



Graphics By
**WATROUS
MAINLINE**
DESIGN • INSTALL • SERVICE

WE DO IT ALL, WE DO IT WELL!

306-946-3336 - COLBY

watrousmainline.com/VehicleWrapsandGraphics

M&M
Small Engine
SALES & SERVICE

**SNOWBLOWERS
AVAILABLE!**

Mark Herauf, Owner
306-917-7723

107-4th Ave. W. Watrous, SK
info@m-smallengine.com

The Watrous Manitou

MONDAY, JANUARY 23, 2023

WWW.TWMNEWS.COM

VOL. 90 NO. 6 • WATROUS, SASKATCHEWAN • \$1.25



New CDO looking forward to helping grow area

■ Daniel Bushman

With a passion for supporting community, knowing the value of tourism and understanding firsthand of what Watrous and Manitou Beach has to offer, the newest Community Development Officer for the Watrous Manitou Marketing Group is eager to see the area thrive.

Following a career in broadcasting, including nearly five years as a reporter with CJVR/Beach Radio in Melfort, Angie Rolheiser officially started as the Watrous Manitou Marketing Group's CDO Jan. 16. With WMMG's previous CDO Sarah McKen assisting Rolheiser as she adjusts into her new role, Angie shared she is very much looking forward to learning even more about Watrous and Manitou Beach. "I have always adored the Watrous/Manitou area. When I was reporting, I tried to cover events, projects, and organizations within the communities as much as possible. I felt it was this gem of the province that everyone needed to know about and of course, I still feel that way."

Following a busy first few days on the job, Rolheiser plans on absorbing all of the information related to her new position before setting her focus on getting to work and continuing the progress already made by WMMG.

Excited to return to familiar surroundings, Rolheiser knows the region well. Growing up in Bradwell and attending high school in Allan, Angie explained, "When the CDO opportunity came up, I thought, what a great way to get back closer to home, get involved with two communities that have always had my interest, and work alongside the local businesses that make those communities tick."

WMMG's Board Chair Lane Manson said they are thrilled to have Rolheiser on board. "I have known of Angie for a while with her having some connections to the area and I got to know about Angie more through the interview process. Some of the things I heard from her previous employer about how she elevated the radio station in Melfort and her community involvement really speaks to the things that are important for us as a community organization. Being a younger person with a family is really great as we have a lot of younger families in our community and we look forward to working with her as I know she is up to the challenge."

Already visiting and connecting with a number



Ready to roll

► Excited to see Watrous and Manitou Beach grow and looking forward to connecting with familiar faces and new ones, the Watrous Manitou Marketing Group's new Community Development Officer, Angie Rolheiser (above) is looking forward to her role. Growing

up in Bradwell and attending high school in Allan, Angie recently wrapped up a career in broadcasting including nearly five years as a reporter with CJVR/Beach Radio in Melfort.

photo by Daniel Bushman

of local businesses during her first week on the job with more stops in the near future, Rolheiser believes Watrous and Manitou Beach is a great place to visit. "Whether you're from the province or from out of the province, there is something for everyone here to see and do and the list keeps growing. I'm excited to see that growth continue."

Knowing there are a number of events and happenings that take place over the course of the

year, in previous years, Rolheiser has attended a number of them. Thinking about 2023 and what could be in store, she said, "Those that know me, know that I love to support community events. When I look at the amount of things that happen over the course of the summer at Manitou Beach each year, I get very excited at the thought of not only attending them but helping to share that information with others so they have a chance to be part of them and check them out."

MELRON SERVICES LTD.
Proudly serving Watrous and surrounding areas



708 4th Ave. E, Watrous, SK
306-946-2256

NAPA
AUTO PARTS

Call 306-946-6272
210 1st Ave. West, Watrous

Home hardware
building centre
306.946.3325

Everything to build anything



Simpson Centennial Centre reopens following extensive work

■ Daniel Bushman

After a tremendous amount of work and numerous hours invested in the project, as the ice was installed and lines painted, the doors officially reopened at the Simpson Centennial Centre. Welcoming people to the arena on the final day of 2022, they not only celebrated New Year's Eve but also the facility itself.

With the project led by the Simpson Centennial Centre Rink Board, a pleased board member and spokesperson Robert Oakes graciously shared about how the work went, the value of having the rink reopen and the importance of those involved with the project. **Why did the Simpson Centennial Centre need to be repaired?**

A new rink board led by President Matt Rintoul was formed in 2019 with a group of young people joining some of the previous members. From there we had an engineer come in and look things over making some recommendations.

Matt then made a few phone calls with the most important to Western Archrib. They were the company that originally designed the building in 1967. Western Archrib had the original blue prints still on file and were willing to build us a new rafter to replace the faulty one.

Needing someone to replace it, Matt contacted Jesse Dieno of Dieno Construction and with some sweet talking, he decided to give it a go. After a lot of time, measuring, phone calls and meetings, in December of 2022, Dieno started the work to replace the rafter. Following some very cold days of working up on the rink roof, work was completed in mid-December. All of the documents were then sent to SGI and insurance was reinstated on the building over the ice surface and flooding began.

When was the arena project officially completed?

With the ice in and lines painted, the doors opened the afternoon of Dec. 31 for the first official skate with



photos used with permission and by Robert Oakes and Daniel Bushman

approximately 25 skaters taking part. That was followed by an evening skate and New Year's Eve party with a good crowd attending.

What type of work was

conducted as part of the project?

Dieno Construction had to open up the roof over the faulty rafter and remove and replace the rafter from the outside.

Is there any work left to be done at the Simpson Centennial Centre?

Yes there is work that needs to be done. The rink board will be assessing things each year and doing necessary work to keep the building in top shape for years to come.

Were you able to access grants or funding for

the project and how much was the overall cost?

The rink was fortunate enough to be renting a quarter of farm land the past three years. During the first year we rented from Jim Alcock and the last two years from Crawford Acres. We will continue to farm the quarter from Crawford Acres to fund future projects. All work done on this land is done by volunteers and most of the inputs were donated. The overall cost of the repairs

was \$50,858.

How important is the facility to Simpson?

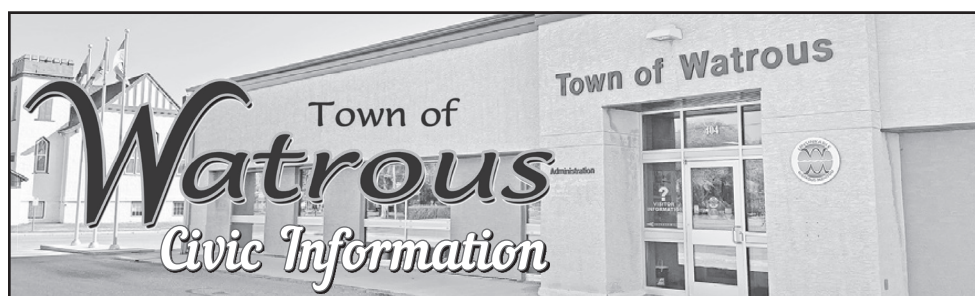
The rink is an important part of any small town and Simpson is no different. It was nice to see how excited the crowd was during New Year's Eve because people could go skating and use the ice again.

How integral have the volunteers been with the project?

A lot of volunteer hours went into this project. Matt Rintoul led the way with hours spent on the phone, arranging meetings and leading the project. The rink board consists of a lot of young people who were committed to getting the rink open and keeping it in tip-top shape for years to come.

Is there anything else you would like to add?

The rink board is very thankful that someone like Jesse decided to take on a project of this size. A Facebook page for Simpson Centennial Centre has been set up for people to follow what is going on at the rink. The ladies have been busy making their famous Simpson rink burgers so make sure you check the page regularly so you don't miss your chance at getting yours!



306-946-3369
townofwatrous.com

Town of Watrous
@watrousrecreation
@watrousRecreat1

TOWN OFFICE HOURS
MON TO FRI 8:30 AM - 4:30 PM
Closed for lunch: 12 - 1 PM

Transfer Station

WINTER HOURS

OCTOBER 1 TO MARCH 31

Tuesday & Thursday 12 noon to 4 p.m.
Saturday 10 a.m. to 4 p.m.

REACT Garbage Pickup: Monday
(excluding statutory holidays, then pickup will be Tuesday)

Fitness Centre f watrousfitness

Memberships are available to purchase at the Town Office.
DAY PASS: \$7.50
2 WEEK WEEKEND PASS: \$27.50
MONTHLY PASS: \$42.50

Free Walking Program

This free program is designed to allow for safe indoor walking and began at the beginning of October.

Monday to Friday 8:30 a.m. to 12 p.m.
Watrous Civic Centre 404 Main St.
Subject to facility availability.

Animal Control Information

Please note that the Town of Watrous has an Animal Control Bylaw that prohibits dogs/cats from running at large. In accordance with the Bylaw any dog/cat caught running at large will be impounded and a fine will be issued to the owner. It is your responsibility to clean up any defecation on public or private property.

Full bylaw is posted here:

www.townofwatrous.com/Bylaws.php

Council Meetings

Upcoming Council Meeting Dates:

January 23
February 6

Watrous Library Hours

Tuesday to Thursday:
11 a.m. to 7 p.m.
Saturday: 11 a.m. to 5 p.m.

Water Bill Schedule

JANUARY/FEBRUARY

mailed out in first week of March

MARCH/APRIL:

mailed out in first week of May

MAY/JUNE

mailed out in first week of July

JULY/AUGUST

mailed out in first week of September

SEPTEMBER/OCTOBER

mailed out in first week of November

NOVEMBER/DECEMBER

mailed out in first week of January

Email Consent...

...FOR MUNICIPAL NOTICES

The Town of Watrous offers municipal notices to be sent via email. Watch for a consent form in your next water bill. This consent form must be signed and returned to the Town Office in order to receive notices by email.

www.townofwatrous.com/office/PDF/Email%20Consent%20Form.pdf

PUBLIC MEETING FOR THE RESORT VILLAGE OF MANITOU BEACH

In light of recent events including the Oasis Project and The Drive-In at Manitou Beach, there will be a public meeting held at Danceland **January 25th at 7 p.m.**

All residents and ratepayers are invited. The Resort Village of Manitou Beach Council are encouraged to attend.

For Zoom access online, go to:

<https://us06web.zoom.us/j/85108766200>

Auction Notice

Retail Liquor Store Permits

A Retail Store Permit (RSP) allows a business to sell beer, wine and spirits in closed containers for off-site consumption.

The permits associated with the SLGA stores will be available through a public online auction beginning Feb. 6. The auctions are staggered and closing dates will vary depending when the auction began.

Please note that the auctions are for the interest to the permit only – it does not include any physical building or assets. Successful bidders will be required to meet SLGA's licensing requirements before receiving the permit.

For further information visit: www.slga.com.

Saskatchewan
Liquor and Gaming
Authority



We do the
dishes!

Pick up or delivery.

Call Pepper Tree
for your next meal.
306-946-3344

RCMP Report

Theft in Lanigan

Humboldt/Lanigan RCMP are investigating the Theft of a black enclosed trailer that was stolen from a business located at the north end of Lanigan. The theft occurred during the evening of Dec. 23, 2022 and the Humboldt RCMP and Crime Stoppers are seeking assistance from the public in identifying any suspects that may have been involved with this incident.

If you have information about this or any other crime, please contact Humboldt RCMP at 306-682-2535 or you may contact Saskatchewan Crime Stoppers anonymously at 1-800-222-TIPS (8477) or submit a tip online at www.saskcrimestoppers.com.

Illicit drugs seized, occupants charged after vehicle in ditch

On Jan. 7, 2023, at approximately 2 p.m., Yorkton RCMP received a report of a vehicle with two occupants in the ditch along Hwy. 10, east of Yorkton. Officers responded and investigation determined the vehicle and the licence plate were both reported as stolen in Regina.

When asked by police, a male occupant of the vehicle provided a false name. He and a female occupant also refused a police command to exit the vehicle. Both occupants were arrested.

As part of the ongoing investigation, officers searched the vehicle and located the following illicit substances: 42.6 grams of cocaine; 32.6 grams of crystal methamphetamine; 9.9 grams of fentanyl; 720 hydromorphone tablets; five grams of liquid concentrate cannabis; and five methylphenidate tablets.

The illicit substances were seized by police for further investigation.

