of Imperial placed ninth at 14:11, Daryl Fegurac of LeRoy placed 10th at 14:15, Seth Foster of Lanigan placed 12th at 14:53, and Garrett Kelly of LeRoy placed 16th at 16:56.

## NOTICE OF ABANDONMENT OF POLL

### RM of Colonsay No. 342

*Municipal Elections 2022*

**WHEREAS:** Brian Rugg, nominated for the office of Councillor Division No. 4 are the only candidates, I hereby give notice that no voting for the offices will take place on Wednesday, November 9, 2022.

Dated this 19<sup>th</sup> day of October, 2022  
Randi Wood, Returning Officer

## NOTICE OF CALL FOR NOMINATIONS

### RM OF VISCOUNT NO. 341

**PUBLIC NOTICE** is hereby given that nominations of candidates for the offices of:

#### Councillor for Division No. 3

will be received by the undersigned on the 2<sup>nd</sup> day of November, 2022, from 8 a.m. to 4 p.m. at the RM of Viscount No. 341 office, and during regular business hours from October 18<sup>th</sup> to November 1<sup>st</sup>, 2022.

Nomination forms may be obtained from the RM of Viscount office, located at 215 Bangor Ave. in Viscount, SK.

Dated this 18<sup>th</sup> day of October, 2022  
Joni Mack, Returning Officer

Bantam Girls (3 km): Madison Maclellan of Imperial placed seventh at 18:04 and Emma Field of Imperial placed ninth at 19:53.

Bantam Boys (3 km): Kayden Stroeder of Lanigan placed fifth at 12:20 and Corban Friesen of Drake placed 12th at 14:25.

Intermediate Girls (3 km): Hailee Woodhouse of Holdfast placed first at 12:44, Kyrie Burton of Lanigan placed eighth at 15:08, Haily Danyluk of Imperial placed ninth at 16:10 and Rowan Stanford of Watrous placed 17th at 23:04.

Intermediate Boys (3 km): no local athletes competed.

Junior Girls (4 km): Kya Wildeman of Lanigan placed second at 19:53, Catrina Knouse of Watrous placed eighth at 22:54 and Reese Stroeder of Lanigan placed 10th at 23:49.

Junior Boys (4 km): Maurice Regie of LeRoy placed fourth at 18:09 and Duncan Averill of Watrous placed 14th at 26:01.

Senior Girls (4 km): Kira Wignes of Viscount placed first at 17:39 and Myanna Holland of Watrous placed 11th at 24:01.

Senior Boys (5 km): no local athletes competed.

Team results: Lanigan Elementary was 11th with a score of 36 and Imperial 12th with a score of 38.

The top 10 finishers in the Intermediate, Junior, and Senior categories qualified for the SHSAA Provincial Cross-Country Championships on Sat. Oct. 15 at the Wapiti ski hill area near Gronlid.

## Provincials:

Intermediate Girls: Hailee Woodhouse of Holdfast placed 11th at 13:32 and Kyrie Burton of Lanigan placed 31st at 14:27.

Junior Girls: Kya Wildeman of Lanigan placed eighth at 18:00, Reese Stroeder of Lanigan placed 31st at 20:42, and Catrina Knouse of Watrous placed 41st at 21:39.

Junior Boys: Maurice Regie of LeRoy placed 82nd at 19:08.

Senior Girls: Kira Wignes of Viscount placed fourth at 16:58.

## The Watrous Manitou

### Hours of Operation

Monday: Closed to the public

Tuesday to Thursday: 9:00<sup>am</sup> - 5:00<sup>pm</sup>

Closed for lunch 12 to 1<sup>pm</sup>

Friday: 9:00<sup>am</sup> - 1:00<sup>pm</sup>

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## Watrous

### EMPLOYMENT OPPORTUNITY

The Town of Watrous requires a regular full-time public works III employee

Applicants must have experience in the operation of municipal equipment including backhoe, street sweeper, skid steer, grader, 3-ton truck, have a valid Class 5 driver's licence with air endorsement and be physically capable of performing manual labour.

The applicant must be able to work well as part of a team, perform a variety of tasks while maintaining high standards and quality of work.

Preference will be given to individuals with any Water and Wastewater training/certification.

Salary in accordance with C.U.P.E. Local #3597 contract.

For further information contact Dion Tarasoff, Public Works Superintendent at 306-946-3369.

## NOTICE OF ABANDONMENT OF POLL

### RM of Morris No. 312

*Municipal Elections 2022*

**WHEREAS:** Brennan Rowan, nominated for the office of Councillor Division No. 4 are the only candidates, I hereby give notice that no voting for the office will take place on November 9, 2022.

