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LANIGAN ADVISOR

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Jansen Ukrainian Fundraiser a tremendous success

■ Daniel Bushman

Once again, the community of Jansen and the surrounding area came together in a big way to help others. Holding a fundraiser to help support those in Ukraine, a supper which featured entertainment and a donation table raised a total of \$18,733.14.

One of the organizers of the Jansen Ukrainian Fundraiser, Bruce Elke said just over 300 meals were served during the Apr. 29 event held at the Jansen Community Centre. “People were ready to get out and socialize again and if you throw in a great cause on top of that, it worked out great!”

Elke said the added touch of a unique Pysanka egg decorated with traditional folk designs and donated by Lyndsay L’Heureux

along with Wishart Hopak Dancers in attendance topped off the evening.

“We had so many wanting to donate and help out where they could. We can’t say enough about Jansen and of course our surrounding communities who without their support it would not have been such a great success. We had numerous donations of cash and food plus volunteers and attendees from Lanigan which really helped. These causes really do bring communities together.”

Watching the destruction and devastation unfold in Ukraine, Elke said a committee decided to come together to host the supper featuring sausage, perogies, and cabbage rolls with all the fixings and finishing with the kind of dessert Jansen is known for. Similar to Jansen’s Fall supper,

people had the opportunity to enjoy a delicious meal while watching talented Wishart Hopak Dancers, whose attendance was sponsored by the Jansen and District Kinsmen and Kinettes. The bowling alley was also open to offer an area to visit prior to or after supper.

“It was a tremendous evening and fundraiser. We were thrilled with the turnout and the generosity by so many. We sincerely appreciated everyone for coming out, the volunteers and organizers who made food, co-ordinated the food, workers and prep work.”

For those who were unable to attend the Apr. 29 fundraiser but would still like to support those in Ukraine, Elke said donations can now be made directly to the Canada-Ukraine Foundation.



Showing support

It was an incredible night of fundraising, entertainment and coming together for a great cause. Rallying around the people of Ukraine, the community of Jansen held a fundraiser Apr. 29 where over \$18,730 was raised. Along with the supper which had just over 300 meals served and entertainment provided by Wishart Hopack Dancers, Lyndsay L’Heureux decorated and donated a Pysanka egg with the funds raised from that item also going to Ukraine.

- photos courtesy Bruce Elke

Local student recognized for 2022 agriculture scholarship

■ media release

With a number of tremendous applications in the form of both essays and video, four agriculture scholarships were presented to students from across the province including to one recipient within the local area.

Kristie Pedersen from Lockwood received \$2,000 as a runner-up for the scholarship, joining Grace Waldenberger from Marquis and Kate Axten from Minton who were also runners-up for the scholarship. Emily Sebastian of Montmartre was awarded \$4,000 toward her post-secondary studies as the grand-prize winner of the 2022 Agriculture Student Scholarship.

Emily's video submission discussed the various ways that farmers and ranchers can effectively communicate with consumers in a transparent and honest manner. Emily will be furthering her education at the University of Saskatchewan at the College of Agriculture and Bioresources.

"The scholarship is a great way to express your ideas and gives you an opportunity to make a difference in the agriculture industry," Emily said. "More than that, though, it makes you think about what you can do to become more

transparent about your, or your family's operation."

Kristie's essay explored how communication and education is key to bridging the gap between the farm and the plate. She focused her transparency essay on the whole supply chain and the need for everyone to share their story. Kristie will be furthering her education in Moose Jaw where she will be studying in the Agriculture and Food Production Program at Saskatchewan Polytechnic.

Grace's essay highlighted the important role that agriculture plays in people's lives, whether they are directly connected to the industry or not. She spoke about the impact that social media influencers can have on people and the importance of educating youth. Grace will be taking her post-secondary education at either the University of Saskatchewan or the University of Lethbridge.

Kate Axten's video submission focused on what transparency is and how farmers can be more transparent. Her video showcased the work that her family farm has done to improve transparency with their consumers. Kate will be attending Dalhousie University in the fall where she will be studying International Food Business in the Faculty of Agriculture.

"There is a wide variety of trades and careers associated with the agriculture sector, from the farm to the lab to technology companies," said Federal Agriculture and Agri-Food Minister Marie-Claude Bibeau. "Encouraging young people to pursue careers in agriculture will provide a strong foundation for the future of the industry. This scholarship program will help our young leaders pursue their studies and embark on rewarding careers in agriculture."

"We received many outstanding applications this year in the form of both essays and video," Saskatchewan Agriculture Minister David Marit said. "It's great to see Saskatchewan youth talk so passionately about agriculture and transparency, and we're very proud to support them and their career plans. The future of our industry is in good hands."

The Agriculture Student Scholarship Program is funded through the Canadian Agricultural Partnership, a five-year, \$3 billion commitment by Canada's federal, provincial and territorial governments that supports Canada's agriculture, agri-food and agri-products sectors. This includes a \$2 billion commitment that is cost-shared 60 percent federally and 40 percent provincially/territorially for programs that are designed and delivered by provinces and territories.

Crop Report

■ media release

Seeding progress is still slower than average but more producers were able to get out over the past week. That is according to the Ministry of Agriculture's weekly

Crop Report for May 3 to 9. Provincially, 14 percent of crops are now seeded, up from one percent and behind the five-year average of 23 percent. Crops that were seeded over the past two weeks should be emerging

if moisture conditions are favourable. In areas of the southwest and west-central regions where conditions are very dry, germination could be uneven.

The southwest region has 34 percent of their

crop seeded, followed by 20 percent in the west-central, seven percent in the southeast, five percent in the northwest, three percent in the east-central and one percent in the northeast. Many fields in the eastern half of the province are still too wet to allow producers to seed, full-scale seeding is still a week away in some parts of the province.

Various amounts of precipitation were received across the province; this rain is needed badly in some areas that are too dry for proper germination. However, it

will likely lead to longer delays in areas of the eastern regions where moisture is already high. The most rain reported was in the Pelly area with 49 mm, followed by 46 mm in the Bienfait area. The Shaunavon area received 26 mm and the Hazenmore area received 18 mm, which is good to see in the southwest since much of the crop is already in the ground and moisture has been limited in the region.