As a result of the investigation, 25-year-old Crystal Fox, of Regina is charged with: one count, resist/obstruct peace officer, Section 129(a), Criminal Code; one count, Possession - Schedule I: fentanyl, Section 4(1), Controlled Drugs and Substances Act; and, one count, Possession - Schedule I: opioid, Section 4(1), Controlled Drugs and Substances Act.

Thirty-three-year-old Dustin Rusnack of Regina is charged with: three counts, resist/

obstruct peace officer, Section 129(a), Criminal Code; one count, possession of a weapon for a dangerous purpose, Section 88(2), Criminal Code; one count, possession of property obtained by crime under \$5,000, Section 354(1)(a), Criminal Code; one count, possession of property obtained by crime over \$5,000, Section 354(1)(b), Criminal Code; one count, possession for the purpose of trafficking - Schedule 1: fentanyl, Section 5(2), Controlled Drugs and Substances Act; one count, possession for the purpose of trafficking - Schedule 1: cocaine, Section 5(2), Controlled Drugs and Substances Act; one count, possession for the purpose of trafficking - Schedule 1: methamphetamine, Section 5(2), Controlled Drugs and Substances Act; and one count, possession for the purpose of trafficking - Schedule 1: opioid, Section 5(2), Controlled Drugs and Substances Act.

Rusnack was also ticketed for having, keeping or consuming alcohol in a vehicle, and arrested on warrants from Estevan Police Service for flight from police, dangerous operation of a motor

vehicle, and resist/obstruct peace officer.

As a result of further investigation, Rusnack was also charged in relation to a White Butte RCMP investigation on Jan. 6, 2023. At approximately 9 a.m. that morning, White Butte RCMP received a report of a suspicious vehicle in Pilot Butte. When the officer approached it, the male driver fled at a high rate of speed, colliding with a police vehicle and a garbage bin. No injuries were reported. Rusnack was charged with: Flight from peace officer, Section 320.17, Criminal Code, and Dangerous operation of a motor vehicle, Section 320.13(1), Criminal Code.

Three vehicle collision

At approximately 11 p.m. Jan. 13, Estevan RCMP responded to the report of a three-vehicle collision on Hwy. 47, north of Estevan. Initial investigation determined a vehicle was travelling southbound, when an adult male passenger attempted to gain control of the vehicle, causing it to stop in the middle of the road. A second vehicle, with one lone occupant, collided with the first vehicle. The adult male - who was injured as a result of the collision - then assaulted and attempted to rob the driver of the second

vehicle. The driver was treated at the hospital with injuries described as serious but non-life-threatening.

The male then armed himself with a shovel and made several attempts to stop and steal other passing vehicles. He climbed in the passenger window of one of the vehicles, which ended up in the ditch. Officers arrived on scene and told the male he was under arrest. The male did not comply and rushed at one of the officers and attempted to pull their conducted energy device from their uniform. Another officer deployed their conducted energy device. The male continued to resist and attempted to assault the officers, but was arrested a short time later. He was taken to hospital for treatment of the injuries sustained in the collision.

Hwy. 47 was closed for approximately two hours for initial response and investigation. As a result of continued investigation, 19-year-old Justice Guillas from Ste Marie, Man. is charged with: four counts, assault with intent to steal, Section 344(1)(b), Criminal Code; three counts, assault,

Section 266, Criminal Code; one count, resist arrest, Section 129(a), Criminal Code; one count, disarming a police officer, Section 270.1(1), Criminal Code; two counts, mischief under \$5,000, Section 430(3), Criminal Code; and one count, fail to comply with release order condition, Section 145(5)(a), Criminal Code.

Vehicle thefts Craik

On Jan. 17, 2023 at approximately 6:40 p.m., a vehicle was stolen from Davidson. The vehicle was parked in front of a local business and the owner left it running to warm up for five minutes before heading home. A male wearing a white hat stole the vehicle and was followed by another male in a white SUV. The stolen vehicle was dumped at the Coop cardlock in Craik where the first male jumped into the white SUV and it departed the scene.

Craik Rural RCMP believe the two suspects are still in the area and are advising the public to not leave your vehicles running unattended for any period of time and to lock them when not in use.

Police are seeking the public assistance in solving this crime.




McARTHUR
EST. 2018
AG VENTURES


Brennan McArthur
brennan@mcarthurag.com
306-230-9853

Mobile Seed Cleaning Kendall McArthur
kendall@mcarthurag.com • 306-419-5737

VARIETIES AVAILABLE

WHEAT CWRS AAC Starbuck	OATS CS Camden CDC Arborg
LENTILS CDC Simmie	BARLEY RGT Planet AAC Connect
PEAS CDC Inca AAC Chrome	CDC Austenson CDC Churchill AAC Synergy







FRESH. DELICIOUS. LOCAL.
Doughnuts, Buns, Bread,
Pastries and more!
Open Tuesdays to Saturdays
to satisfy your cravings!



WATROUS BAKERY AND COFFEE SHOP
305 MAIN STREET IN WATROUS • 306-946-3873

**MANITOU BEACH GOLF CLUB
AND MANITOU & DISTRICT
REGIONAL PARK**

**GOLF COURSE
SUPERINTENDENT REQUIRED**

This beautiful and challenging 9 hole grass green course is located just 5 KM north of Watrous, SK and adjacent to the popular Manitou & District Regional Park.

The superintendent participates and instructs in the supervision of employees, mowing practices, daily set up, irrigation and drainage and chemical and fertilizer applications. The superintendent is also responsible for the maintenance of all equipment.

A combination of experience and education in turfgrass management would be considered an asset. On the job training will be provided if necessary.

Position to start on April 1st, 2023
Please forward resumes by mail, fax or email by January 31st, 2023

M.B.G.C., Box 1122,
Watrous, SK S0K 4T0
Fax: 306-946-2999
E-mail:
scollins963@gmail.com




Please direct any inquiries to: Scott Collins at 306-946-8407

Watrous Branch Library

Tues-Thurs
11am-7pm

Saturday
11am-5pm



Afternoon's with Authors

**Every Saturday
at 2 p.m.**


**Starting
February 4th**

306.946.2244  [WatrousWheatlandRegionalLibrary](https://www.facebook.com/WatrousWheatlandRegionalLibrary)



Avril Reifferscheid
Broker
306-946-8520

Charlene Mattick
Realtor
306-535-2842



WATROUS

306-946-1010 • www.watrousrealty.com



WATROUS PHARMACY IS HIRING

Pharmacy Technician or Assistant
Temporary full time with potential for permanent employment

We're looking for a motivated individual, with great organizational skills who works well both independently and as part of a team. This position requires a professional attitude and ability to work well with customers and co-workers. Preference will be given to those with retail pharmacy experience.

Part-Time Sales Clerk
with potential for full time

We're looking for someone to provide outstanding customer service, maintain a clean, customer friendly environment, stock and merchandise products and operate the register. There will be plenty opportunity for growth in this position. The position requires long periods of standing, bending and reaching. Frequent lifting of smaller packages and occasional lifting of heavier items will be required.

TO APPLY: *Email: watrouspharmacy@sasktel.net*
Or drop off resume in person to Julie Morelli
Deadline to apply: February 10, 2023

Only successful applicants will be contacted for an interview.



Opinion



Letter to the Editor

Dear Editor,

I received an invite through the Village email for the public gathering being hosted by Vickie Clarke at Danceland on Jan. 25th. As did many other residents. I remain perpetually available to all ratepayers while serving in this role. The constituents however have not agreed to this kind of vulnerability of access through the village email list. I think very poor judgement was made using the breached village email list for this constituent's purpose and I've received many complaints about this. That list is a public asset and is in trust to the municipality. It was an accident when it was included in an office email in October.

I am not sure how to respond to this invite because there is no formal agenda and I'm not sure if I need to prepare or just attend.

This could be a great opportunity for the distribution of factual information in an environment of inquiry. The village newsletter is very important to me, because as a regular ratepayer at the beach I wanted the information that I felt should be made available to all. We work extremely hard on the newsletter, to forward as much info as possible. However not all publicly accessible information should be put in print and widely distributed. That does not make it unavailable however. Other avenues to share this need to be pursued.

It is at this point I would like to say that no one has ever approached council, in writing or in person regarding the issues I've been led to believe the host of the meeting wants to address. This is where the conversation should begin. And if you are not satisfied with the engagement or the response it is valid to reach out to the public and work on collaboration. Because this step is missing, my biggest concern is the distribution of accurate information.

I am not on social media and I don't need to be. The democratic forum is not social media, it's the legislated process that falls under the municipalities act. We have had two town hall meetings where people have been encouraged to attend and ask questions or share. This was never done before and we are very proud of it.

If I can address the Oasis project in particular, because I've been led to believe this is the hot issue for the meeting.

Those negotiations are confidential, which is agreed upon by both the developer and the municipality. There is no choice about breaking that confidentiality. But I will promise you that the best interest of the village was

(continued on page 12: LETTER TO EDITOR)



**Tips from
Reena Nerbas**

Soak a green scrubby pad in vinegar. Dip the wet sponge in baking soda and scrub the brown stains: the rust should quickly disappear.

Dear Reena,

Any suggestions for a cheap face mask that I can make at home? Kitty Bear

Dear Kitty Bear,

Here is a simple and cost-effective face mask using common products. Combine one tablespoon regular plain yogurt with one teaspoon soft honey. Apply to face and leave for seven minutes. Pat and rinse with a clean, hot washcloth.

Dear Reena,

What is the best way to store cheese to prevent it from going mouldy? Peter

Dear Peter,

Grating and freezing cheese will prevent it from becoming mouldy. If you prefer not to freeze cheese, buy a 350 to 400 gram slab of old or mild, especially when the cheese is on sale. I cut the slab into eight pieces and tightly wrap each piece with plastic wrap. The cheese keeps well and does not get mouldy because I only open one piece at a time. You can also store block cheese in Ziploc freezer bags, it stays fresher longer.

Hi Reena,

I have a "funky smell" when I open the door on the washing machine. Should I wash out the drum with vinegar and water? Any suggestions? Thanks, Gail

Dear Gail,

This is a common challenge with washing machines, often the doors to the machines are tightly sealed and moisture has no chance of escaping between uses. Thus, mould forms under the seal and within the mechanics of the machine. Keep the door open when the machine

Solutions and Substitutions

Dear Reena,

I am wondering if you know how to get rid of rust stains on the edge of my dinner plates. I use a dishwasher and most of the plates are Corningware. Sandy

Dear Sandy,

is not in use so that moisture can escape. Run one cup of vinegar and half a cup baking soda through the machine once a week to kill odours. Also, stop (if you are) using liquid fabric softeners, these tend to build up in the machine and produce mould.

As well, lift the seal and clean underneath with a paste of three percent hydrogen peroxide and Borax or toothpaste and an old toothbrush, you will be amazed at the buildup. Another favourite product for getting rid of the smell of musty machines is washing soda; you can find this in the laundry department of grocery stores. It is called So Clean by Arm and Hammer. This product is amazing at whitening and brightening fabrics, as a matter of fact, I like to add one-quarter cup to each load of laundry when I wash whites (it contains no bleaches or phosphates). Both Borax and washing soda are great for zapping odours. Also, take out your detergent drawer and clean any mildew with three percent hydrogen peroxide, baking soda and water.

If the problem remains, there may be a more serious problem such as a clogged hose or faulty or worn out machine parts. This requires snaking the machine and using hot water and chemicals to free any clogs.

Dear Reena,

How do you keep an individual pie crust from shrinking in the oven? I only have this issue when I bake one individual shell, not with multiple pies. Gwen

Dear Gwen,

After combining the ingredients to make pie dough, give it an adequate time to rest in the fridge for 30 minutes so that the gluten can relax. After rolling out the dough, give it another five minutes to rest. For pre-baking, use a fork to poke holes in the bottom of the crust. Fill the crust with dried beans before baking. Avoid baking pies in glass pie plates. Avoid overworking the dough and stretching the dough to fit the pan.

Note: Every user assumes all risks of injury or damage resulting from the implementation of any suggestions in this column. Test all products on an inconspicuous area first.