Dated this 21<sup>st</sup> day of October, 2022  
Belinda Rowan, Returning Officer



## Serving it up

► Eight teams including a pair from Watrous competed at the Winston Wildcats senior girls volleyball tournament Oct. 14 and 15. With two teams from Watrous, two from Lanigan, and one each from LeRoy, Strasbourg, Englefeld and KLV, coach of one of the Wildcat teams Wendi Collins said the tournament was a success. "The players really appreciated all of the fans that came out to watch volleyball on the weekend." Collins said the Winston Wildcats league team played some great volleyball on the weekend having many competitive games against some tough competitors and finished with a 1-5 record. The other Wildcat team finished second after round-robin play and defeated Lanigan 2 in their semifinal to take on Lanigan 1 who defeated KLV in the second semifinal. Facing a talented Lazars team, Collins said the Watrous girls ran out of steam against the tough hitting crew. "They kept the game tight early in each match but allowed Lanigan to pull ahead." At the end of the gold medal game, Lanigan took first place while Watrous claimed silver.

© photos by Daniel Bushman

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2021**

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## IMPORTANT CLOSURE DATES

Manitou Springs Pool, Water Crest Cafe and Serenity Spa will be closed for annual maintenance from **Nov. 7<sup>th</sup> to 30<sup>th</sup>**. Water's Edge Dining Room, Manitou Gift Shop and Manitou Springs Hotel remain open during this time.

Water's Edge dining room will be closing from **Nov 21<sup>st</sup> - 27<sup>th</sup>** and reopens **Nov. 28<sup>th</sup>**

## HIRING

### WE ARE HIRING IN ALL DEPARTMENTS

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Life Guards - Gift Shop  
Serenity Spa - Water Crest Cafe  
Water's Edge Dining Room  
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# VISCOUNT

Sandra Reid • 306-227-1193

Blankets for Canada ladies met for the first time on Wednesday, Oct. 12 after a long summer break. It was a gathering of six, plus a visitor from the Toronto area who accompanied her daughter and enjoyed the afternoon with us (she is 95). Several blankets were put together during the summer months and we put our labels on them. We were also given several bags of beautiful squares here and there throughout the summer. For this, we are truly grateful and wish to give a broad sweep of appreciation to all the "incognito" Blankets for Canada people who contribute to this great cause. We will soon be making a blanket delivery to shelters in Saskatoon, especially now that the cold weather season is upon us. Once again, we acknowledge everyone who contributes to this cause. For more information, contact Evelina at 306-944-4820.

Blankets for Canada met again Monday, Oct. 17 to start with our Mondays. There were seven of us and we enjoyed chatting and putting squares together. We finished off with a nice cup of tea.

The Gr. 5/6 class from Viscount Central School enjoyed learning about milk production as they travelled to R & F Livestock in Cudworth. K/1/2's went on a field trip to Wander's Tiny Farm. The students were excited to see all of the animals and enjoyed various farm activities.

The Viscount Seniors enjoyed their morning coffee Monday to Thursday.

Best wishes to anyone who is under the weather. I hope you feel better soon.

Thank you to all who helped make this week's Viscount news possible. Have a great week.

**submitted by Loa Titman**

Oct. 4, 2022. Sunny and 23°. Nineteen enthusiastic Gr. 3 and 4s from Viscount Central School.

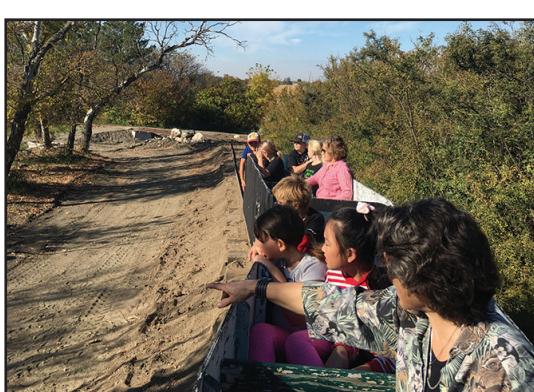
What could they do for a day of learning? Why, come to tour Concrete Elements! So, with bus driver Jackie Meddins, teacher Nancy Kirzinger and helpers Laura Boon and Michelle Volk they did just that. Dave and Loa Titman, their hosts for the day, welcomed everyone. The students were split into two groups. Dave took one group for a tour of the many ornaments in the yard, explained how the outside cement work was carried on, tour of the garden, trees and shrubs including the yurt (a fancy trellis). Some students wanted to see the 'graveyard' again so they walked up the hill. Others wanted to roll down the hill on the newly cut grass, but everyone was waiting for the train ride.

That group came back to the shop and Loa then gave an in-depth explanation of how to unmold the ornaments. Each student had the opportunity to undo a bolt, spray release on the latex rubber or put the puzzle of the fibreglass backing together. There are some natural mechanics out there, but everyone was waiting to paint. Each student chose what critter appealed to them - kitty, rabbit, puppy or bird. They all got to learn how to apply paint, what brushes to use and most importantly how to cleanup! Some lucky students got the opportunity to paint four mini birds for the upcoming book fair at VCS. They will be used as prizes. Everyone came together at noon to have lunch at the fire pit area. Dave had a fire prepared for them and the adults roasted marshmallows

for the students. Bo, the family dog, put in a guest appearance. She certainly lapped up the attention. Since it was noon hour and lunches were eaten, it was time for exercise. Off down the way to the open lawn area to play hide and seek and other burn-off energy games. Too soon it was time to load back up on the bus and head back to school. All agreed it was a fun time and could we do it again?