Due to widespread precipitation across the province, topsoil moisture has slightly improved from

last week's report. Cropland topsoil moisture is rated as six percent surplus, 58 percent adequate, 26 percent short and 10 percent very short. Hay and pastureland moisture is rated as two percent surplus, 56 percent adequate, 29 percent short and 13 percent very short. This increase in moisture will help pastures grow rapidly.

Many livestock producers have reported that the recent rain helped fill their dugouts and they feel confident that, for the time-being, water quality shouldn't be an issue. However, producers in the southwest and west-central have concerns about water levels and are making plans to haul water if conditions do not improve. Heavy rains throughout the summer will be needed to ensure that water availability does not become a widespread concern.

Producers continue working in their fields seeding, harrowing, rock-picking and rolling. When the weather allows, producers are spraying and seeding. Producers are reminded to be safe during their field activities and when transporting equipment across or alongside roadways. When working in extremely dry areas, especially pastures, ensure sparks or any other fire starter is controlled and a water source is available.

NATIONAL PUBLIC WORKS WEEK

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MAY 15 - 21, 2022

Town of Lanigan Proclamation

WHEREAS, public works professionals focus on infrastructure, facilities and services that are of vital importance to sustainable and resilient and to the public health, high quality of life and well-being of the people of the Town of Lanigan; and,
WHEREAS, these infrastructure, facilities and services could not be provided without the dedicated efforts of public works professionals, who are responsible for rebuilding, improving and protecting our nation's transportation, water supply, water treatment and solid waste systems, public buildings, and other structures and facilities essential for our citizens; and,
WHEREAS, it is in the public interest for the citizens, civic leaders and children in the Town of Lanigan to gain knowledge of and to maintain a progressive interest and understanding of the importance of public works and public works programs in their respective communities; and,
WHEREAS, the year 2022 marks the 62nd annual National Public Works Week sponsored by the Canadian Public Works Association be it now,
RESOLVED, I, Tony Mycock, Mayor of the Town of Lanigan, do hereby designate the week May 15 - 21, 2022 as National Public Works Week; I urge all citizens to join with representatives of the Canadian Public Works Association and government agencies in activities, events and ceremonies designed to pay tribute to our public works professionals, to recognize the substantial contributions they make to protecting our national health, safety, and quality of life.

Tony Mycock, Mayor • Town of Lanigan

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Speaking up when it comes to mental health

■ Daniel Bushman

It has been a journey of ups and downs for Allan Kehler but for the mental health advocate who grew up in Drake, the motivational speaker and author knows when it comes to mental health, silence is not the answer. Recently marking Mental Health Week in Canada, Kehler understands first-hand what it feels like to have lost his voice; however, he is also quick to point out that he knows what it feels like to have found it.

Dedicating his time and energy to strengthen the conversation around mental health so that others do not have to suffer in silence, Allan who now resides in Saskatoon was recently featured as part of a TEDx talk through Dalhousie University. The just over 13 minute video which can be found on YouTube takes direct aim at encouraging men to rise above stigmas and break the barriers of society.

Going through addiction while battling mental illness, with no money, no friends and given one month to live, as part of the talk, Kehler looks back at that point in his life to where he is today. “If someone from my past would have come up to me and said, “Hang on Al, one day, you will have a beautiful wife, four healthy kids, a career you love, and a home not a house,” I would have never believed them. Even in my darkest moments, it became clear to me that if I wanted something different, I had to do something different.”

Explaining how extremely hard the lesson was to learn, Kehler eventually understood the power of vulnerability. “I learned to put a voice to my pain, got rid of the victim mentality, surrounded myself with people who brought me up – not down, and ultimately embraced hope.”

Already speaking at various events in 2022, and with Mental Health Week recently taking place May 2 to 8, Kehler graciously took some time out of his busy schedule to share about his TEDx talk and the journey he has been on.

Why did you decide to do a TEDx talk or how did it come about?

I actually had no intention of doing a TEDx talk. I received a random email request from Dalhousie University indicating that my topic of men and mental health fit their theme of ‘Rising Above’.

Creating this TEDx talk really gave me an opportunity to reflect on my past experiences.

Where can people find your TEDx talk online?

The easiest way to access the talk is to go to YouTube and just search ‘Allan Kehler TEDx’.

What are you hoping people will begin to understand from the talk?

I never grew up hoping to one day struggle with mental illness or become an addict. In the same way, my childhood

never consisted of dreams to become a motivational speaker.

When my struggles with mental illness began at the age of 14, I was ill equipped to deal with such assaulting thoughts. Lacking the education and tools to deal with my internal battles I suffered in silence and hid behind my smile. However, just because someone’s smiling, doesn’t mean that they are happy.

How important do you feel it is to share your mental health journey?

Statistics continue to show that men are far less likely to ask for help than women - and that was no different for me. It took me a long time to speak openly about my challenges with my mental health.

To my surprise, once I was able to put a voice to my pain I felt better. Over time I understood that the act of feeling is what leads to healing. I was able to get myself into various support groups and I started to hear my own story through their stories. Suddenly, I understood that I wasn’t alone.

How have some of your past experiences led you to open up about your journey?

It has become clear to me that there is nothing more powerful or more sacred than someone’s story. What motivates me to tell my story is the next generation. Kids are always watching. As adults, we need have those difficult conversations about various topics related to mental health. If children can’t see us being vulnerable, reaching out for help or shedding a tear then why would they?

Today, I am seeing more boys that are being taught to feel, to cry, and to reach out for help in times of need. Boys are beginning to understand that asking for help is not a weakness but rather a strength. They are learning that it’s okay to not be okay.

What’s not okay is to fight your battles in silence. While the pressure to be strong still exists for boys, silence has never equalled strength.

Is there anything else you would like to share?