Reena Nerbas is a popular motivational presenter for large and small groups; check out her website: reena.ca. Ask a question or share a tip at reena.ca

**For Community Connection news,
see page six.**

**For Watrous Centre news,
see page 15.**

Fitbit 747 badge = climbing 4,000 flights of stairs



**Neighbourly advice
according to Ed**

*A spiritual column
by contributor
Raymond Maher
www.accordingtoed.com*

For many folks, a new year starts with a resolution to lose weight. I remember my winter fitness routine in Melville. I would head to the arena every other day to the walking track. Around the track, I trekked

a certain number of times each workout, along with trudging up and down the stairs several times for more exercise.

Recently I read that with a Fitbit bracelet, you receive a 747 Badge for the milestone of climbing 4,000 flights of stairs. This number is considered a lifetime achievement. I would like to know how many flights of stairs I climbed at the arena each winter through my years in Melville. Four thousand flights of stairs rise to roughly the altitude that 747 planes fly. My fitness now involves sweeping with my broom to keep up with and ahead of a curling

rock speeding on flat ice.

My physical fitness each year is my efforts to keep me from adding on extra pounds while shedding some of the ones I have stockpiled. I find it easy to gain weight and hard to get rid of it. Maintaining a healthy level of weight for me is a continuous challenge, and so is keeping a vigorous life of faith each year before God and others.

Any year it is easy to slip into a lifestyle that lacks energy and vitality. Often, we settle for what is most accessible or comfortable to us concerning our physical and spiritual health. If January suggests

renewed eagerness for a new year, we may be weary and burdened with barely enough enthusiasm for another day by May or September. Our best intentions get entangled in situations beyond our control.

We cannot know what or when our circumstances will change, but they will change, and often with the ability to make our plans go up in smoke. Any year Christians may fall into going through the motions when it comes to their church attendance and worship. We may honour God by what we say or sing at church, but our hearts may be distracted and far

from understanding and practicing God's word in our lives.

There is an interesting story concerning Francois Fenelon. He was the court preacher for King Louis XIV of France in the 17th century. One Sunday, when the King and his attendants arrived for the regular service, no one was there but the preacher Fenelon. The King demanded of him, "What does this mean?" Fenelon replied, "I had published that you would not come to church today. I did it so your Majesty might see who serves God in truth and who flatters the King."

King Louis of France

held great authority and people wanted to be seen by him at church. The King was powerful, wealthy, and influential in the eyes of the people. They were there at church to flatter him and to further their own interests. Flattery may be sincere or insincere. It seemed clear the people were phony towards God. They did not see God as powerful, wealthy, or influential as the King.

The Christian challenge is knowing that God sees the intentions of our hearts towards Him. God responds in unconditional love to both our sincere and insincere attitudes toward Him. God is love.

TWM
Est. 1933

Daniel and Kim Bushman, publishers and editors

Laurie Regier, typesetter/customer service
Alexandra Goodrich-Dengler, advertising/creative

The Watrous Manitou • Box 100 • Watrous, Sask. • S0K 4T0

Ph: 306-946-3343 E: twmadvisornews@gmail.com

Founded in 1933 by J.A. McGowan

Funded by the
Government
of Canada



Published Monday • 48 issues per year

Canada

\$0 postal codes:

1 yr: \$46 2 yr: \$79
3 yr: \$112

All non \$0

postal codes:
1 yr: \$56 2 yr: \$99
3 yr: \$142

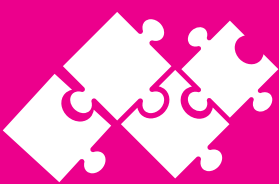
Online:

1 yr: \$39 2 yr: \$64
3 yr: \$89

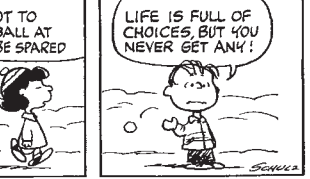
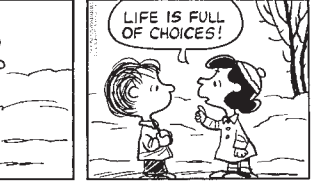
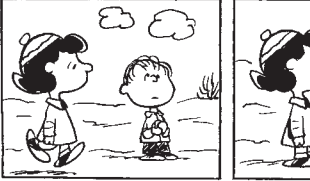
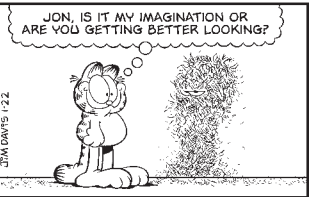
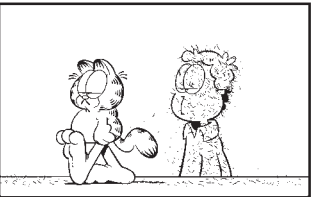
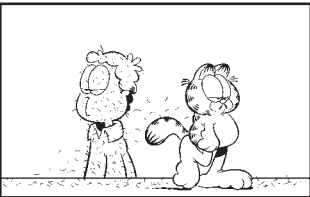
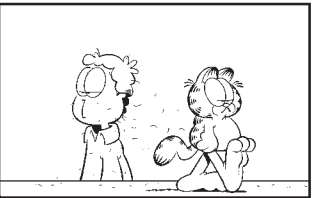
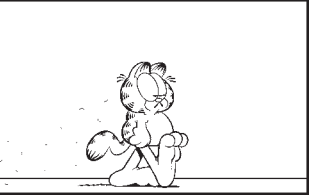
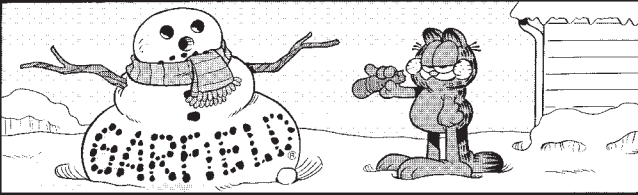
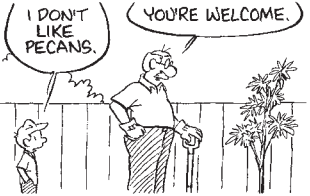
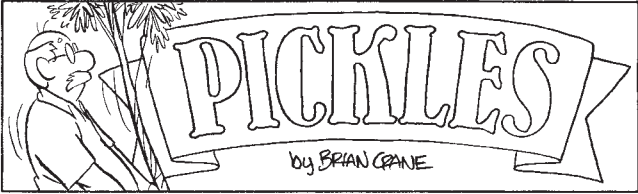
USA: \$143

(Prices include GST)

Editorial Policy: The opinions expressed on these pages may not be those of the Watrous Manitou. We reserve the right to edit commentaries or letters for libel as well as for grammar, spelling and length. All letters must include a name, address and phone number for verification purposes. No article, advertisement, or part thereof that belongs to the Watrous Manitou may be reprinted without permission.



Comics AND Puzzles



UNIVERSAL Sudoku Puzzle

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

3				1	5			
	2	1					9	8
4			9			5		
	1			5				
2				9				5
				2			3	
		4			3			2
9	5					6	7	
			5	4				1

DIFFICULTY RATING: ★★★★★



Get your muck boots and rubber boots from our Watrous Ag Centre!

Arctic Sport Muck Boots \$149.97 each
Rubber Boots 25% off

Contact us today! Proudly serving the communities of
Watrous (306-946-5511), Colonsay (639-207-7100), Hepburn (306-947-1000), and Saskatoon (306-933-3835).

Proud Sponsor of the Comics and Puzzles

Universal Crossword

Edited by David Steinberg January 22, 2023

- ACROSS**

1 Sherpa's starting point

9 Performed in a movie

14 "Lay it on me"

16 Good, to Galileo

17 Stops freaking out

18 Bonnie's partner in crime

19 Boxer Muhammad

20 Pagan practice

21 Big Indy 500 sponsor

22 Deliver some notes?

24 Stooge hidden in "British Empire"

26 Italian for "Later!"

29 Plant-based cereal brand

31 "Fancy-schmancy!"

33 Incredulous question

38 "Fingers crossed!"

39 Concert promoter's goal

41 Itchy skin conditions

42 Name that anagrams to "Diana"

46 Oldest Bridges brother

47 Piece of property or propaganda

52 Credit, as a source

53 Mega Men multivitamin seller

55 Allen of the Green Mountain Boys

57 "Psych!"

58 Top-tier

60 Instant when you figure out a puzzle's theme, say

62 Thin cookie

63 Opinion holder with no backing

64 Over-the-top

65 Like less-than-ideal relations

DOWN

1 Request not made lightly

2 Kid lit's Bedelia

3 Lustrous fabrics

4 First letters of "Lloyd"

5 Bear's toenail

6 Protection, or Athena's shield

7 Walk like a soldier

8 \$0.25, say, for a gumball

9 Fundamentals

10 "The Rocky Horror Picture Show," for one

11 Child's keyboard

12 Last command in a BASIC program

13 Female deer

15 Inundate with emails

23 Paranormal investigator

25 Momma's man, maybe

27 Ginger (fizzy drink)

28 Horse's bit?

30 Like an occupied lavatory

32 "Get Here" singer Adams

34 Body part that's flicked

35 Certain chicken or lobster

36 Satisfied sighs

37 From head to

38 "I'm pretty amazing at that"

39 "Don't go anywhere," in a text

40 Abu Dhabi's locale: Abbr.

43 Takeout alternative

44 "Stat!"

45 Made after taxes

48 Authentic

49 Oldest Musketeer

50 22-Across like a monk

51 Less wild

54 Michael of "Life & Beth"

56 Starburst?

58 Sheep such as Dolly

59 Opposite of strict

61 Me, to Miss Piggy

FOR ANSWERS TO SUDOKU AND CROSSWORD, SEE PAGE 15

© 2023 Andrews McMeel Universal
www.upuzzles.com

1	2	3	4	5	6	7	8		9	10	11	12	13
14							15		16				
17									18				
19				20					21				
22			23		24			25		26		27	28
29				30				31	32				
			33		34	35	36	37					
			38										
39	40												
41									42		43	44	45
46					47	48	49	50	51		52		
			53		54		55			56		57	
58	59					60					61		
62						63							
64							65						

PLUNKETT

Deloris Wilson (Sutherland) • 306-944-4852

Visiting us were Marge Haynes and her son Lavern.

I, Deloris, was in the Humboldt Hospital for one week.

Sympathy to the Farago family on the passing of Edna Farago.

We heard from Lesley Tayfal from Cochrane, Alta., formerly from Plunkett, that his wife Pat had heart

surgery.

Armand Clavelle's store in Viscount has been sold, so our town will still have a store.

Dennis and Leona went to Meadow Lake to visit family.

Sorry to hear Henry Pray passed away. Sympathy to his family. He was from the Golden Acre district.

YOUNG

Pat Bryson • 306-259-4860

The coffee is on at The Big Rock Inn. New manager Kathy Regush says she is excited for this new venture and is looking forward to serving the community. Betty-Ann Tallon is here for a few weeks giving her a hand.

The Western Canadian Crop Production Show Jan. 9 to 13 in Saskatoon was popular and well attended, as the rows and rows of pickup trucks in the parking lot at Prairieland Park indicated. I asked a farmer friend if he went; he did indeed. Between searching out the booths for products he wanted to

see, networking with fellow producers and visiting with farmer friends, it was a full day. I quizzed him about any new advancements or technology that stood out for him. Not new, but newer, is the interest in soil health. The new technology that really caught his attention was the weed seed destructor (by Redekop), a weed control attachment for your combine. This is an intriguing idea, as controlling weeds in farm fields is an annual challenge, especially with more weeds becoming resistant to herbicides.

The community and area send their

condolences to Bernice Dengler, children Rick and Keith and their families, on the passing of Richard. He was a much loved husband, father, grandpa, great-grandpa and friend to all. May it help in some small way to know that loving and caring thoughts are sent to you today.

No gorgeous sunrise for me this morning (Jan. 17). Fog for as far as the eye could see - or not see, in this case. If it is true that rain follows fog after 60 days (or 90 days, depending who you talk to) our rain gauges will be full this spring.

Enjoy your week!

VISCOUNT

Sandra Reid • 306-227-1193

The month of January has seem to flown by us extremely fast, spring is on the way! Even though I do not mind the winter months with the beautiful white covered ground and snow hills piled around the town, it will be nice to see the green grass.

The community centre has been the place to be this month, with a few hockey games that have happened.

The seniors are still enjoying coffee every Monday, Tuesday, Wednesday and Thursday morning. Monday afternoon everyone can come out and enjoy coffee, pool and cribbage.