photos submitted



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SAT OCT 29TH - 9AM - 5PM

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► Allan New Horizons hosted a line dancing class Oct. 15 at Allan Parkland Hall. The instructor was Teresa Wilson. Many people who attended these lessons last spring returned as they had so much fun last time but there were many new faces as well. The event brought a lot of positive feedback. It was good to see so many seniors taking advantage of this opportunity. This event is hosted by Saskatchewan Seniors Association Inc. in partnership and collaboration with Saskatchewan Arts Alliance. Funding for this event has been provided by the Government of Saskatchewan - Ministry of Parks Culture and Sport.

photos submitted by Sandra Wilson Chipman

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# YOUNG

Pat Bryson • 306-259-4860

The bird hunters have had a successful duck and geese hunting season. So glad we could share our waterfowl with you. See you next year!

The Papa and I took a road trip to Manitoba to visit our girly. Much Barbie playing, colouring and baby holding was had! Bonus for this Nana - there was a craft sale at the Grandview Community Centre that day. Papa tried to convince Miss Nellie she would find pickled moose antlers alongside the jams, jellies and pickles at the vendors tables but, alas, she came home empty handed.

We noticed there were a few crops out yet between Yorkton and the Manitoba border. Fingers crossed that they will be harvested soon.

My business highlight of the week: Manitou Custom Seed Cleaning. In our agricultural based area, we are fortunate to have a seed cleaning plant situated just outside of town. Tom Guo has owned and operated Manitou Custom Seed Cleaning since November 2014. I learned so much when I asked Tom to explain the process of seed cleaning. The grain runs through the steps of the scalper, aspirator, rotary screen,

gravity table, indent cleaner and colour sorter. The farmer is presented with clean seed and the remaining dockage. Many farmers have kochia weed problems this year; Tom is able to separate the kochia from their grain. Tom's busy season is March, April and May when farmers are preparing for seeding. He works long hours to accommodate as many customers as he can. As owner/operator of Manitou Custom Seed Cleaning, doing his part to support the local ag industry is very gratifying for Tom Guo.

Enjoy your week!

## Imperial & District Service Club

■ submitted by Harold Anhorn

On behalf of the Imperial & District Service Club and the Town of Imperial, we would like to acknowledge three Gr. 12 graduates during the 2021-22 school year from Imperial High School. Each student has been awarded a \$350 bursary. The three recipients are as follows: Jensen Kelly - daughter of Ryan and Rhonda Kelly. Jensen achieved high marks academically while working at part-time and full-time jobs during the summer months. During her years of attending school in Imperial, she was very active in school activities such as the Imperial Central Band, Student Representative Council and volunteering at various town facilities. Jensen was involved in many sporting activities, with golf being a favourite. Earlier this year, she was asked to play on the women's golf team at the College of the Desert in Palm Desert, Calif. Jensen has been accepted to the College of the Desert and plans on receiving an associate degree in business administration, Rylee Van Damme - daughter of Jason and Jade Van Damme. Rylee obtained high marks academically and during her high school years applied herself as an

active member of the community. She volunteered her time to coach junior girls volleyball at Imperial School and this past school year was vice president on the Student Representative Council. Rylee was involved in playing volleyball, basketball, track and field and softball. During her school years, Rylee played various roles in drama productions. She obtained many skills, certifications and awards for her efforts. Rylee has been accepted into the Bachelor of Commerce program at the University of Saskatchewan through Edwards School of Business and Tyson Webster - son of Joel and Alisha Webster. Tyson achieved high marks academically while working hard at being a team player in multiple extracurricular programs such as drama, Central Band and sports that were available. Over the years, he volunteered his time at various activities in the community. Tyson says these experiences have helped him to work with others and to problem solve. Tyson has been accepted into the Instrumentation Engineering Program at Sask Polytechnic in Moose Jaw.

Good luck and we wish each of the recipients every success in their endeavours.

## New campaign launched in fight against breast cancer

■ media release

An estimated 760 Saskatchewan women will be diagnosed with breast cancer in 2022, and 170 will die from the disease. Breast cancer is the leading cause of cancer in women and the second leading cause of their death.

There is, however, a resource that can help to prevent severe outcomes of breast cancer, improving access throughout the province.

"The screening mammogram is such an important, and potentially life-saving exam. It checks for breast cancer in women who have no signs or symptoms of the disease, so it is an absolutely critical tool in detecting breast cancer at its earliest stages. When cancer is caught early, there can be more treatment options and better outcomes. We know that early detection saves lives," said Nora Yeates, CEO of the Cancer Foundation of Saskatchewan.

However, for Saskatchewan women in rural and remote communities, access to screening mammograms is challenging. Given the vast geography of Saskatchewan and dispersed population, accessing a screening mammogram is more challenging for some women.

The good news is that the Breast Cancer Screening Bus has been travelling across Saskatchewan since 1990, including to Watrous and Lanigan, bringing the exam to rural and remote populations. However, the current bus, purchased in 2002, needs to be replaced. Accessing parts for repairs and maintenance on the 20-year-old vehicle is now challenging, resulting in time off the road and reducing access to potentially life-saving screening mammograms for Saskatchewan women.