I have found my voice, and I speak in the hopes that boys and men recognize that they don’t need to conform to the old stereotypes of masculinity. I represent a new and healthy form of masculinity, and passionately demonstrate that ‘real men’ can, and should, ask for help. I am done with the shame. I am done with the silence. There truly is nothing ‘manly’ about suffering in silence.

There’s no logical explanation why I should still be alive after the destructive life that I led. I can only think that I am still here to carry a message. And I am so grateful to be in a position to do so.

To learn more about Allan and his journey, people can visit his website at www.allankehler.com. People can also purchase Kehler’s book, ‘MENTal Health: It’s Time to Talk’ at the Lanigan Advisor’s office in Watrous at 309 Main Street in Watrous.



Pictured: Allan Kehler during his TEDx talk for Dalhousie University. - photo courtesy Allan Kehler

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Jansen

Louise Shannon

Lydia Torwalt (Harmel) passed away in Saskatoon at the age of 93. She and Gus lived most of their lives in or around Jansen. Condolences to her children and grandchildren as well as sisters Vorgeen and Shirley. Funeral service was Saturday, May 14 in Jansen.

We got some nice rain which will help the seeds to grow.

Happy anniversary to Ken and Arlene Ewen.

Happy birthday to Carol Robson, Dennis Schindel and Ken Ewen. Ruth Ewen will be celebrating her 100th birthday May 18.

Viscount

Sandra Reid • 306-227-1193

Wednesday, May 4, there were four lovely ladies who attended Blankets for Canada. We sewed a lot of squares together and just about finished two blankets. Only two more meetings until summer break May 18 and 25 then we will be off for the summer but still accepting squares, yarn, etc. Blankets for Canada ladies might break from meeting once a week, but they still find the time to make many blankets. If you are interested or anytime you might like to donate please contact Evelina at 306-944-4820. Every little or large donation of yarn, squares or blankets are greatly appreciated by us and those who receive the beautiful blankets.

Well, we survived our first camping trip of the year. The temperature was not even too bad, at least our water did not freeze in the camper this year. We did not have a fire, twas a little too windy.

Have a great week, stay warm (will love it when I can say stay cool), stay safe and enjoy all that you can. Thank you to all who helped make this week's Viscount news possible.

Submitted by Grand Knight Murray Phillips

Saturday, May 7, St. Alphonse Knights of Columbus council #6529 held its Super Supper Fundraiser. Fifty-five guests enjoyed a prime rib/Mediterranean chicken and potato bar meal. A 50/50 draw was held. The winner was Dave Starkell. A wine pull was won by Tiffany Paulsen. Successful bidders for the silent auction were Bill Comeault, Mike Pastor, Tammy Isaacson, Brian Desmarais, Murray Phillips, Anthony Koller, Rob Koller, Armand Clavelle, Christina Zarycki, Cindy Binsfeld and Justin Klein. We really appreciate those businesses and individuals who provided prizes as well as those who supported our fundraiser. Funds raised support local charities and groups.

Sunday morning after 9 a.m. mass, St. Alphonse Knights of Columbus put on a Mother's Day breakfast. Scrambled eggs, sausage, pancakes and coffee were served. Barb Dale provided cupcakes for the 28 in attendance. A goodwill offering was graciously accepted. Both events were held in the St. Alphonse church auditorium.

Solutions and Substitutions



— tips from Reena Nerbas

Dear Reena,

Last year I purchased new white towels for my remodelled bathroom. They are lovely, but a few washes in they started sprouting grey blob shaped spots, especially on the hand towels. At first, I thought it was my daughter's toothpaste staining the towels when she wiped her face but switching toothpastes did not help. The spots have also appeared on the bath mat so I know it cannot just be the toothpaste. With copious amounts of bleach, the spots can be faded or erased, but this needs to be done constantly or they reappear. I have changed laundry detergents as well to no avail. Any ideas? Angie

Dear Angie,

Since the spots are mainly apparent on hand towels; it makes sense that they may be the result of a product that your daughter uses. Bleach is found in cosmetic products other than toothpaste such as teeth whiteners and hair products. Benzoyl peroxide for example is found in several products i.e. acne treatments may be the culprit. Consider investigating all of the products that she uses to help you determine the cause of discolouration. Have you experimented by trading towels with her and observing whether discolouration is still an issue? To brighten towels, add a product such as washing soda to each load. Pour one-quarter cup to each load to brighten colours and whiten whites. Using washing soda with hot water will also clean out the hoses in your washing machine.

Feedback from wise contributor

I would like to share my mother's tips and tricks for perfect homemade pickles. When choosing pickles for pickling, pick fresh garden cucumbers early in the morning. Immediately submerge cucumbers in ice cold water until ready to use. Trim both ends of pickles. Use pickling vinegar not plain white vinegar. If the cucumber has started to get seeds in its "belly" it is too big and old to use. (I always have a patch of dill – it seeds itself and is good for salads when young – so I have never used oil of dill.) After washing the dill, I usually swish it in hot to boiling temperature water (just in case there is any wildlife on it). I then place some dill into a jar and slice the cucumbers into each jar tapping the jar to pack. In a large pot mix four cups vinegar, two cups water, two cups white sugar, and one-half cup pickling salt. Bring to a full rolling boil

and quickly fill jars. Seal jars. Ready in six weeks. I have never had a jar spoil since I started using this recipe. I used well water when we lived on an acreage and now that I am in town I just use tap water. Family and others seem to love my dills! One of my kids took peanut butter dill pickle sandwiches to school almost every day for a number of years! – Sincerely, Jean

Fantastic tip of the week

Cut down on homemade lasagna preparation with this easy technique! The common way to layer lasagna: meat sauce, cooked noodles, cheese, repeat meat sauce, cooked noodles cheese, repeat . . . A faster way to make lasagna: prepare meat and cheese mixtures as normal. Combine all three layers (broken uncooked noodles, cheese and meat sauce) together in a bowl and gently toss. Grease your casserole dish and pour ingredients inside. Top with cheese and bake as normal. The sauce bakes the noodles and no layering required! You will have much more time for doing all the other things you love and lasagna will not be such a time-consuming project. Why not give it a try?