Monday, Jan. 16 was enjoyed by five ladies at the Viscount library who chatted away while joining squares to make blankets for Blankets for Canada. We received over 780 squares, both knitted and crocheted from the Davidson area. What a delight to see these beautiful squares! If they were all made into adult blankets, we would have 16, if they were made into youth blankets, we would have 22, or if they were made into baby blankets there would be enough for 31. We greatly appreciate the donation from the Davidson area, as well as all other donations that we receive.

The Viscount library just received its new Book Club book. It is a novel by author Amy Meyerson called The Bookshop of Yesterdays (part mystery, part family drama, part a bookstore lover's dream and then more). Should be a fun read! For more information on Blankets for Canada or Book Club please call or text Evelina at 306-281-8196.

Best wishes to anyone who is under the weather. I hope you feel better soon. Have a great week, enjoy the outside air when and if possible.



►Two blankets were made by the Viscount Chapter of Blankets for Canada. They have been passed on so hopefully they are keeping someone warm.

photos submitted by Sandra Reid

EMPLOYMENT OPPORTUNITY RM OF USBORNE NO. 310

The Rural Municipality of Usborne No. 310 invites applications for a qualified Administrator to cover the 1-year maternity leave of the current Administrator, effective **April 1st, 2023**.

The office is located in the Organized Hamlet of Guernsey, Saskatchewan, 12 km west of Lanigan and approximately 110km east of Saskatoon on Hwy. 16 in the heart of potash country. The municipality is home to Nutrien Lanigan, Canpotex Rail Car Facility, and several aggregate companies including LaFarge Canada. It is governed by an active hands-on council consisting of 6 divisions. A benefits package, municipal employees' pension plan, and competitive salary will be offered in accordance with qualifications and experience.

Applicant should possess the following qualifications:

- Rural Class "C" Certificate or higher Certificate in Local Government Administration, but other combinations of qualifications may be considered.
- Strong communication, personable and organizational skills.
- Experience with Office, Munisoft and paperless meeting software.

Interested candidates are invited to submit a detailed resume including qualifications, past and present work experience, three work related references, and wage expectations by **February 15th, 2023**.

If you require more information, please contact the municipal office.

Rural Municipality of Usborne No. 310
Box 310, Lanigan, SK S0K 2M0

Ph: 306-365-2924 • Fax: 306-365-2129

Email: rm310@sasktel.net

Council wishes to thank all applicants; however, only those selected for an interview will be contacted.

COLONSAY

Irene Gray • 306-255-2775

Beryl Wieler spent a few days visiting Brian and Elsie Beggs at Candle Lake.

John and Joan Cranch from Saskatoon visited Barry and Merilyn Kirk Jan. 9.

Vicki Wieler from Sas-

katoon visited Beryl Wieler Jan. 11.

Sympathy to the Alma Deibert family from Humboldt on the passing of her husband Emile Jan. 6. Emile and Alma (Brochu) both grew up in Colonsay.

An exciting time at the

Wendel Clark Bar & Grill in Saskatoon when Wendel made a visit to it. There were lots of pucks, jerseys, a truck and even a seat from the Maple Leafs Garden were autographed by Wendel.

Get well wishes to Collette Stack who had surgery Jan. 13. Collette is our postmistress.

Donna Beres from Saskatoon visited Joan Campbell Friday, Jan. 13.

Congratulations to Brayden and Kelsie Buckingham on the birth of their son Archer Brayden Jan. 6. Proud grandparents are Gord and Lori Buckingham and Kevin and Tammy Isaacson.

It was great to see the

rink so busy Friday, Jan. 13 and Saturday, Jan. 14. There were lots of hockey fans for the two tournaments.

The third Monday of the month Jan. 16 marked Blue Monday. Considered to be the saddest day of the year, it is a heavy time for some. Reach out to family, friends and colleagues to make connections to brighten their day.

It was nice to be able to watch teams participate in the Canadian Open Curling in Camrose, Alta.

Be thankful for our friends true and skies above that are so blue. And for the blessings all the way that we enjoy from day to day.

WATROUS SALVAGE



now offers
tractor repair
service.

Call Joe: 306-946-2222

Subscribe or
renew
The Watrous Manitou
online at
www.twmnews.com



Taking top spot

►The Winston Wildcats Senior Boys basketball team recently competed in a tournament in Dalmeny where they not only found success but at the end of the Jan. 14 event, returned home with gold. Coach John Koupantsis said the contingent opened the tournament with a 62-36 win over Biggar followed by a 70-45 victory against Dalmeny. In the final, Watrous took on Lumsden and

with Glen Rivera (17 points), Charlie Pilling (14 points) and JeMar Brockman (13 points) leading the way, the Wildcats won 70-43. “The defence was outstanding, offence was clicking and the shots were falling,” shared an excited Koupantsis. “It was a great weekend for the team and we had contributions from all players.” The Wildcats will be at home hosting a tournament of its own Feb. 3 and 4.

photo used with permission



Setting up for success

► On Jan. 15th, the WVC UI3 volleyball club headed to Prince Albert to attend the PA Optimist Toppers UI3-UI4 tournament. With games taking place all day Sunday, the Watrous contingent competed hard, serving up a successful day with head coach Renee Campbell leading the team to a third place finish out of 10 teams in

WVC’s age division. Pictured back row (left to right): head coach Renee Campbell, Julia Saunders, Kellie Campbell, Bella Abrey, Abbie Schindel, Reilly Huisman, and Ashlynn Coward. Front row (left to right): Ava Morelli, Makenna Wingrove, Amy Campbell, Jaylynn Terry, and Natalie Bushman. Not pictured: Jodi Abrey.

photo by Daniel Bushman

Winterhawks host Flyers

■ Daniel Bushman

With three home games left before the end of the Long Lake Hockey League regular season and a chance to take aim at a few wins, the eighth place Watrous Winterhawks hosted the sixth place Foam Lake Flyers Jan. 17.

Welcoming back familiar face Woody Klassen to the Watrous lineup, the team deployed Adam Dmyterko in net while the visitors started Bradely Sentes between the pipes.

In the opening frame, Foam Lake struck first, with 14:44 to go, as Austin Calladine made it 1-0. Teams then traded markers later in the period as Zach Zadorozniak hit the back of the net for the Flyers while Gage Helm

tallied for Watrous and it would be 2-1 Foam Lake after 20 minutes.

Heading into the second period, the LLHL point leader Travis Mayan connected less than five minutes into the middle stanza before Watrous replied a few minutes later to keep it a two goal difference. Looking to get to within one, the Winterhawks pressed but it would end up being the Flyers scoring the remainder of the markers in the second.

With 20 minutes remaining in the game, Watrous took aim at making a comeback but were only able to score once, with 10:25 left, and at the end of 60 minutes, would fall 7-3.

The defeat left Watrous in eighth in league standings,

eight back of Lanigan. The Winterhawks were slated to host Drake Jan. 21 in a make up game from earlier in the year and then take on the Pirates Jan. 28 in their final home contest of the regular season.

Leading the way for Watrous on the score sheet this season is Dylan Smith, registering 11 goals and eight assists for 19 points in eight games. He was followed by Wyatt Johnson who has three goals and 14 assists for 17 points in 11 contests.

Meanwhile, in SHA Senior Hockey Provincials, a handful of local teams are competing. In Senior A, LeRoy faces Loreburn while Drake receives an opening round bye before meeting Kindersley. In Senior C, Davidson takes on Kenaston.

Canucks host Pirates

■ Daniel Bushman

As both clubs began 2023 finding the win column, the Drake Canucks hosted the Lanigan Pirates Jan. 14 in Long Lake Hockey League action.

With the Canucks three points up on the Pirates for fifth heading into the contest, Drake hit the back of the net first courtesy of a Cam Blair marker. Up 1-0, the home crew added a second during the opening frame as Andrew Johnson scored from Cam Blair and Eric Roy with 8:03 remaining. Leading by a pair, the Canucks connected with a third, this time with 5:41 left as Catlin Gusikoski scored from Dexter Gusikoski and Maguire Scheidt. Before the opening 20 minutes expired, Johnson added his second of the game and heading into the middle stanza, Drake carried a 4-0 lead.

In period two, Lanigan began to chip away at the deficit, scoring less than three minutes into the frame as Zach Garrett connected from Korwin Shewchuk and Dallas Dufault. Then just over a minute later the Pirates made it 4-2 as Josh Bly found the back of the net and goalie Mack Shields chipped in with the lone assist.

Looking to gain back momentum, and with the power play, Drake scored with seven minutes to go as Steven Toporowski pushed the Canucks back up by three. Shortly after that marker, Maguire Scheidt added his second of the game from Johnson and Drake restored its four goal lead. Up 6-2, the Canucks headed into the third hoping to preserve its lead while the Pirates took aim at mounting a comeback.

With 15:18 on the scoreboard, Lanigan’s Korwin Shewchuk collected his first of the game and second point as the Pirates beat netminder Mason Briske. While the team tried to quickly add another, it would not be until 4:27 to play when Lanigan’s Riley Funk scored to make it a 6-4 contest. Despite the Pirates collecting two third period goals, with 29 seconds remaining Drake would secure the victory as Maguire Scheidt notched his second marker of the game and the Canucks skated away with a 7-4 win.

The win, the fourth in a row for the Canucks, pushed the team’s record to 7-6-1 for 15 points, one back of Wadena and two behind LeRoy for third. Lanigan meanwhile dropped to 5-9 for 10 points, one back of Foam Lake heading into this past week’s games.

Drake was scheduled to face Davidson Jan. 18 and Watrous Jan. 21 while Lanigan headed to Wadena Jan. 20 and hosted Davidson Jan. 21.

In the Jan. 18 game between the Canucks and Cyclones, teams each collected power play markers in the first frame but Davidson would take a 3-2 opening period advantage. With goals by David Stumborg, Drake added another in the second by Cam Blair while Davidson countered with four more tallies, including on the power play to lead 7-3 through 40 minutes. Entering the third, Davidson scored early before the Canucks collected a trio of markers, two from John Lawrence and one from Terrell Draude, but the Cyclones would close out the contest with two more goals during the third stanza to win 10-6.

Purchase a 2023 calendar featuring the local area!

\$20 plus tax

\$5 from every calendar sold will be donated to the local food bank.

To buy your calendar, stop by **The Watrous Manitou** at 309 Main Street in Watrous.

TWM can also ship calendars to you. Contact us at **306-946-3343** or email **twmadvisornews@gmail.com**.



2023 Guide to POST-SECONDARY EDUCATION

Written by the University of
Saskatchewan

Taylor says finances were a significant concern and the cost of relocating to a major centre was simply not possible. The College of Nursing's Learn Where You Live model removes these barriers for approximately 450 nursing students in communities



Photo submitted by University of Saskatchewan.
**University of Saskatchewan Nursing Graduate Taylor Fulawka
 (BSN'22) at Spring Convocation.**

Smaller centres face special challenges in recruiting and retaining health-care pro-

When nursing students complete their degree in rural and northern communities, most graduates stay and practice there. Saskatchewan's rural

Taylor felt called to the profession of nursing when Taylor's

Our province and the world needs nurses like Taylor, who are smart, talented, and want to be there for

For more information about USask nursing programs, please visit nursing.usask.ca.

USASK NURSING

LEARN WHERE YOU LIVE

Earn your entire Bachelor of Science in Nursing degree in SIX locations in Saskatchewan.

1+3 PROGRAM

1 PRE-PROFESSIONAL YEAR
3 YEARS NURSING EDUCATION

Take your career to the next level with USask Nursing graduate studies.

- MN
- NP
- PhD

All programs delivered **ONLINE.**

APPLY NOW FOR SEPT 2023

NURSING.USASK.CA

UNIVERSITY OF SASKATCHEWAN
College of Nursing
NURSING.USASK.CA

f t @

NEWSPAPERS

Build Literacy

Expand Minds

Educate Students

Inspire Achievement



2023 Guide to POST-SECONDARY EDUCATION



Medicine Hat College Takes You From Classroom to Career

Written by the Medicine Hat College

Saskatchewan highways and high schools are a familiar sight for Landon Heilman. As the student recruitment coordinator for Medicine Hat College (MHC) he’s travelled extensively throughout the province over the years, meeting with students and high school counsellors and sharing all that MHC has to offer.

As a comprehensive community college in sunny Southeast Alberta, MHC is focused on unique student pathways and programs that help learners reach their educational goals. From certificates, diplomas and degrees to university studies and apprenticeship training in the areas of health care, community services, business, education,

science, arts, trades and technology, there really is something for everyone.