To ensure every woman in Saskatchewan has access to a screening mammogram, the Cancer Foundation of Saskatchewan is committed to raising \$2 million to replace the aging bus and its digital mammography equipment.

"This bus has facilitated more than 250,000 screening mammograms over the past 20 years, and we need to replace it so that it can continue to offer this potentially life-saving exam to thousands more women in the years ahead," said Yeates.

The Foundation is focused on raising \$2 million by March 31, 2023, to enable the replacement and upgrading of the bus.

"People in Saskatchewan have been very generous to the Cancer Agency over the years, and I want to thank all of our

# COLONSAY

Irene Gray • 306-255-2775

Irene Gray attended Queen Esther Rebekah Lodge in Saskatoon Oct. 13. A veteran program was held and Irene received her veteran jewel for being a member of Rebekah's for 50 years. I brought home veteran jewels for Merilyn Kirk, a member for 55 years and for Sheila Peever for 35 years. The charter was draped for the passing of Queen Elizabeth II.

Fifteen senior citizens attended the monthly supper meal at Simply Kitchen. After supper they held a meeting at the senior centre with Jim Gray president presiding. Two committees were formed. Entertainment with Sylvia Richards as chairperson. Lunch committee had Patsy Grey and Diane Bod volunteering. Jim reported he had attended the RM meeting Wednesday, Oct. 12. He explained what was discussed regarding the senior centre. Several senior citizens have expressed an interest to join.

Evelyn Selby was very happy to have her daughter Candice Selby and Jim Grennon and grandchildren Hannah and Carmen arrive for a visit. They arrived from New Zealand in Vancouver and travelled to Calgary to enjoy a get-together with 30 members of Jim's family. Then on to Colonsay to visit Can-

dice's family. Evelyn hosted a Thanksgiving supper for 15 family members Tuesday, Oct. 12. The family from New Zealand had been unable to come to Canada since 2019 due to COVID.

Visiting Sandra, Darla and Dean Rourke were Sandra's sister Lois Keddie and nephew Scott Keddie of Winnipeg. They were able to visit for a couple of days.

Vern and Michelle Kirk left Friday, Oct. 14 to spend the weekend in Edmonton. They helped Vern's brother Bruce Kirk celebrate his birthday.

Joan Campbell spent a couple of days visiting her cousin Norma Sparrow.

While at the grocery store I was able to assist an elderly gentleman put his groceries into the motorized cart. When I noticed the same gentleman struggling to plug the cart back in I was able to assist him again by loading his heavy bagged groceries into another cart to go to his vehicle. He acknowledged me by saying there should be more people like you. It was nice just being able to help someone who was struggling.

Dan and Carol Kondra travelled to Regina to visit Eric and Erna Sander. They resided in Colonsay previous to their move to Regina.

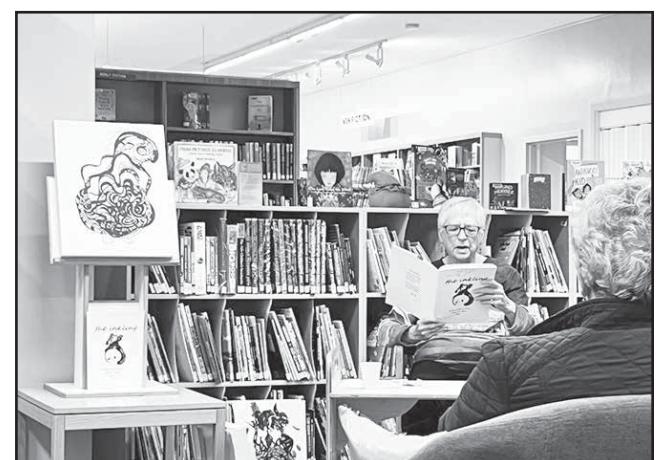
## An evening of poetry with Helen Herr

■ submitted by Lety Schalm  
Watrous Library

The second evening of the library's author visits took place on Thursday, Oct. 13.

Helen Herr is not only an accomplished poet, but also her skills at soapstone sculptures, ink art form, painting on canvas and her more recent painting on leather are evident in her published works. Helen began by reading from her Chat Books which are small books of poems written in the Japanese Tanka format. She then moved on to her book Stones Will Shout which is an account of her life story in poetry form, with illustrations of her carvings throughout. She provided vignettes from her childhood through to her life as a church minister and onto musings of the later stages in life.

A variety of canvases were displayed as she worked through some



© photo submitted

sections of her newest collection The Inkling night.

Helen provided each participant with the opportunity to take home Stones Will Shout, some chat books and a copy of her latest Oscar The Flying Fish. The author shared that she may be writing children's books next! A woman that enjoys a new challenge! It was an enjoyable evening shared by the various people in attendance.



© photo submitted

donors past and present for their contributions," said Deb Bulych, Interim President and CEO of the Saskatchewan Cancer Agency. "A new mammography bus will allow us to continue to reach populations in rural and surrounding communities to improve breast cancer outcomes."