Did you know? The word lasagna originally referred to the pot in which the dish was cooked rather than the food itself as it does today.

Note: Every user assumes all risks of injury or damage resulting from the implementation of any suggestions in this column. Test all products on an inconspicuous area first.

Reena Nerbas is a popular motivational presenter for large and small groups; check out her website: reena.ca. Ask a question or share a tip at reena.ca

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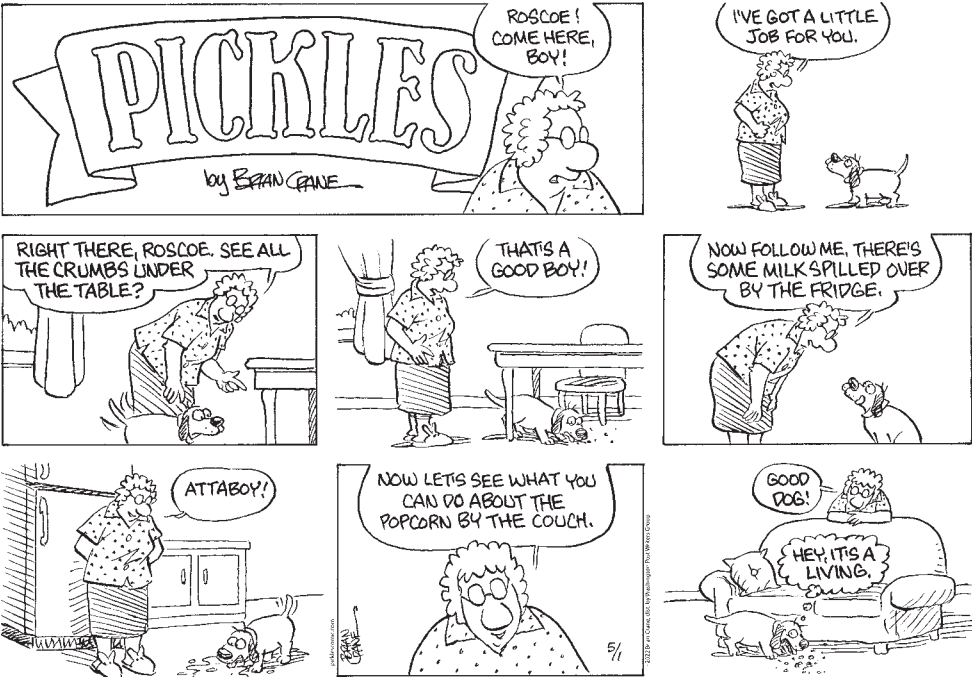
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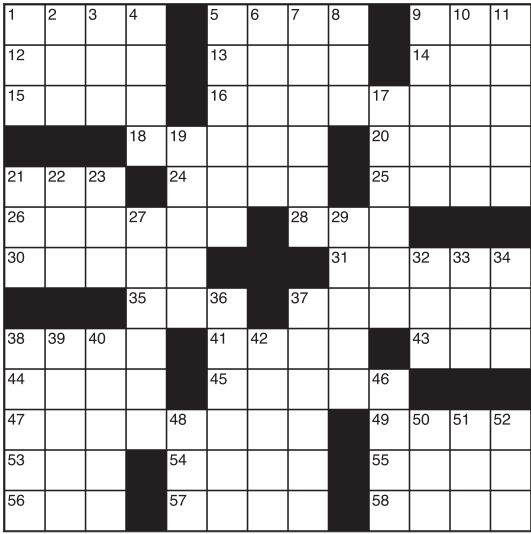
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LEVEL: BEGINNER

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2							4	
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4	9		5					
				3		6	1	
		5						8
	3	9		5			7	
				1			3	
8		1	7			9		

CROSSWORD

PUZZLE NO. 130



23. Moose’s kin

27. “_____ Weapon”

29. Has on

32. Comic Hope

33. Iron source

34. Get married

36. Polar

37. Profited

38. Linguine, e.g.
39. Invited

40. Prom attendees

42. Eat away at

46. Catholic leader

48. Cone’s stat

50. Remit

51. Pub beverage

52. Guided

- ACROSS

1. Fellows

5. Night sight

9. Dread

12. Section

13. Crooked

14. Bagel topping

15. Obstacle

16. Boring

18. Dress shape: hyph.

20. Singe

21. Chimpanzee, e.g.

24. Billfold items

25. Talk wildly

26. Violins’ cousins

28. Couple

30. Grabs
31. Arm joint

35. Afternoon affair

37. In abundance

38. Bicycle route

41. Stern

43. Crib

44. Between ports

45. Crunchy

47. Bone structure

49. Certain gem

53. Commandments count

54. Go by horse

55. Light-hued

56. Classifieds

57. Mastered

58. Regarded
- DOWN

1. Auto need

2. Footed vase

3. Positive vote

4. Legend

5. Shiny fabrics

6. Cord

7. Nab

8. Bar staple

9. Hilo hi

10. Lady

11. Put forth

17. Spiral ornament

19. Baggy

21. Tread the boards

22. Pod content

FOR ANSWERS TO SUDOKU AND CROSSWORD, SEE PAGE 9



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Q: What do you call a group of disorganized cats?

A: A cat-tastrophe!



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Q: Where do sheep get their hair cut?

A: The baa-baa shop!