- Consider a rewarding career as a health care aide, improving the lives of those in hospital or living in a care facility or pursue degree options in nursing or paramedicine and

mation or engineering technologist.

- Expand your business acumen and specialize in accounting, administration, marketing, management or financial services, or explore exciting new specialty programs in Sport & Event Marketing and Management,

design, or start your education with a variety of university studies programs in arts and sciences that build a solid foundation for degree completion elsewhere.

Small class sizes across our programs create more opportunities to engage and build relationships; while work integrated learning provides real world experiences. Flexible delivery options help students balance school and life. Dedicated faculty and staff know you by name.

From application to graduation, MHC strives to be a leader in student support by offering exceptional services and a personalized approach that builds confidence and trust. Academic advising and coaching, writing support, personal counselling, accessibility services, tutoring,

and career services are all available to MHC students, while a brand new fitness centre and Indigenous gathering space provide opportunities for health, wellness and cultural growth.

Speaking from experience as a former student in MHC’s School of Business, Heilman is passionate about supporting future students on their own path to post-secondary.

“The best part about being a student recruiter at MHC is the opportunity to have a meaningful impact in people’s lives. Being a source of encouragement for someone to take the first step in achieving their educational goals, and then getting to see them walk across the stage during graduation, is my favorite part about my job.”

With all the amenities of a larger centre plus the feel of a small town, there’s lots to love about “The Hat.” Enjoy the natural beauty of the region with the city’s extensive trail system, parks and golf courses, and easy access to Cypress Hills Provincial Park and the Canadian Badlands. Medicine Hat also boasts a vibrant arts and entertainment scene featuring exceptional musical talent, sporting events and festivals, and unique local coffee shops, pubs, and retail stores.

Join us for Open House on Saturday, March 4 and discover MHC! Visit mhc.ab.ca for details or call 1-866-282-8394 to book a tour or appointment.

With all the amenities of a larger centre plus the feel of a small town, there’s lots to love about “The Hat.”

benefit from access to state-of-the-art simulation training.

- Gain hands-on training through a wide variety of apprenticeship programs including automotive service and welding, or build sought after skills as an infor-

Sustainable Innovation, or Service Dog and Caine Management Studies.

- Become a teacher in our collaborative Bachelor of Education program, discover your creative side with an applied degree in art and



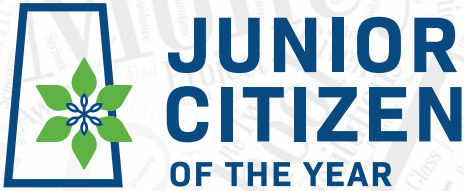
CAREERS START HERE.

WWW.MHC.AB.CA


- / PARAMEDIC
- / NURSE
- / ENVIRONMENTAL TECHNICIAN
- / PHYSICAL THERAPIST ASSISTANT
- / HEALTH CARE AIDE

NANCY
University Studies: Science







JUNIOR CITIZEN OF THE YEAR



2023 JUNIOR CITIZEN OF THE YEAR SCHOLARSHIP

CALL FOR NOMINATIONS



For over the past four decades The Saskatchewan Weekly Newspapers Association, in partnership with SaskPower and the Lieutenant Governor of Saskatchewan, have recognized the youth of Saskatchewan through the Junior Citizen of the Year Award.

These prestigious awards are given to youth who:

- Have a positive lifestyle
- Have had the ability to overcome life’s challenges
- Have a strong sense of caring and responsibility
- Are dedicated to community and school
- Inspire others
- Are between the ages of 8 to 18

This year four deserving youth will receive a **\$3000 bursary**, provided by SaskPower, to use towards their post-secondary education. Someone you nominate could be one of them.

Visit www.swna.com for further information and nomination forms
Nominations close March 31, 2023

2023 Guide to

POST-SECONDARY EDUCATION

Learning at Carlton Trail College from a student's perspective

■ submitted by Carlton Trail College/reprinted with permission from CTC's annual report

If you've ever wanted to accomplish something major, you know that getting started can feel daunting. For Kellen Dreger, learning how to 'eat an elephant' helped her put her goal of completing Carlton Trail College's Practical Nursing program into perspective. Shared by an instructor, the metaphor stating 'there is only one way to eat an elephant, one bite at a time' helped Kellen understand that her goals could be achieved by taking on just a little at a time.

Balancing an intensive training program, family and life with a new baby forced Kellen to be disciplined and to set specific and realistic goals. While she admits there were 'growing pains' as classes were forced to adjust to remote learning methods during the pandemic, the support of her program instructors and fellow classmates provided her with the feedback, encouragement and drive to

continue with classes.

For instance, while some clinical placements were postponed due to the pandemic, virtual reality platforms provided a safe, alternate learning experience for students. Having recently experienced a significant health concern with another child, Kellen deeply appreciated the opportunity to first address pediatric learning scenarios in a secure space, providing her with the confidence to take on a variety of situations as her program progressed. Although virtual reality cannot replace hands-on experience, Kellen found the College's virtual approach a positive introduction to what she would likely encounter on a clinical placement.

A recipient of Carlton Trail College's *The President's 'Courage to Grow' Scholarship* in 2020, Kellen shines as an example of what one can do - when you're not afraid to eat an elephant! Kellen is currently employed at St. Paul's Hospital in Saskatoon, Saskatchewan.

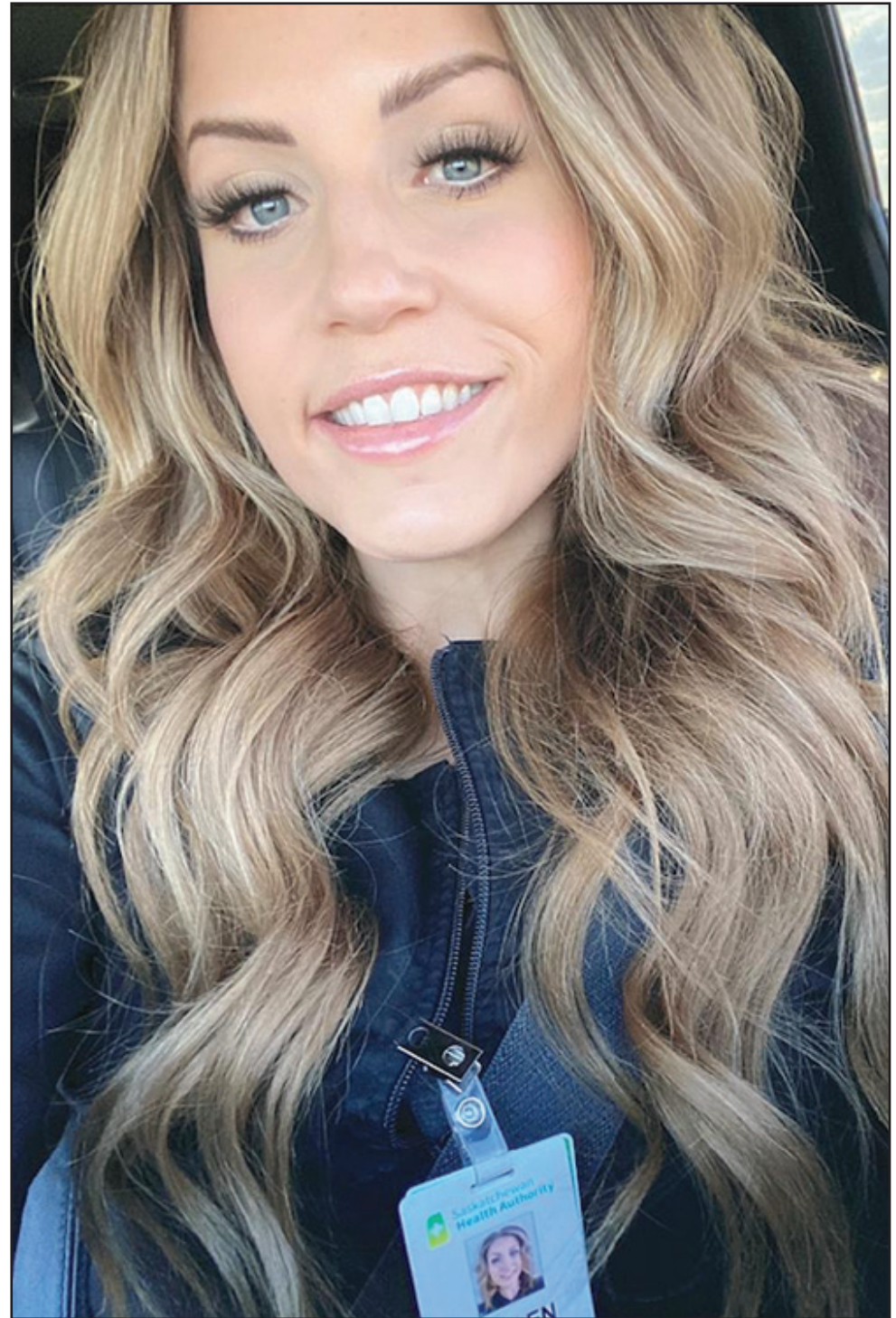


photo courtesy CTC

Carlton Trail College.

**New Programs
Added!**

**Expanded
Healthcare
Offerings!**

**Training for
In-Demand Jobs!**



**AGRICULTURE SCIENCES
OFFICE ADMINISTRATION
SUPPORTIVE CARE ASSISTANT
CONTINUING CARE ASSISTANT
PRACTICAL NURSING
PRIMARY CARE PARAMEDIC
EARLY CHILDHOOD EDUCATION
SECURITY OFFICER
ELECTRICIAN
INDUSTRIAL MECHANICS
WELDING
HEAVY EQUIPMENT OPERATOR
TRUCK DRIVER TRAINING - 1A**

We offer preparation and training for a wide variety of in-demand jobs.

Hundreds of students have successfully achieved their goals with help from Carlton Trail College.

**YOU CAN TOO!
APPLY TODAY!**



CarltonTrailCollege.com

Carlton Trail College.

Call For Applicants

Board of Directors

Carlton Trail College is seeking Expressions of Interest from individuals within the east-central region that have a diverse mix of expertise, experience, skills and backgrounds.

Candidates are invited to submit a cover letter and resume to:

Carlton Trail College
Attention: Board Chairperson
board@carltontrailcollege.com
Box 720, Humboldt, SK S0K 2A0

APPLY BY FEBRUARY 8, 2023

For more information, go to www.carltontrailcollege.com/work-for-us or contact President & CEO, Amy Yeager at 306.685.6865



For Your Business

Business Cards ♦ Envelopes ♦ Signage
Invoices/Receipts ♦ Labels ♦ Gift Certificates
Logo Design ♦ Brochures ♦ Menus

For Your Family

Family & History Books ♦ Customized Calendars

For Your Events

Posters ♦ Tickets ♦ Large-Format Posters

All designed and customized to meet your needs and budget!

Also....

Printing ♦ Faxing ♦ Laminating ♦ Photo Printing ♦ PAL photos

BUT WAIT! BEFORE YOU GO TO SASKATOON...

We have that...or we can get that!

WE CAN CUSTOM ORDER...

Paper ♦ Books ♦ Envelopes ♦ Office Supplies ♦ Day Planners ♦ Receipt & Invoice Books
Office Accessories ♦ Customized Rubber and Self-inking Stamps ♦ & MORE!



twmnews.com
306-946-3343
twmadvisorsales@gmail.com

MORE THAN JUST
YOUR SOURCE
FOR LOCAL NEWS!

“Notices Classifieds”

AND

In memory



ROY JONES - 1950 - 2022:

Remembering you is easy
we do it every day.
Missing you is a heartache
... that never goes away.
- Love always margaret, Rhett, Nicole, Vaughn, Darlana,
Calder, Bryar, Blayk, Brynlee, Brooks and Beckam.

SCHUMACHER - Lena, who passed away Jan. 26, 1992:

Along the road of suffering
You found a little lane
That took you up to heaven
And ended all your pain.
You may be out of sight
We may be world's apart
But you are always in our prayers
And forever in our hearts.
Mom,
It's hard to forget someone who gave us so much to re-
member.
- Love your children, Linda, Betty, Nick and families.