A new Breast Cancer Screening Bus will address all of the current issues, and will include state-of-the-art mammography equipment, enabling it to provide leading edge, potentially life-saving mammography screening services well into the future.



# “Notices AND Classifieds”

## Obituary



### MURRAY, Patricia Beatrice

Patricia Beatrice Murray, aged 87 years, passed away peacefully at Long Lake Valley Integrated Facility, Imperial, Sask. on September 12, 2022.

Pat was born in Imperial, Sask. on April 11, 1935 to (late) Ross and Beatrice Kelly. She was

the youngest of seven children. The family moved to Zelma, Sask. when she was a young child. Pat attended Zelma School until the end of Grade 9. She then took the train to Saskatoon and stayed in a boarding house with other students so she could attend high school.

Pat was married to (late) Milton Detwiller on April 11, 1953, they resided in the town of Imperial. They were blessed with five children, Joann (Greg) Tittemore, Bill (Heather) Detwiller, Linda Detwiller, Gary (Edythe) Detwiller, and Marilyn (George) McAllister. Milton passed May 1988. Pat was married to (late) Bruce Murray on December 23, 1989. They resided in Imperial and later Saskatoon. Bruce predeceased her November 2015.

Pat was very proud of her five children, 14 grandchildren and 18 great-grandchildren and really loved their visits. Pat was a very hard-working housewife and mother. She loved her garden and was a fantastic cook. During her earlier years Pat was very active in the community. She helped with 4H, the United Church, and many other volunteer positions. She really enjoyed curling, golfing, time at Etter's Beach and was always interested in any card game. She always gave her best effort and was known to be competitive in anything and everything that she did. Pat spent many winters in Hawaii, Texas, Arizona and B.C. in her retirement. She really enjoyed these years, walking, doing water aerobics, golfing, shopping, playing cards, pool and shuffle board daily. She loved having an active and full schedule.

Pat was predeceased by her parents, her husband Milton Detwiller, husband Bruce Murray, five siblings: George (Ruth) Kelly, Art Kelly, Joyce (Dudd) Chambers, Phyllis (Bert) Roney, and Wynn (Bob) MacDonald, (Mac) Duff, as well as her daughter Linda Detwiller, grandchildren Valerie Detwiller and Jacqueline McAllister as well as Bruce's son Donald Murray.

Pat is survived by her sister, Alice Duff, sister-in-law Audrey Kelly, Bruce's daughter Twyla (son Mark and family) four children and spouses as well as her beloved grandchildren: Phil (Edith) Sanders, Brian (Kirsten) Tittemore, Laura Tittemore (Warren), Sarah Tittemore, Jason (Rene) Detwiller, Sheena Detwiller (Cody), Marci Detwiller (Chris), Daphne (Jordan) Wasyliv, Dawson (Kara) Detwiller, Brayden Detwiller, Mathew (Mikaela) McAllister, Derrick (Laken) McAllister and her great-grandchildren: Anna, Aiden, Leah, Inga, Erik and Oden, Abigail and Hailey, Myka, Annika, Hailey, Brynn, Raisa, Stark, Liam, Owen, and Bea, Arden, as well as many nieces and nephews.

Celebration of life service was held at Imperial Community Hall on October 7 conducted by Alison Weaver.

Urnbearers were Bill Detwiller and Gary Detwiller. Brynn Detwiller and Myka Detwiller were register attendants. Ushers were Jason Detwiller and Brian Tittemore. Marilyn McAllister gave the eulogy. Special music was provided by Marci Detwiller. Pat Joa was pianist.

Private family interment followed at Imperial Cemetery.

To leave online condolences, tributes or to make a donation, please visit <https://fotheringham-mcdougall.com/>



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on our website.

Go to [www.twmnews.com](http://www.twmnews.com)

## Obituary



### STEPHAN, Doreen

May 21, 1929 -  
Oct. 5, 2022

Doreen Helen Stephan (nee Freeman), 93 years, of Lanigan, Sask. passed away on Wednesday, October 5, 2022 at Humboldt District Hospital.

Doreen was born on May 21, 1929 at Watrous to Howard and Belle (nee Peterson) Freeman of Renown. She completed high school and started work at the Royal Bank in Lanigan for three years prior to her marriage. On November 26, 1948, she married Lawrence Stephan. They operated a farm in the Lanigan area and raised a family of four. When their children were young, she was involved in the Lanigan Figure Skating Club as well as their many other activities. She sewed many skating dresses and Halloween costumes, not only for her own children but for many others as well. Throughout her life, she was a member of Trinity Lutheran Church and active with the Lutheran Ladies. From 1971 to 1994, Doreen was a clerk at Lanigan Drugs, where she enjoyed seeing friends and neighbours daily. Doreen liked to watch curling, Christmas movies and game shows on TV. She kept her mind sharp with countless crossword and jigsaw puzzles. Doreen's family members were fortunate to be the recipients of her many beautiful crocheted afghans. Each of her children, grandchildren and great-grandchildren have at least one if not five! She and Lawrence spent many summers camping and fishing around Saskatchewan and enjoyed several bus trips to the United States, including one

to Nashville. They loved playing cards with family and friends and listening to country music. Above all, Doreen's family were her pride and joy. She loved spending time with them, whether it was cheering from the sidelines or special family occasions. She loved when they were together. In 1991, Doreen and Lawrence moved from the farm to Lanigan and in 2013, they moved to the Carlton Condo.