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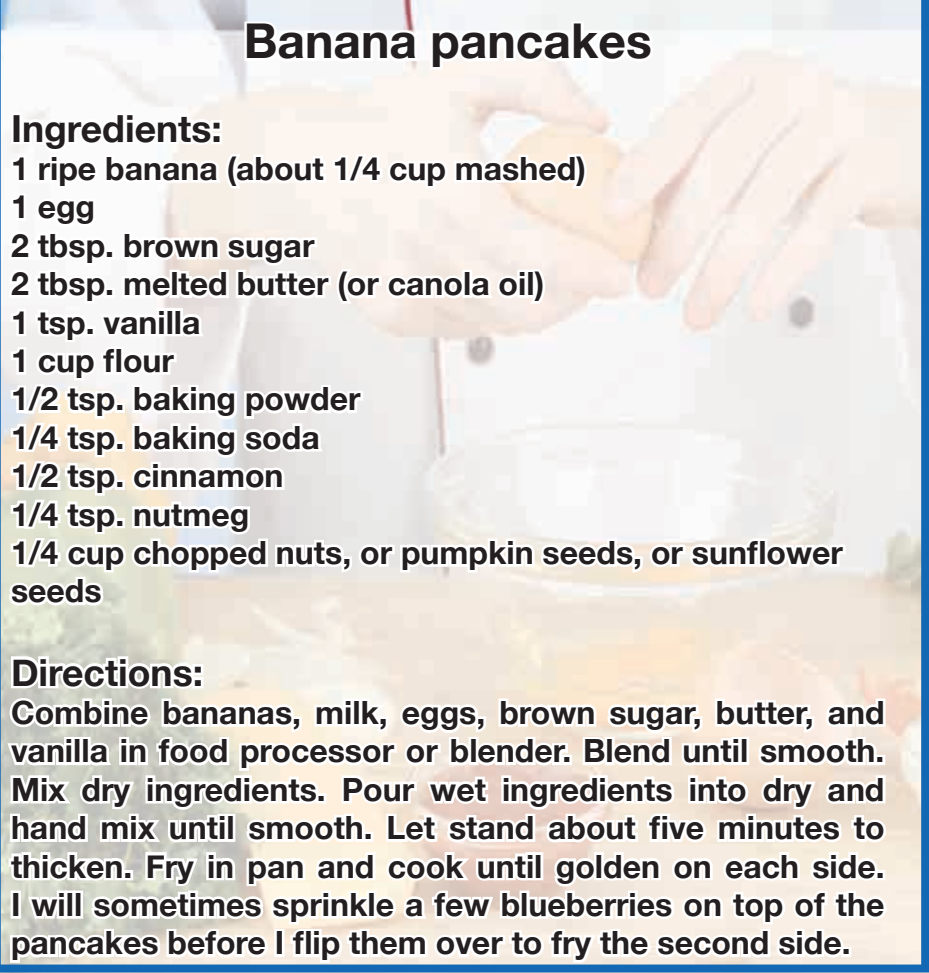
Q: Where do hamburgers go dancing?

A: A meat-ball!





Look What’s Cooking by Laura Novecosky



Banana pancakes

Ingredients:

- 1 ripe banana (about 1/4 cup mashed)
- 1 egg
- 2 tbsp. brown sugar
- 2 tbsp. melted butter (or canola oil)
- 1 tsp. vanilla
- 1 cup flour
- 1/2 tsp. baking powder
- 1/4 tsp. baking soda
- 1/2 tsp. cinnamon
- 1/4 tsp. nutmeg
- 1/4 cup chopped nuts, or pumpkin seeds, or sunflower seeds

Directions:

Combine bananas, milk, eggs, brown sugar, butter, and vanilla in food processor or blender. Blend until smooth. Mix dry ingredients. Pour wet ingredients into dry and hand mix until smooth. Let stand about five minutes to thicken. Fry in pan and cook until golden on each side. I will sometimes sprinkle a few blueberries on top of the pancakes before I flip them over to fry the second side.

45th Lanigan and District Music Festival a success

■ Daniel Bushman

Talent was on full display at this year's Lanigan and District Music Festival. With 231 entries as part of the 45th annual event, the hard work and dedication of students and their teachers highlighted the 2022 version of the festival.

Held at the Christian Fellowship Church in Lanigan with piano sessions Apr. 25 to 28 and guitar performances strumming Apr. 28, voice, musical theatre, spoken word and ensemble acts took place May 2 and 3 followed by a final concert May 6.

Throughout the festival, Amy Ewert with the Lanigan and District Music Festival said performers were eager to show their skills while learning as well. "Our adjudicator for piano and guitar was Chris Kelly and our adjudicator for vocal, musical theatre and speech arts was Dr. Garry Gable. Students and teachers learned lots from both adjudicators."

As part of the final concert May 6, performances by a number of students were highlighted from the festival while a slideshow and display of programs from the past commemorated the 45th anniversary.

On behalf of the Lanigan and District Music Festival, Ewert extended her appreciation to the students and teachers who entered this year's festival as well as to the adjudicators and those attending or watching the event virtually. Ewert also highlighted the winners recommended by the adjudicators to continue competing following the final concert.

"A big congratulations to the following Lanigan and District Music Festival winners who have been recommended by the adjudicators to compete in the SMFA Provincial Finals June 2 to 5: Claire Bergermann, Tamia Kiefer, Katherine Ostrovsky, Chloe Melin, Noah Doromal, Jenevieve Melin, Keira Sunderland, and Geri Lon Valdesimo."

The following are the results of this year's award and scholarship winners:

Piano Awards

- Horizon School Division (Best Musicianship) \$150 – Nirel Ryan Doromal;
- Lanigan & District Music Festival Association (Piano) \$100 - Chloe Melin;
- Lanigan & District Lions Club (Piano) \$100 - Noah Doromal;
- Accent Credit Union (Deserving Piano Duet) \$100 - Cora Bushman and Annabelle Bushman;
- East Central Registered Music Teachers Association (Open) \$100 - Caleb Melin;
- Mrs. Leona Paulton (Open) \$50 - Dmytro Kyrychenko;
- Farefield Farm Ltd. – Ed and Myrna Ewert (Open) \$50 – Laurene Ewert;
- Guernsey and District Rec Board (Open) \$50 - Xander Kiefer;
- Sinnett Pork Farm Ltd. (Open) \$50 - Jenevieve Melin;
- Jansen & District Kinette Club (Open) \$50 - Tamia Kiefer;
- Conexus Credit Union (Senior) \$50 – Nolin Gunther;
- Knights of Columbus (Open) \$50 – Claire Bergermann;
- Jansen & District Kinsmen Club (Open) \$50 - Joshua Siemens;
- Katelin Trucking-Linus & Kathy Jones (Open) \$50 – Tayasia Otsig;
- Village of Englefeld (Open) \$50 - Katherine Ostrovsky;
- Ben and Lorraine Jansen (Open) \$50 – Hunter Fitzsimmons;



Pictured: the 45th annual Lanigan and District Music Festival at Christian Fellowship Church.