NOTICES

APPLICATION FOR LIQUOR PERMIT

Under the provisions of *The Alcohol and Gaming Regulation Act, 1997*

Notice is hereby given that 102085220 Saskatchewan Inc. has applied to the Saskatchewan Liquor and Gaming Authority (SLGA) for a Retail Store Integrated permit to sell alcohol in the premises known as Viscount Liquor Store at 401 Bangor Ave, Viscount, SK S0K 4M0.

Written objections to the granting of the permit may be filed with SLGA not more than two weeks from the date of publication of this notice.

Every person filing a written objection with SLGA shall state their name, address, and telephone number in printed form, as well as the grounds for the objection(s). Petitions must name a contact person, state grounds and be legible. Each signatory to the petition and the contact person must provide an address and telephone number. Frivolous, vexatious or competition-based objections within the beverage alcohol industry may not be considered, and may be rejected by the Saskatchewan Liquor and Gaming Licensing Commission, who may refuse to hold a hearing.

Write to:
Saskatchewan Liquor and Gaming Authority
Box 5054, Regina, SK S4P 3M3

SERVICES

A HEAD OF STYLES, 310 8th Ave. E., Watrous. Certified barber. Hair cutting, styling, colour, perm, waxing and eyelash dying. Ph. Barbara McDonald 306-946-8464 for appt./3tfc

ROD BURKITT CUSTOM GRAIN HAULING. Ph. 306-946-7601 or 306-946-7431./44tfc

SERVICES

LONG LAKE TRUCKING, Imperial, Sask. Custom hauling of hay. Ph. cell 306-567-7100./48tfc

HOPE FLOATS SERVICES. Field diagnostics in disease and insects; spray drift and hail insurance analysis; feed test probes and ration balancing; business planning and rotations. Please call 306-946-8107 (cell)/.44tfc

WINE GLASSES FOR RENT. Over 600 - 6 1/2 oz. glasses. Also 360+ 8 oz. stemmed glass water glasses. Call Dance-land. 306-946-2743 or 1-800-267-5037./3tfc

WANTED

WANTED: Rock rakes, rotary rock pickers, tub grinders, MF #36 discers, square balers, dead tractors. Any condition. Ph. 306-946-7923./3-16p

FOR SALE

HOPPER BOTTOMS!! 14' double skid \$4,395; 18' and 19' triple skid \$8,675; painted inside. Inverted-U air, or tube air available. Other sizes and special orders up to 24'. Delivered to your farm. Free use of bin crane. Crew available. Ph. 306-946-7923./3-16p

FIREWOOD FOR SALE. Jack pine cut and split. Ph. 306-365-2599./44tfc

Get excellent results with a classified word ad. Place yours today.

REAL ESTATE

ACREAGES FOR SALE west of Young. MLS® SK903805 Allan-Mayer Farm listed at \$419,900. 24.62 acres. 5 bedrooms, 2 bathrooms, 1,692 sq. ft. bungalow, 40' x 60' metal clad shed/workshop. MLS® SK911514 Allan SE Acreage listed at \$379,900. 17.66 acres. 4 bedrooms, 2 bathrooms, 22' x 28' double detached garage, 52' x 60' heated workshop, 18' x 36' outbuilding for storage. Call Ed Bobiash at RE/MAX Saskatoon 306-280-2400 or visit saskfarmland4sale.com for more information./45tfc

FOR RENT

YOUNG HOUSING AUTHORITY has one bedroom senior units for rent. Rent is based on income and includes energy, water and sewer. Lawn care and snow removal is also included. Please call Velma at 306-946-8199 for more information./4-3c

ONE OR TWO BDRM APARTMENTS in Watrous. Please call for availability. Ph. 306-946-7505./44tfc

LIVESTOCK EQUIPMENT

LIVESTOCK EQUIPMENT: 24' windbreaks \$985; 24' panels \$450; 24' panels with 12' or 14' gates \$725; bale feeders: single \$975, double \$1,525, triple \$1,975; 30' silage bunks \$1,475; 16' barn panels \$270, 12' with 4' gate \$295, 15' alley \$1,675. Can deliver, leasing available. Ph. 306-946-7923./3-16p

(from page four: LETTER TO EDITOR

always considered. We know that development is an important part of any community and our economy. But not development at any cost. Council is very aware of the opportunity before us. It is interesting that the outcome bias I see from this ratepayer is that council failed. Not the developer, but council. Could've been both, could've been neither. This is the kind of outcome bias that worries me regarding this gathering.

I'm not able to attend that day. No one from council was approached about availability yet the invite expects us to be there. That looks like a no win situation for me.

Another unknown for me-is there any campaign dimension to this meeting now that a by-election has been set for April? Will there be an endorsement for a candidate at this gathering? As a councillor I need to

be neutral and absent from that process. I don't want to engage in a way to give a leg up for one candidate over another.

I look at how the negativity on social media prejudices the profile of Manitou Beach. This negative narrative is really the tourism killer Vickie blamed council of. We all need to work together and to communicate effectively. Council may have the next town hall in the spring. This is probably the forum people are looking for to share and inquire. In the meantime your democratically elected (not acclaimed) council is available at council, in writing, in person or at the office.

Robb LaRochelle
Councillor RVMB

Look What's Cooking
by Laura Novecosky

Hash Brown Bake

Ingredients:

- 1 tbsp. butter
- ½ cup finely chopped onion
- 1 can cream of chicken soup
- ½ cup milk (or half and half)
- ½ block of softened cream cheese (chopped into small chunks)
- small pinch thyme, salt and pepper
- 1 bag frozen hash browns, partly thawed
- 1 cup grated cheddar cheese

Directions:

Melt butter in saucepan, add onion and cook until softened, about five minutes. Add soup, milk and stir well. Add cream cheese and spices. Continue to heat and stir until the cream cheese melts. Add the hash browns and stir until coated. Spread in a greased casserole. Cover and bake at 350°F for about an hour. Remove, sprinkle with the cheddar cheese and bake another 10 minutes until the cheese melts.

Find The Watrous Manitou online at
www.twmnews.com on Facebook at
www.facebook.com/thewatrousmanitou

SUBSCRIBE OR RENEW
to TWM

- HARD COPY (48 Issues)

S0 Postal Codes

Canada

☐ 1 year - \$46

☐ 2 years - \$79

☐ 3 years - \$112
- ☐ 1 year - \$56

☐ 2 years - \$99

☐ 3 years - \$142

- ONLINE (48 Issues)

☐ 1 year - \$39

☐ 3 years - \$89
- ☐ 2 years - \$64

*All prices include GST

Name: _____

Address: _____

Postal Code: _____

Enclose this with your payment and mail to:

The Watrous Manitou
Box 100, Watrous, SK S0K 4T0

To pay with credit card, contact: 306-946-3343

To e-transfer: kimb.twm@gmail.com

Or go to www.twmnews.com and click
'Subscription Request' and fill out the form.

uncomplICATed - AND IT'S ONE, TWO, THREE STROKES YOU'RE OUT!!!



■ by Arlene Martin

The question was a bombshell. Alone in the darkened room of the Emergency Ward I had just been asked, should it be necessary, if it was my wish to be resuscitated. It was a weighty question because I was experiencing the thing I feared the most – a stroke! At that particular moment it all seemed so dark. Would I ever be able to talk again and would I remain paralyzed the rest of my days? He stood there clutching a clipboard waiting for my answer. I was weighing my alternatives. I didn't want to go through my life helpless and be a burden to Randy and my family. Was I going to get better or worse? I looked at him feeling so vulnerable. It was a yes or no question. He just stood there dressed totally in black. Was he the angel of death? The sounds coming from me were unintelligible. He asked the question again but this time added, "Just nod either yes or no."

I'd never felt so alone. But in that moment everything I believed emerged in an epiphany of insight. In the unraveling despondency two words suddenly burst through, "CHOOSE LIFE!" Nodding my wish to be resuscitated, with a pen he made a quick mark on his clipboard, then left. Besieged by the distressing sounds and activity of a lively ICU ward, I wished Randy was beside me. I knew he was home unwell from COVID.

Every five minutes in Canada someone, somewhere suffers a stroke. A woman in Canada has a stroke every 17 minutes. This equates to 85 women every day, 18 of whom will die. The Canadian Heart and Stroke Foundation has determined one-third more women die of stroke than men, and are 60% less likely to regain their independ-

ence. One full-term baby is born in Canada each week with stroke. The rates are higher in premature babies (1 in 1,500). Stroke is a leading cause of adult disability; half of all people in Canada living with stroke need some help with daily activities and one in ten Canadians have at least one risk factor for stroke.

I didn't just pull these facts from my head, the Canadian Heart and Stroke Foundation has been compiling information for more than 70 years. These are the most recent.

It never occurred to me that one night I would go to bed and in the morning I'd wake up unable to speak or use my right arm. My stroke was caused by atrial fibrillation (Afib), often more severe in women. More women than men die from Afib-related stroke resulting in a poorer quality of life.

The night before my stroke, Randy had gone to bed early. Stressed about him, and also being particularly cautious about catching COVID, that day I ignored a pressing headache. Late afternoon I talked with our doctor; worried because Randy suffered a fainting spell and his blood pressure was unstable. I was told to watch him carefully and if it happened again to drive him to Emergency or call an ambulance. By evening he had improved and went to bed. In the peacefulness of our home, I made myself some Orville Rocket popcorn applying a generous topping of melted margarine. I then settled on the sofa to enjoy an evening of television. I had absolutely no idea a bomb was silently ticking inside me.

Before COVID, by my doctors' order, I was tracking my blood pressure readings. He had mentioned my cholesterol numbers were somewhat high and suggested a healthy diet was in my best interest. And that's when things began shutting down. His nearby office closed and I never did get my report to him. Two years later I believed I was okay and invincible.

I wish I had paid more attention to good and bad cholesterol, understanding the difference between the two: low density lipoprotein cholesterol (LDL) and high density good44cholesterol (HDL). The red flags, in my case, were

there but I wasn't paying attention. They were subtle: headache, scalp sweating, sleeping troubles, weight gain. However they were lurking under the camouflage of arthritis, kidney disease, migraine, degenerative disc and other disorders. My misguided idea of a stroke victim was someone who drank a lot of alcohol, was diabetic, ate greasy and sugary foods and smoked. I learned the very hard way that I was only partially correct.

Just days ago my pretty speech pathologist closed my file and we talked again about how lucky I was to be making such headway since my stroke-inflicted aphasia and other symptoms. I still don't like how I sound and how hard and exhausting it is to get my words out. I mentioned that despite what others say about my improvement, I don't feel it and just want to be back to my old self. She looked at me with a reassuring grin and replied "Arlene is still in there!"

Across the border it's also alarming: every 40 seconds someone in the United States has a stroke. Every 3.5 minutes, someone dies of stroke. According to 2019 stats by the American Heart Association 57.1% of total stroke deaths were women.

I thank Heaven that the only thing requiring resuscitation was my belief that I was stroke-proof. But facts don't lie and about 35% of all stroke victims, one in 4, will have another one within a year. So this is me doing everything I can and should he come calling again I can tell him - "Not today, Grim Reaper."

I would be lying if I said I wasn't worried about you, yes YOU, my friend. The truth of all this is that if I could have a stroke, anyone can. And believe me - it's just a terrible way to wake up!

Life is fragile, please take care of yourself. -Love Arlene

(For links and photos and more information about stroke please visit me at: <https://uncomplicated430327779.wordpress.com/>)

* uncomplICATed by Arlene Martin appears in The Watrous Manitou's sister paper, the Lanigan Advisor and is being reprinted with Arlene's permission.

blanket classifieds

The SWNA and its Member Newspapers cooperatively deliver your message to more than half a million readers every week.

AGRICULTURE

Integrity Post Frame Buildings
SINCE 2008
Built with Concrete Posts
Barns, Shops, Riding Arenas, Machine Sheds and More
sales@Integritybuilt.com
1-866-974-7678
www.Integritybuilt.com

Advertise. Inspire. Sell.

EMPLOYMENT OPPORTUNITY

ROCKY MOUNTAIN EQUIPMENT HIRING: AG Equipment Techs, Heavy Equipment Techs - Journeyman, Apprentices, and CVIP/Truck Techs. View Open Roles www.rockymtn.com/careers. Relocation and Signing Bonus Offered.

Now Hiring Apply Today

Find QUALIFIED, LOCAL EMPLOYEES, using the strength of community newspapers! Visit www.swna.com or call 306-649-1405 to find out how!