Doreen will be lovingly remembered and sadly missed by her four children; nine grandchildren and 15 great-grandchildren: Garry (Renee) Stephan of Regina and family LeaAnne (Pierre) and children Toveah and Taiven, and Daniel; Connie (Mylles) Wildeman of Esk and family Todd (Kim) and children Jace, Reese and Rae, and Chris (Julie) and children Avery and Kya; Brenda Brenner of Lanigan and family Mark (Melissa) and children Noah and Sam, and Ryan and daughter Reanne; and Peggy Lynch of Jansen and family Tyler (Amy) and children Hayden and Sophie, Dustin (Brenna) and children Blakely and Kaycee, and Stephanie (Terran) and daughter Ayda.

She was predeceased by her parents Howard and Belle Freeman; husband Lawrence Stephan; sons-in-law Ken Brenner and Terry Lynch; granddaughter Kellie Wildeman; brothers Jim Freeman, George (Gen) Freeman, Don (Jean) Freeman, Dick (Elroy) Freeman and sister Fran (Bruce) Hart.

A graveside funeral service for Doreen was held on Friday, October 14, 2022 at 2:00 p.m. at Trinity Lutheran Cemetery, Lanigan, officiated by Deacon Jack Robson.

Memorial donations in Doreen's memory may be made to a charity of your choice.

Funeral arrangements entrusted to Malinoski & Danyluk Funeral Home & Crematorium, Humboldt (306-682-1622).

## Obituary



### TRIPPS, Karen

Jan. 13, 1940 -  
Oct. 12, 2022

Karen Tripps formerly of Liberty, Sask., aged 82 years, passed away peacefully at Long Lake Valley Integrated Facility, Imperial, Sask. on Wednesday, October 12, 2022.

Lyne Karen Tripps was born January 13, 1940 to William (Bill) and Ruth Shimek of the Liberty District, Sask. She was educated at the Liberty Free Soil School and Success Business College. Karen also lived for short periods of time in Regina and Penzance, Sask. and Vancouver, B.C. Along with her occupations of accounting and farming, Karen also enjoyed gardening and flowers.

October 12, 1960, she married Douglas Ray Tripps (deceased September 25, 2002). She was also predeceased by her parents William (Bill) Herbert Shimek in January of 1971 and Ruth Viola (Weinand) Shimek in February of 2004.

Karen is survived by her children Andrew (Michele)

of Lloydminster, Alta., Kelly (Cindy) of Imperial, Sask., George of Liberty, Sask., and Shirley (Doug) Jamieson of Penticton, B.C., along with one sister, Myrna (Gered) Beeby of San Diego, Calif. USA, niece Melisa (Pat) Ford and their children Ayzly, Levi, Oliver and Charlie. She is also survived by grandchildren Daniel (Jody) Tripps of Sturgeon County, Alta., Micheal Tripps (Jessica McMahon) of Lloydminster, Alta., Tina, Nanci, Toni Provost of Regina, Sask., and Shaun Jamieson of Penticton, B.C., plus great-grandchildren Sawyer, Emmett, Maddox, Tatum, Dustin, Tasha, Cristian, Antony, Nick, Astin, Kaleb, Keatyn and Hunter.

A celebration of Karen's life was held at the Liberty Memorial Hall, Liberty, Sask. on Wednesday, October 19.

Interment followed at Liberty Cemetery.

Memorial donations directed to Liberty Memorial Hall or Liberty Cemetery would be appreciated.

To leave online condolences, tributes or to make a donation, please visit <https://fotheringham-mcdougall.com/>



## NOTICES

EFFECTIVE NOVEMBER 1, 2022 HARWOOD DAVIES CA/CPA will be transferring his practice to Spencer Beaulieu CA/CPA. This process will take some time to ensure continuity and I will remain available to assist Spencer and will work to the degree required during the transition, particularly during the tax "season" in the spring of 2023. Spencer has been an associate of mine (Davies & Drury) for more than 20 years. Spencer grew up in small town Saskatchewan and presently lives in Clavet. I will have discussions with clients in the ensuing months to explain matters and answer questions./42-2n/c