- photos by Amy Wildeman



- Lanigan & District Lioness (Open) \$50 - Magnus Rempel;
- Lanigan & District Lioness (Open) \$50 – Everlee Huculak;
- Green Teal Insurance Brokers Ltd. (Open) \$50 – Clint Bergermann;

- Strueby Agencies (Open) \$50 – Star Baril;
- TSL Mechanical (Open) \$50 - Tristan Cardinal;
- Horizon School Division (Open) \$40 - Rowan Brown and Olivia Brown;
- Jansen & District Kinsmen Club (Open) \$35 – Roshelle Dalida;
- Mrs. Sandra Athmer (Open) \$25 - Rowan Brown;
- Mr. and Mrs. Liebrecht (Deserving Primary Piano) \$25 – Mae Monchuk;
- Nata's Tea House (Primary Piano) \$25 - Alex Monchuk;
- Jansen & District Kinsmen Club (Open) \$25 – Olivia Brown;
- Amy Ewert Piano Studio (Primary Piano) \$25 – Blakely Lynch;
- Englefeld CWL (Open) \$25 – Nora L'Heureux;
- Jansen & District Kinsmen Club (Open) \$20 – Roman Mehrer;
- Horizon School Division (Piano) keeper trophy – Jenevieve Melin;
- Mr. and Mrs. B. Comeault keeper trophy – Tristan Lehr;
- Lanigan Esso (Open) large trophy – Chloe Melin;
- K's Appliance Repair (Open) large trophy – Dmytro Kyrychenko;
- Accent Credit Union Limited (Piano Solo) large trophy – Noah Doromal; and
- Conexus Credit Union (Best Musicianship - Piano) large trophy – Nirel Ryan Doromal.

Voice Awards

- Lanigan Pharmacy (Best Musicianship) \$150 - Geri Lon Valdesimo;

(see page seven: **FESTIVAL**)

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(from page six: **FESTIVAL**)

- Accent Credit Union (Deserving Vocal Duet) \$100 - Montana Kulchyski and Ryan Kulchyski;
- Lanigan & District Lions Club (Vocal) \$100 - Jenevieve Melin;
- Breanna Jansen Award (Musical Theatre) \$60 - Caleb Melin;
- Horizon School Division (Open) \$50 - Keira Sunderland;
- Lanigan Pharmacy (Outstanding Musical Theatre) \$50 Ger Lon Valdesimo;
- Dulcie Kirzinger Music Studios (Open) \$50 - Molly Ev-

- ans;
- Kirzinger Construction Ltd. (Open) \$50 - Mallory Tweidt;
- Mrs. Wanda Schmidt (Vocal) \$50 - Hunter Fitzsimmons;
- Knights of Columbus (Open) \$50 - Kyrra Burton;
- Lanigan and District Legion (Best Individual Verse) keeper trophy - Jenevieve Melin;
- Horizon School Division (Vocal) keeper trophy - Caleb Melin;
- Mrs. Wanda Schmidt (Vocal Solo) large trophy - Geri Lon Valdesimo;
- Hatcher's Custom Golf (Musical Theatre) large trophy -

- Geri Lon Valdesimo; and
- Conexus Credit Union (Best Musicianship - Vocal) large trophy - Jenevieve Melin.
- Guitar Awards**
- Conexus Credit Union (Open) \$50 - Brayden Nivon;
- Laura Melin's Music Studio (Guitar) \$50 - Colton Bushman;
- Knights of Columbus (Open) \$25 - Maddex Bergen;
- Jansen & District Kinsmen Club (Open) \$20 - Declan Parker; and
- Horizon School Division (Guitar) keeper trophy - Brayden Nivon.

Horizon holds badminton events

■ **Daniel Bushman**

Athletes kept their eye on the birdie as Horizon pre-district and district badminton events recently took place. The junior contingent held pre-districts Apr. 28 and 29 and later districts while the senior group competed in districts Apr. 30 in Humboldt.

The following are the results from Horizon Central Athletic Association of local athletes and the schools they represent from both junior and senior events. Any local athletes not listed were unintentionally missed.

Junior pre-districts results from Raymore

Boys Singles - Miles Williams of Imperial placed fourth. Girls Singles - Bailey Field of Imperial placed first and advanced to Districts. Olivia Tan of Winston High School in Watrous placed third and Hailee Woodhouse of Holdfast placed fourth. Mixed Doubles - Elizabeth Maerz and Curtis Dennis of Holdfast placed third and Danny Strauss and Amanda Martens of Imperial placed fourth. Boys Doubles - EJ Cortez and Mico Nieto of LeRoy placed second and

will advance to Districts. Paul Allirilla and William Bendel of LeRoy placed third and Choc Gullacher and Riley Sinclair of Imperial placed fourth.

Junior pre-districts in Wynyard and Foam Lake

Boys Singles - Graydn Wilson of Lanigan Elementary placed fourth. Girls Singles - Geri Lon Valdesimo of LeRoy placed first and advanced to Districts. Reese Stroeder of Lanigan Central High School placed second. Mixed Doubles - Jaramae Tan and

Regan Bilodeau of LeRoy placed first and Kash Elke and Kyrie Burton of Lanigan Elementary placed second with both teams advancing to Districts. Jeff Tan and Stefanie Angob of LeRoy placed fourth.

Junior pre-districts in Foam Lake and Lanigan Elementary

Boys Doubles - Carter Edwards and Jaxson Hendry from Nokomis were fourth. Girls Doubles - Marly Dumanski and Cally Morningstar of Lanigan Central High School were

first. Hailey Burton and Sawyer Prouse of Lanigan Elementary were second and advance to Districts. Hadley Braun and Kharington Kuntz of Nokomis were third and advance to Districts.