FEED AND SEED

WE BUY DAMAGED GRAIN HEATED... LIGHT BUGS... TOUGH MIXED GRAIN SPRING THRASHED WHEAT... OATS PEAS... BARLEY CANOLA... FLAX "ON FARM PICKUP" WESTCAN FEED & GRAIN 1-877-250-5252

AGPRO SEEDS LTD. BUYING HEATED, DAMAGED OFF-GRADE CANOLA & FEED GRAINS. #1 buyer on the prairies, top price paid! Call/text: 306-873-0481, AgPro Seeds bids: agproseeds.com, Email: sales@agproseeds.com

Buying/Selling FEED GRAINS heated / damaged CANOLA/FLAX Top price paid FOB FARM **Western Commodities 877-695-6461** Visit our website @ www.westerncommodities.ca

Shopping Starts Here Newspaper Advertising Works!

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

LIVESTOCK FOR SALE

GELBVIEH BULL SALE
RED DEER COUNTRY Alberta
Feb. 14th

2022 DRAFT PICKS

LiveAuctionsTV
403-588-8620

PROVINCE-WIDE CLASSIFIEDS. 51 local community newspapers. Reach over 550,000 readers weekly. Call 306-649.1405 or visit www.swna.com

MISCELLANEOUS

Advertisements and statements contained herein are the sole responsibility of the persons or entities that post the advertisement, and the Saskatchewan Weekly Newspaper Association and membership do not make any warranty as to the accuracy, completeness, truthfulness, or reliability of such advertisements. For greater information on advertising conditions, please consult the Association's Blanket Advertising Conditions on our website at www.swna.com.

WANTED

WANTED: SASQUATCH SKULL!

Also BUYING ENTIRE COIN COLLECTIONS & old money! BUYING large quantities of SILVER. 999+ bullion, ALL sizes, ALL brands, bars, rounds, ingots, coins, sterling, silverware, pre-1968 coins+. BUYING ALL GOLD & SILVER coins, bars, unwanted jewelry, nuggets, dust, scrap +++

TODD 250-864-3521

LÒÒK

swna is on social media!

Follow us on Instagram to see award-winning content in Saskatchewan community newspapers.

SCAN HERE

www.swna.com

SWNA can take you to every community in the province.

Classified Ads

CONGRATULATIONS

to the 2022 SWNA **Columnist of the of Year** Winners!

SCAN with your phone camera

SWNA can take you to every community in the province.

WANTED

Recreation & Pasture Hay land

Looking for recreation & pasture hay land in Saskatchewan especially along the Saskatchewan river.

For further information please contact **Doug Rue at 306-716-2671**
saskfarms@shaw.ca

or visit www.sellyourfarmland.com

VIOLENCELINK.CA

SASKATCHEWAN SPCA



Business Community Directory

ACCOUNTANTS

D & R ACCOUNTING

Personal & Corporate Tax
Bookkeeping
Farm - Business Planning
Agristability Applications

Bill Riach, CFP
Cheryl Bryksa, CA

Phone
306-528-2032
bill@riachfinancial.ca

9-48p

LEWIS AGENCIES LTD.: Sharon Crittenden, CFP; Box 239, Imperial, Sask. S0G 2J0; 1-306-963-2022; Toll Free 1-800-667-8911./40-24p

CABIN RENTALS

Sisters Family Camp
Cabin Rentals
OPEN YEAR ROUND!
sistersfamilycamp.ca
sistersfamilycamp@gmail.com

213 Watrous Street
Manitou Beach, SK
Vince 306-419-9455
Dee 306-419-9454

YOUR BUSINESS HERE

Great visibility

Reasonable rates

Call
306-946-3343 or
email twmadvisorsales@gmail.com to
arrange your advertising

The Watrous Manitou

CLEANING

WATROUS CARPET CARE

Carpet & Upholstery
Cleaning

*For a Quality Job,
Give us a call!*

306-946-3535

CONCRETE

WATROUS CONCRETE for all your concrete and gravel needs - crushed rock, sand and fill gravel. Ph. 306-946-2040, Gerald 306-946-2392, Brad 306-946-2146./40-24p

CONSTRUCTION/ GENERAL CONTRACTORS

GENERAL CONTRACTING

ALPHA
DEVELOPMENTS LTD.

- CONCEPT TO COMPLETION
- JOURNEYMAN CARPENTERS
- NEW RESIDENTIAL
- RENOVATIONS
- COMMERCIAL
- CONCRETE

CALL FOR A FREE ESTIMATE
306.946.2997
WWW.ALPHADEVELOPMENTS.CA

Baril Roofing

New roofs • Asphalt shingles
Hidden Fastener Metal •
Repairs • Re-roof • Rubber Tile
Insurance claims • Warranty

Free Estimates!

Call Shawn

Cell: **306-231-9477**

• Serving Humboldt,
Watrous and Naicam area



Home Renovations
Garages & Additions
Interior & Exterior Finishing
Concrete Work
Decks & Sunrooms
Vinyl Fencing
Agricultural Buildings
Residential
Call for free estimate

BEST WAY CONSTRUCTION
EUGEN REIMCHE
306-946-7200
bestwayconstruction78@gmail.com

Mehlmann Construction

SERGEJ MEHLMANN - OWNER
306-419-9240
sergejmehlmann@hotmail.de
Serving Watrous and area

FROM FIXING
DECKS TO BUILDING
HOUSES

MELRON SERVICES

Watrous, Sask.
Trenching, land clearing,
excavating, demolition,
gravel hauling.

Trailer sales
E Z MUV PACKERS
We carry rock, topsoil and gravel
for all your landscaping needs.
Shop 306-946-2256
Cell 306-946-7834
Fax 306-946-2348

CONSTRUCTION/ GENERAL CONTRACTORS

PRAIRIE MODERN

— DEVELOPMENTS —
RESIDENTIAL • COMMERCIAL
AGRICULTURAL

*Journeyman Carpenter,
30+ Years Experience*

Jason MacNeill
306-917-7553
Andrew Gunchoski
306-946-9663

PrairieModernDevelopments@gmail.com

QUALITY PLUS CONSTRUCTION

GENERAL CONTRACTING

RESIDENTIAL • COMMERCIAL
• AGRICULTURAL •

Royce Dyck
306-946-2549
Watrous, SK

ADVERTISING DEADLINE
for each Monday's paper is
the previous Wednesday at
5 p.m. Call 306-946-3343
or email twmadvisorsales@gmail.com

DENTISTS

DRS. M. GRYBA, E. GRAN-
BERG, C. Roberts; 2305
McEown Ave., Saskatoon, Sask.
Ph. 306-374-1522./44-24p

Dr. Ibrahim Muradi

Mint dental centre

2-40 Downing Drive,
PO Box 339
Lanigan, SK, S0K 2M0

306-365-3383
mintdental@sasktel.net

DENTAL HOUSE

619 8th Street East,
Unit 210
Saskatoon, SK, S7H 0R1

306-954-7801
saskatoondentalhouse.ca

WHEATLAND DENTAL

WATROUS

Dentists

Dr. Adam Stenerson

Dr. Eileen de Jager

Dr. Troy Muench

MON. - FRI. | 8 a.m. - 5 p.m.

Call for an appointment

306-946-2131

107 - 3rd Ave. E., Watrous

New patients welcome!

wheatlandwatrous.ca

EAVESTROUGHING

KELLY'S EAVESTROUGHS SERVICE, Imperial, Sask. Continuous 5" eavestroughs, commercial and residential. For more information and estimates call 306-963-7766./22-48p

ELECTRICAL

CIC ELECTRIC Service Ltd.

606 - 2nd Ave. E., Watrous

**For all your farm, residential,
commercial needs!! Trenching and
private line locates also available!!**

Phone Charles:
306-946-2013

FINANCIAL SERVICES

RIACH FINANCIAL

- Financial Planning
- Retirement
- Tax & Estate Planning
- RRSP, RRIF, RESP Insurance (Life, Disability, Critical Illness, Long Term Care)

Bill Riach, CFP
bill@riachfinancial.ca

Phone
1-866-528-2032

THE WATROUS MANITOU CAN help you with your personal and commercial print work needs: business cards, invoices, envelopes and posters. Ph. 306-946-3343, email twmadvisorsales@gmail.com

FUNERAL SERVICES

Fetheringham-McDougall
FUNERAL SERVICE

Box 507
Watrous, SK S0K 4T0
306-946-3334

AGENT FOR

REMCO
MEMORIALS

GOVERNMENT

Donna Harpauer, MLA

Humboldt-Watrous

Constituency

Box 2950, 632 9th St.,

Humboldt, SK S0K 2A0

Ph: 1-800-682-9909

306-682-5141

Fax: 306-682-5144

humboldtWatrousmLa@sasktel.net

HAIR SALONS

MIZ BOJANGLES HAIR SALON, Mall at 3rd & Main, Watrous. Open by appointment. Cuts for men, women and children. Retail items from suppliers like: American Crew, Matrix/Biolage, Kenra and more! Shampoo paks for men and women, Wet brushes, curling irons, straighteners, and lots of styling aids. To book an appointment call Shawna Hanson 306-946-3033./37-24p

INCOME TAX

CIVIC ACCOUNTING AND TAX Services; for all personal and business income tax and book-keeping needs. Commissioner of Oaths and Notary Public services available. Serving Watrous and area. 306-292-7745; civicaccounting@yahoo.com /48-48c

H & R BLOCK; FOR ALL YOUR personal, farm and business income tax needs. Watrous 306-946-3585; Imperial 306-963-2971./40-24c

INSURANCE

TRI-CENTRAL INSURANCE INC. SGI, Germania Mutual, Sask. Mutual, Wynward, Home, Auto, Commercial, Farm, Hail, Blue Cross, GMS. Ph. 306-836-4446, Simpson; 306-524-3331, Semans or 306-946-2864, Watrous./6-24p

LEGAL

MAH LAW OFFICE

Ben Mah,
B.A., LL.B.

Box 580 308 Main St.
Watrous SK S0K 4T0

PHONE: 306-946-3512

FAX: 306-946-2277

benmah@sasktel.net

TUES: 10 - 1
FRI: 10 - 3

BERGERMAN SMITH
— LAWYERS —

Samuel J. Bergerman, J.D.

Direct: 306.974.4990

sbergerman@bergermanlaw.com

bergermanlaw.com

**Local appointments
available.**

**Local office
coming soon(ish)!**

LEGAL

MURRAY TRUNKS LAW OFFICE

Barrister and Solicitor
Watrous 109 2nd Ave. E.
P.O. Box 1198
Phone 306-946-2068
Fax 306-946-2059
Monday: 9-12 1-5
Thursday: 9-12 1-5
Saskatoon: 201 - 1027 8th St. E.
Phone: 306-668-9950 Fax: 306-668-9959

SHIRKEY & COMPANY, (Ronald Shirkey, Q.C.), Barristers and Solicitors, Imperial, Saskatchewan. Ph. 306-963-2288 or Toll free 1-866-359-1001. Tues. afternoons at Lewis Agencies./40-24c

MASSAGE THERAPY

KA HEALING PALMS AND Sole Care. Kendall Anderson, Registered Massage Therapist (FT) located at 306 Day Spa, 307 Main St., Watrous, Sask. To book call/text 306-552-9241 or email healingpalmsandsalecare@gmail.com. Book online @ www.healinghandsandfootcare.com/42-24p

RANDY'S REMEDIAL MASSAGE Therapy, Watrous. Motor veh. accident and work related injuries welcome. Gift certificates available. Flexible hours: Mon. - Wed. 9 a.m. - 10 p.m.; Thurs. - Fri. 9 a.m. - 5 p.m.; Saturdays by pre-booked appointment. Call Randy Deneiko, 306-946-2605./40-24p

WATROUS MASSAGE, 311 Main St., Watrous. Featuring massage therapy, hot stone massage and Theralase low level laser treatment. Treatments are done by registered massage therapist and certified laser specialist Kyla McDonald. Insurance claims welcome. Gift certificates available. Open Mon. - Thurs., 11 a.m. - 8 p.m. and Fri. 11 a.m. - 5 p.m. For more information or to book an appointment please call Kyla at 306-946-2141./40-24p

PHOTOCOPYING

**FOR ALL
YOUR COPYING
NEEDS**

**colour and
black/white**

The Watrous Manitou

**309 Main Street
Watrous**

Ph: 306-946-3343

ADVERTISE YOUR BUSINESS or professional service in our directory. Six month and yearly rates available. Call 306-946-3343.