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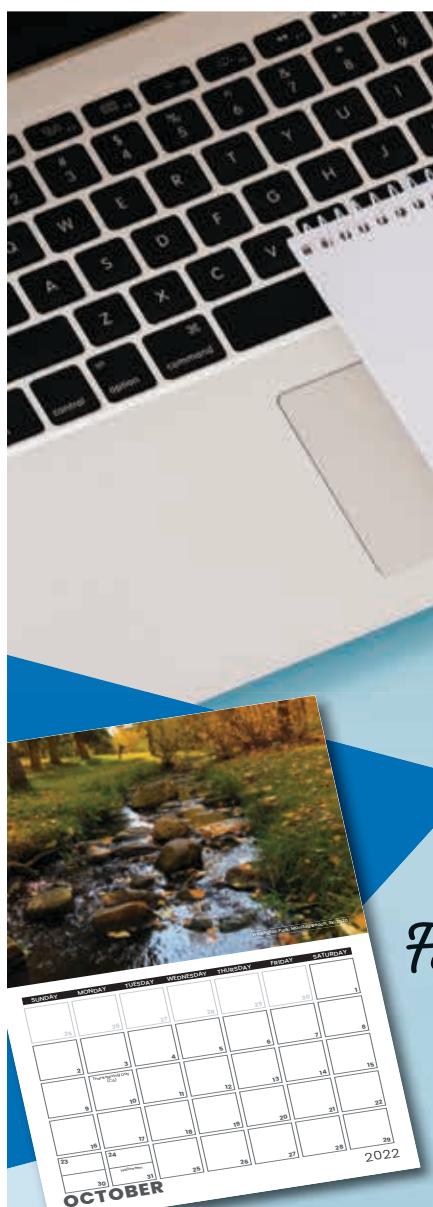
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## OCTOBER

- OCTOBER IS AUTHOR Month at the Watrous Library. Each Thursday evening at 6:30 p.m. you are invited to come for a presentation by a local author: Oct. 6 - David Schleich, Oct. 13 - Helen Herr, Oct. 20 - Janice Dick, Oct. 27 - Emily and Konn Hawkes./39-4c

- YOU ARE CORDIALLY invited to a come and go tea to celebrate the 80th birthday of Sandy Christensen, Oct. 30 from 2 to 4:30 p.m. at the senior centre in Young./41-2p

## NOVEMBER

Watrous and Area Arts Council presents The Saltwater Players performing  
**Maid to Order**  
December 2 & 3  
Tickets go on sale Saturday, November 12 at the Gallery on 3rd from 10 a.m. - 2 p.m.  
Tickets will also be available at Affinity Credit Union - Watrous Branch, November 14 - 28 during business hours  
**TICKETS \$50 EACH**

## NOVEMBER

- CALLING ALL ARTISTS and crafts people! The Spirit of Manitou Studio Trail group is looking for participants in its annual show July 9 and 10, 2023 held at various locations in the Watrous, Manitou Beach, Meacham, Guernsey, Plunkett and Viscount areas. For those interested, bring samples of your work for adjudication to our Nov. 16 meeting at the Heritage Room in the Civic Centre, Watrous, at 3 p.m. Membership is \$50. More information about the Studio Trail is available online at [www.spiritofmanitou.ca](http://www.spiritofmanitou.ca) /41-2c

## NOVEMBER

- THE IMPERIAL CO-OP would like to invite its members to our Annual General Meeting Nov. 17 at 7 p.m. at the Imperial Community Centre./41-5c

- WATROUS & DISTRICT Food Bank AGM, Nov. 7, 7:30 p.m. 107C 3rd Ave. East./42-3c

- PLACE YOUR ADVERTISEMENT in the coming events and see great results! Phone 306-946-3343 or email [twmadvisorsales@gmail.com](mailto:twmadvisorsales@gmail.com)

## COMMUNITY MEETINGS

- AL-ANON MEETING THURSDAYS 8 p.m. Ph. 306-946-2466, 306-946-7802./22-48p

- ALCOHOLICS ANONYMOUS meetings: Watrous, Thurs., 8 p.m. Anglican Church Hall on Main Street in Watrous. (306-946-2466)./31tfc

- WATROUS ROTARY CLUB meets alternating Tuesday evenings at the lower level of Watrous United Church. Call 306-946-3535 for more information./31tfc

# Coming Events

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8	6	7	9	3	1	2	5	4

10/9

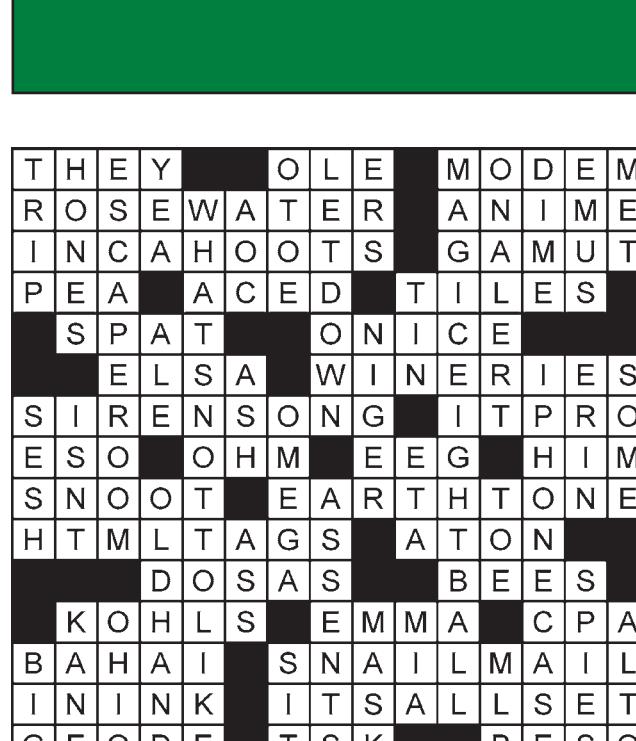
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## At the Watrous Centre

Crib winners at the Senior Centre Thursday, Oct. 13 were: first - Daryl Nedjelski, 964; second - Marilyn Wignes, 946; third - Bob Wignes, 879; fourth - Sharon Carlson, 873. Travelling - Roy Crawford and Marilyn Wignes. Home-steader was Bob Wignes, eight times at same table.