The HCAA Junior Badminton District Championship took place Friday, May 6 at Wynyard Composite.

Junior District results from Wynyard

Girls Singles - Geri Lon Valdesimo of LeRoy was first.

Senior District results from Humboldt

Boys Singles - Dexter Gusikoski of Viscount placed second and advanced to Regionals. Girls Doubles - Mica Baclaan and Amielle Mangulabnan of LeRoy placed third.

At the SHSAA Regional Championship, in Boys Singles, Gusikoski finished with a record of 1-2. Winning this year's Regional title was Gerard from Sturgeon Lake who went 5-0.





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GARAGE SALE - 14 FOLLEY Crescent, Lanigan, Sat., May 21, 9 a.m. to 4 p.m. Household items, tools and miscellaneous./19-3c

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RCMP Report

Saskatchewan RCMP – Your Provincial Police Service - Weekly Report from May 2 to 8

Investigative Recap

May 3: Rose Valley RCMP observed a suspicious vehicle and attempted a traffic stop. The vehicle did not stop and was later located, abandoned. It was seized by police, who located and seized approximately 200 grams of suspected methamphetamine, knives and drug paraphernalia within it. The investigation continues.

May 4: Charges laid in investigation stemming from Apr. 4, 2022. Punnichy RCMP and EMS responded to a report of an injured individual on George Gordon First Nation. An injured adult male was located outside a residence – he was pronounced deceased on scene. Upon further investigation, his death was determined to be suspicious in nature and Saskatchewan RCMP Major Crimes became engaged.

As a result of investigation, two teen males – who cannot be identified as per the Youth Criminal Justice Act – have been charged with one count each of second degree murder, section 235 of the Criminal Code. They appeared in Wynyard Provincial Court on May 6.

Punnichy RCMP, Yorkton and Regina RCMP General Investigation Services, Yorkton RCMP Forensic Identification Services and Regina RCMP Police Dog Services and the Saskatchewan Coroner’s

Service also assisted with this investigation.

May 5: North Battleford RCMP received a report of an erratic driver on Hwy. 16. As a result of a subsequent traffic stop and search, officers located and seized a loaded handgun and approximately 112 grams of cocaine. Thirty-three-year-old Troy Amson from Maidstone, 33-year-old Devin Bonick from Lloydminster and 35-year-old Steven Vu from Maidstone are each charged with one count, possession for the purpose of trafficking, Section 5(2), Criminal Code, one count, possession of property obtained by crime less than \$5,000, Criminal Code, one count, possession of a weapon for a dangerous purpose, Section 88(2), Criminal Code, one count, authorized possession of a firearm, Section 91(3), Criminal Code, one count, possession of a firearm in a vehicle, Section 94(2), Criminal Code and 1 count, unsafe storage of a firearm, Section 86(2), Criminal Code. Vu also was charged with one count, resist/obstruct peace officer, Section 129(a), Criminal Code and one count, operation of a conveyance while prohibited, Section 320.18, Criminal Code.

May 6: Indian Head RCMP asks for public assistance in investigation of fatal collision on Hwy. 1 near Sintaluta.

May 6: Thirty-one-year-old Matthew Barker from Swan River, Man. was arrested in Winnipeg on warrants from the Nipawin

RCMP, Tisdale RCMP, Hudson Bay RCMP and Swan River RCMP.

May 6: As a result of a traffic stop and subsequent search around 11 a.m., Pinehouse RCMP located quantities of crack cocaine, crystal methamphetamine, a large machete, a shotgun, ammunition and various drug paraphernalia. Twenty-five-year-old Bryson Ratt from Pinehouse is charged with impaired driving, possession for the purpose of trafficking, possession of a firearm in a vehicle, possession of a weapon dangerous to the public x 2 and unauthorized possession of a firearm.

May 6: Punnichy RCMP received a report of an assault on Kawacatoose First Nation. An adult male was transported to hospital with injuries described as non-life-threatening. Twenty-year-old Talon Worme from Kawacatoose First Nation was arrested and charged with one count, Robbery, Section 344, Criminal Code, one count, aggravated assault, Section 268(2), Criminal Code and one count, fail to comply with probation order, Section 733.1(1), Criminal Code. Twenty-eight-year-old Jesse Worme from Kawacatoose First Nation was arrested and charged with one count, Robbery, Section 344, Criminal Code, one count, aggravated assault, Section 268(2), Criminal Code, one count, fail to comply with probation order, Section 733.1(1), Criminal Code and one count, fail to comply with release order

condition, Section 145(5)(a), Criminal Code.

May 7: Big River RCMP received a report of an injured adult male at a residence on Big River First Nation. The male was transported to hospital with injuries described as serious. A 19-year-old female from Big River First Nation was arrested on scene and charged with one count of aggravated assault, Section 268(2), Criminal Code and one count, possession of a weapon for a dangerous purpose, Section 88(2), Criminal Code. She will appear in court on Big River First Nation on June 14, 2022.

Catalytic converter thefts up so far in 2022

Saskatchewan RCMP has received more than 100 reports of catalytic converter thefts in RCMP jurisdiction so far in 2022. RCMP received 30 in the same time period in 2021. In some cases, owners reported starting vehicles that had been stored over the winter, only to find the catalytic converter had been stolen sometime over the past few months. It takes only a couple of minutes to remove a catalytic converter and virtually all vehicle types are potential targets. Whenever possible, park your vehicle(s) inside a locked garage or in a well-lit area to deter thefts.

More than 150 Report Impaired Drivers (RID) calls received in two weeks

From Apr. 25 to May 8, Saskatchewan RCMP’s Divisional Operational Communications Centre received 153 reports of potentially impaired drivers

(does not include calls for service by the public directly to local RCMP detachments). If you see a suspected impaired driver, pull over and call 911. Your call is all it takes to help increase road safety in Saskatchewan.