The Watrous Manitou

has space for you to feature your business or service in the Business/Community Directory.

309 Main Street, Watrous
Ph: 306-946-3343
Fax: 306-946-2026
twmadvisorsales@gmail.com

**Business and Community
Directory continued on
Coming Events page**

Business and Community Directory

PLUMBING, HEATING & COOLING

COMPASS PLUMBING & HEATING
PLUMBING - HEATING
AIR CONDITIONING
CUSTOM SHEET METAL
ROTO ROOTER - GAS FITTING
Braydon Vanthuyne
Call or text: 306-946-8190

DMH PLUMBING & HEATING LTD.
Providing Quality, Professional Service for 20 Years!
SaskEnergy Network Member
306-946-2080

Sunshine Plumbing and Heating Ltd.
Service & repairs • Gasfitting
• Powerdrain cleaning
• Furnace & duct cleaning
• Air conditioning
Mark Severin
306-946-9932

REAL ESTATE

BOBIASH TEAM
THINKING OF SELLING YOUR FARM?
Let me put my guaranteed farm selling system to work for you for a...
FREE
NO OBLIGATION CONSULTATION
Call or text me directly at
306-280-2400
Ed Bobiash
RE/MAX

REALTY EXECUTIVES WATROUS, residential, commercial and farm listing. 108 Main St., Watrous, Sask. Full-time real estate service. Ph. Avril Reifferscheid 306-946-8520./40-24p

TIRE & BATTERY SERVICE

INTEGRA TIRE WATROUS. Supplying all of your tire needs including on the farm and in the field service. 601 - 4th Ave. E., Watrous. Ph. 306-946-3055 or after hours 306-946-8893 or 306-946-2421./31-24p

Watrous Tire & Battery (1996) Ltd.
Goodyear Tires ~ Batteries
~ complete tire and battery repair service, vulcanizing, retread ~
"On the Farm, In the Field Tire Service"
3rd Ave. W., Watrous
306-946-3543

ADVERTISING DEADLINE for each Monday's paper is the previous Wednesday at 5 p.m. Call 306-946-3343 or email twmadvisorsales@gmail.com

TOWING

HOOK & TOW PRAIRIE SERVICES. 24/7 emergency services. 306-917-8069. www.hookntow.ca /35-24p

VETERINARIAN

WATROUS ANIMAL HOSPITAL 707-4th Ave. E., Watrous across from Melron Services. Dr. Allison Bartel and associates. Large and small animal practice. Open Monday to Friday, 8 a.m. to 5 p.m. On-call after hours. Ph. 306-946-3657, Fax 306-946-3605./40-24p

WORSHIP

As We Worship
ST. ANN'S CATHOLIC CHURCH, Watrous
• St. Patrick - Young
• St. Pius X - Imperial
Rotating Services
Call 306-946-3630
For weekly schedule

PHILADELPHIA MENNONITE BRETHREN CHURCH
Pastor Darren Holland
Office: 102 - 5th Ave. West
306-946-3785
Sunday School 10 a.m.
Worship Service 11 a.m.
Website pmbchurch.ca

ANGELICAN/LUTHERAN CHURCH SERVICE
Watrous
306-946-8450
306-535-7379
Feb. 12 10:30 a.m.
All Saints' Anglican Church
Feb. 26 10:30 a.m.
Our Redeemer's Lutheran Church

WATROUS BAPTIST CHURCH
201 - 2nd Ave. W., Watrous
Pastor Alex Brown
306-836-3019
Worship Service 10:30 a.m.

WATROUS-YOUNG PASTORAL CHARGE
502 Main St. Ph. 306-946-3592
Sunday Worship
Watrous United Church
11:15 a.m.
Young United/Lutheran Shared Ministry
9:30 a.m.

PRAIRIE HARVEST CHAPEL
An Assembly of Bible Believers
Nondenominational
Manitou Springs Resort Conference Room
Everyone Welcome
Service 10:30 a.m. Sunday morning
Bible study 7 p.m. Wednesdays
in Watrous
Pastor John Dueck
Ph. 306-360-0833

YOUR BUSINESS HERE
Great visibility
Reasonable rates by the month or year
Call 306-946-3343 or email watrous.manitou@sasktel.net to arrange your advertising.

The Watrous Manitou



Coming Events

JANUARY

- ZUMBA IS BACK! Classes resume Mon., Jan. 23 at 7 p.m. at Danceland, Manitou Beach. This is an 11 week session but drop-in is available. Please contact Angela at 306-917-7077 for more details or to register./5-2c

FEBRUARY

Watrous & Area Arts Council presents
Stars for Sask
Travis Dolter
Saturday, February 4
7:30 p.m.
Watrous Civic Centre
404 Main St., Watrous, SK
Tickets (at the door or advance)
Adults \$25 • Students 7-17 \$5
6 & under FREE
e-transfer: waac@sasktel.net
(tickets held at door)

COMMUNITY MEETINGS

- AL-ANON MEETING THURSDAYS 8 p.m. Ph. 306-946-2466, 306-946-7802./22-48p

COMMUNITY MEETINGS

- ALCOHOLICS ANONYMOUS meetings: Watrous, Thurs., 8 p.m. Anglican Church Hall on Main Street in Watrous. (306-946-2466)/.44tfc

COMMUNITY MEETINGS

- WATROUS ROTARY CLUB meets alternating Tuesday evenings at the lower level of Watrous United Church. Call 306-946-3535 for more information./44tfc

THE WATROUS MANITOU STOCKS PAPER, ENVELOPES, LABELS, RECEIPT BOOKS, ACCOUNTING BOOKS, FILE FOLDERS, HANGING FOLDERS, PLANNERS, PAPERCLIPS, STAPLES, ETC. IF WE DON'T HAVE IT, WE CAN ORDER IT.

The Watrous Manitou Hours of Operation

Monday: Closed to the public
Tuesday to Thursday: 9:00am - 5:00pm
Closed for lunch 12 to 1pm
Friday: 9:00am - 1:00pm

At the Watrous Centre

Whist winners at the Senior Centre Thursday, Jan. 12 were: first - Arlene Gegner, 164; second - Lorne Bradbeer, 150; third - Rod Degenstein, 148; fourth - Earle Amendt, 142. Travelling - Marilyn Crawford and Fred Kahlert. Homesteader was Fred Kahlert.

Kaiser winners at the Senior Centre Monday, Jan. 16 were: first - Rod Degenstein, 180; second - Gena Amendt, 156; third - Earle Amendt, 147; fourth - Colleen Hunt, 144.

Anyone interested in submitting local Watrous news can do so by faxing 306-946-2026, emailing watrous.manitou@sasktel.net or stopping by the office.

SOLUTION:

3	9	7	8	1	5	4	2	6
5	2	1	4	3	6	7	9	8
4	6	8	9	7	2	5	1	3
8	1	9	3	5	4	2	6	7
2	3	6	1	9	7	8	4	5
7	4	5	6	2	8	1	3	9
1	8	4	7	6	3	9	5	2
9	5	3	2	8	1	6	7	4
6	7	2	5	4	9	3	8	1

B	A	S	E	C	A	M	P			A	C	T	E	D
I	M	A	L	L	E	A	R	S		B	U	O	N	O
G	E	T	S	A	G	R	I	P		C	L	Y	D	E
A	L	I		W	I	C	C	A		S	T	P		
S	I	N	G		S	H	E	M	P		C	I	A	O
K	A	S	H	I						O	O	L	A	L
					O	N	W	H	A	T	P	L	A	N
					I	S	U	R	E	H	O	P	E	S
B	U	T	T	S	I	N	S	E	A	T	S			
R	A	S	H	E	S					A	I	D	A	N
B	E	A	U		T	R	A	C	T		C	I	T	E
			G	N	C		E	T	H	A	N		N	O
E	L	I	T	E			A	H	A	M	O	M	E	N
W	A	F	E	R			L	O	N	E	V	O	I	C
E	X	T	R	A				S	T	R	A	I	N	E

Valentine's Day PRODUCTS NOW IN STOCK
Boxed Cards - Stickers
Mugs - Craft Kits - Chocolate
WATROUS PHARMACY
PharmaChoice 306-946-3311 (after hours: 306-946-2836)

HELP WANTED

MELRON SERVICES LTD. IN WATROUS IS SEEKING FULL-TIME OFFICE STAFF.

COMPETITIVE WAGES. EXPERIENCE IS AN ASSET.

To apply, contact Ron Ediger at either 306-946-2256 or 306-946-7834 or email resume to melronservices@sasktel.net





New jerseys

► The Winston Wildcats Senior Girls basketball team would like to extend its appreciation to the following people for sponsoring them: Mainline Motors GM, Dunham Services, Watrous Kinettes, United Steelworkers, Integra Tire, Parrish & Heimbecker, Young's Equipment, and Wheatland Dental. With this sponsorship, the team was able to purchase new home and away jerseys. The white set arrived just in time to be used in the team's first tournament of the year. The team greatly appreciates the generosity of those who donated! Pictured back row (left to right): coach Rachel Selke, Kennedy Rheume, Tehya

Armstrong, Caitlynn MacNeill, Lauren Mensch, Brynn Murfitt, Randi Saunders, Melissa Feder-spiel, Laikyn Thomas and coach Darren Holland. Front row (left to right): Kyla Compra, Brynn Mensch, Shylo Frey, Myanna Holland, Olivia Tan, Taylor Potter, Marissa Miettinen, and Anwyn Thomas. Not pictured: Alea Dengler and Rowan Stanford.  photo and info courtesy Chelsea Murfitt



306-946-2233
Manitousprings.ca



#1 Spa in Saskatchewan
and Top 50 in North America!

SPA SPECIALS

4 - 10 PM WEEKDAYS

SUNDAYS
Half Price Single Swim
for all Ages

MONDAYS
Supper and a Swim

Pay \$19.95 for a swim and receive your choice of any burger, sandwich or wrap and home fries from the WaterCrest Cafe.

TUESDAYS
Taco Salad and Swim

Pay \$17.95 for a swim and receive a taco salad from the WaterCrest Cafe.

VALID DEC. 12/22 - MAR. 31/23

WEDNESDAYS
\$25 Family Swim and **FREE** Ice Cream for the Kids

Family consists of 2 parents, guardians, grandparents or any combination of them and up to 4 children under the age of 18. (some restrictions apply)

THURSDAYS
Bring a Buddy Swim Night

Anyone who purchases or has a valid swim pass can bring a friend for a free swim. (Both people must enter the spa at the same time - does not include hotel guests with complimentary swim pass).

*All prices do not include applicable taxes. Offer not available during school break, on any stat holiday or from Dec. 26/22 - Jan 1/23

THINKING ABOUT SELLING YOUR LAND?

A buyer is looking for land in the Colonsay/Viscount and surrounding area.


Interested in discussing small or larger packages.

If interested in discussing this further, please contact Kevin Sedgwick.




RE/MAX SASKATOON

KEVIN SEDGWICK
306-460-5251
Ksedgwick@remax.net



introduces the Veteran Banner Project



MERLE ALLIN
R.C.A.F. WWII

to be displayed on the light poles within Watrous around November 11th each year.

We are requesting families who wish to have their veterans recognized in this way to submit a picture of the veteran in uniform along with their name and service designation. Banners are approx. 30" x 60" and double sided. One veteran will be listed per side at a cost of \$100 per side. The Town of Watrous Veteran Banner Committee will provide all organizational work and promotional costs of the project. The Town of Watrous has agreed to fund the annual cost of raising and removing the banners. The banners will be displayed for about a 5-6 week period in the fall and are expected to last for many years. Submission forms for Fall 2023 banners can be obtained at the Watrous Town Office or by emailing Chelsea. Forms must be submitted by **Feb. 10, 2023.**

Chelsea Murfitt: 306-946-3369
watrousrecreation@sasktel.net



SAMSUNG   **LIFEHAWK**

Get the right tech for however you play

THE SOURCE™

New Year Offsale Special

6 X 1750ml Provincial Vodka
\$285.00 Tax Included
You Save \$40 Off Our Already Great Price



SMOOTH LIKE NO OTHER VODKA





Home hardware

Watrous
802 4th Ave. E.
306-946-3325

building centre