Kaiser winners at the Senior Centre Monday, Oct. 17 were: first - Harold Kalynovich, 179; second - Gail Shirley, 164; third - Grace Anderson and Lorne Bradbeer (tied), 157.

Anyone interested in submitting local Watrous news can do so by faxing 306-946-2026, emailing [watrous.manitou@sasktel.net](mailto:watrous.manitou@sasktel.net) or stopping by the office.



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*(from front page: HOSPITALS)*

workers for all that you have done in getting the hospital back up and running."

With the staff shortages experienced in Watrous and Lanigan and emergency services temporarily disrupted, SEIU-West President Barbara Cape said the union is not only aware of the situation but is trying to do what it can. Representing LPNs, continuing care aides, support services in nutrition, environmental services, building and maintenance, administrative and lab staff, Cape said SEIU-West is very disappointed with how things have developed. "For the members who work in rural health care they have been really struggling with maintaining safe staffing levels for quite some time, even beyond the pandemic. The lack of staff simply exacerbates the problem that was already present."

As a union, Cape shared they have been advising members and supporting them through the collective agreement process and occupational health and safety rules and regulations that provide some relief. While those may not necessarily put more people in place, Cape explained when members of the union are working short staffed, it becomes more of a question of what is the work that they are not able to get completed. "It is not just one person every once in a while, it is every day. Every shift we are working short. There has to be a clear communication about the work that is not a priority that can be put off for another time."

Trying to relieve some of that workload pressure, Cape said they are talking with the Ministry of Health about how more people can be recruited and how the people who have the professional skill and institutional knowledge that keep facilities running can be retained.

"I had a conversation with a couple of folks from the Watrous and Lanigan area and my first question is, if we have LPNs, why is the service closed? Is it simply they can't recruit or there is a lag in recruitment. All of these things have been centralized within the SHA. The one to one local connections have been lost. We want that service reopened. Whether it is harvest or seeding time, we need that service in rural Saskatchewan. It is relied on by the community but it is relied on by the surrounding area. There is obviously a need and we need to reopen those acute services."

Once facilities like Watrous and Lanigan temporarily close their acute services, Cape said people have to find somewhere else to go. "Where do people go if they need that kind of help? They get shipped to Humboldt. Humboldt doesn't get more staff when they get more patients . . . the ripple effect goes far beyond (Watrous and Lanigan) and I think we need to address that."

Understanding the frustration in both communities, in addition to the latest job postings, SHA added the \$60 million Health Human Resources Action Plan recently announced by the provincial government will also take aim at recruiting, training, retaining and adding incentives for health care workers.

The plan will assist with addressing the staffing challenges that Watrous, Lanigan and other communities across Saskatchewan are currently facing. "As part of this action plan, the SHA hopes to recruit a number of permanent, full-time nursing staff from the Philippines. New, targeted incentives will also assist the SHA with recruitment from within Saskatchewan." stated SHA.

Doing their own recruiting through job fairs, advertising and putting a focus

behind recruitment, Cape added the union has also talked about partnering with the Ministry of Health, educational institutions and SHA on how to address the issues.

SHA said it too is exploring recruitment and retention incentives, engaging with the local physician group "to support facility staff and members of the community, and has a collaborative strategy with provider teams in the surrounding area with the intent to provide seamless care and opportunities for cross-functional support between teams in times of need."

Wanting to see the services fully restored, Cape said whenever there is temporary service disruptions it ultimately affects

everyone. "Everybody is trying to make up the service that people are looking for. When people find out that acute care is not available or lab services are not available, they are angry. They take it out on the staff and that is incredibly unfortunate because we don't get to make those decisions."

Wanting the public to know the unions hear them, Cape said, "The unions are trying to work with you and we feel just as angry as the community does. Please be kind and know we are on your side and we are advocating for better and improved services."

The Watrous Manitou also reached out to the Saskatchewan Union of Nurses but did not hear back as of press time.

## HALLOWEEN FOR HUNGER

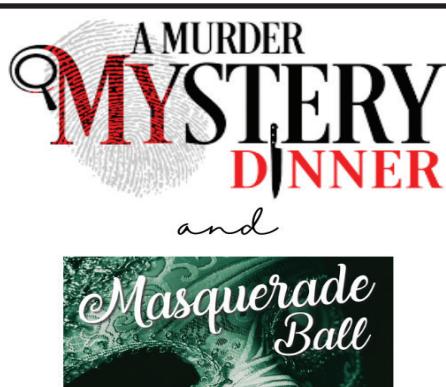


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