Report Tips and Information: If you have information about any of the above crimes or other criminal activity, please report it to your nearest RCMP Detachment or police service, call 310-RCMP in non-emergencies, 911 in emergencies. Information can also be submitted anonymously through Crime Stoppers by calling 1-800-222-TIPS (8477) or submitting a tip online at www.saskcrimestoppers.com.

Please note: the statistics below are representative of reports received within the Saskatchewan RCMP jurisdiction. They are from the RCMP records management system and are accurate as the day they are collected. Crime statistics are regularly updated due to changes in reporting procedures and changes in ongoing investigations, etc. As a result, the statistics below may differ from previous or future published reports.

Divisional Operational Communications Centre (does not include calls for service by the public directly to local RCMP detachments)

Calls for service total: 6,202; highest volume of calls for service was on May 7, 2022: 1,066; Reports of Impaired Drivers (RID calls):

65;

Persons Offences (number of incidents, not victims)

Homicide: one; homicides year to date (January, 2022 to last day encompassed in this report): seven; sexual assaults: 17; sexual crime - other (invitation to sexual touching, sexual interference): eight.

Assaults

Aggravated assault: six; assault: 183; assault with weapon or causing bodily harm: 52; robbery: three; firearms (use of in the commission of an offence, discharge with intent, pointing a firearm): seven; kidnapping/forcible confinement: two; harassment/uttering threats: 119; other persons offences (domestic or family dispute, criminal negligence causing bodily harm, extortion with firearm, mischief – danger to life, etc.): 24.

Property Offences

Break and enter total: 103; number of break and enters to a business: 15; number of break and enters to a residence: 22; number of other break and enters (encompasses sheds, storage containers, unattached garages, etc.): 66;

Theft total: 211; other theft over \$5,000: 38; theft \$5,000 or under: 139; number of theft of motor vehicle: 34;

Mischief: 536; number of mischief - damage to property: 143; number of mischief - obstruct enjoyment of property (example: unwanted, intoxicated person at a residence): 393; (see back page: **RCMP**)

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(from page nine: **RCMP**)

Other Criminal Code Offences

Bail violations: 118; breach of probation: 33; failure to appear/comply: 15; disturbing the peace: 136

Reports of intimate partner and family violence

Time period reported is quarterly. Data represents

number of victims, as there may be more than one victim on a specific investigative file. An individual victimized more than once in a timeframe would be counted more than once. Due to common relationship types in intimate and family violence categories, totals should not be combined. Intimate partner refers to violence committed by spouses (legally married, separated, divorced and common-law), current and former dating partner,

or someone with whom the victim was in another type of intimate relationship. Family violence refers to violence committed by spouses (legally married, separated, divorced and common-law), parents (biological, step, adoptive and foster), children (biological, step, adopted and foster), siblings (biological, step, half, adopted and foster) and extended family members (grandparents, uncles, aunts, cousins and in-laws).

Total intimate partner

violence October to December, 2021: 1,150; and total family violence October to December, 2021: 1,088

Traffic

Impaired-related offences: 92; number of roadside suspensions: three; dangerous operation of a motor vehicle: 22; speeding (this does not include automated speed enforcement fines issued): 1,630; fines issued: 1,027; warnings issued (education-focused interaction between police and public): 603;

collisions: 119; dangerous driving: four; Fatal collisions (number of incidents, not victims): one.

Non-offence Codes (generally, instances where Criminal Codes or Provincial/Federal Statutes aren't broken – for example abandoned vehicles, animal calls, school visits, property or wellbeing checks, etc.)

Assistance: 290; false alarms: 205; breach of peace: 132; 911 Act – other activities: 207; suspicious

person/vehicle/property: 210; mental health act (generally, police officers responding to reports of persons thinking about suicide, or people with mental illness and requiring assistance): 179; and Non-suspicious sudden deaths/Coroner's Act (Every non-suspicious sudden death police officers respond to including reports of persons who died by suicide, natural, accident or undetermined. Specific breakdowns by cause of death are unavailable.): 20

Wishing Carol Robson a very Happy Birthday!



GIVE HER A CALL MAY 17!

SMA survey reveals impact of pandemic on Sask. physicians

■ **media release**

A majority of Saskatchewan physicians who responded to a Saskatchewan Medical Association (SMA) membership survey feel their mental health has worsened after two years of the pandemic, their jobs are less satisfying, and their voices have not been heard in the pandemic response.

Physicians are also concerned about the health of patients with non-COVID needs, according to the online

survey, which was conducted in February 2022 and drew almost 400 responses from SMA members.

Asked to rate their mental health now compared to before the pandemic, almost 49 percent said it was worse and 17 percent responded much worse, while 30 percent said it was about the same.

Meanwhile, 74 percent responded that medical practice is less satisfying than usual (21 percent said it is about as satisfying as usual). Overall workload

since the pandemic began had increased a great deal (26 percent) or increased somewhat (30 percent), respondents said, while 54 percent indicated they intend to reduce their clinical hours in the next two years.

“The survey reflects what I have been hearing from many physicians – that they have been working harder during the pandemic and their mental health has suffered,” said SMA president Dr. Eben Strydom. “The results are worrisome. Physicians need supports now more than ever as the pandemic is still with us. Case numbers driven by COVID-19 variants continue to place strains on physicians

and all health care workers. Those strains are reflected in the survey results.”

The survey asked physicians to indicate their level of concern about issues that may have arisen during the pandemic. The top concern of respondents is a lack of physician voice in the pandemic response (76 percent), followed by concern for the health of patients with non-COVID needs (60 percent), concern for their own or their families’ safety and health (43 percent), poor communication (42 percent), and feelings of less connectivity to their colleagues (42 percent).

“Physicians feel their

expertise and advice has not been valued during the pandemic,” Dr. Strydom said. “Health leaders should listen to physicians, implement policies and procedures that provide optimal care for both their COVID and non-COVID patients, strengthen channels of communication, and foster collegiality among health care workers,” he said, adding he is grateful to physicians for expressing their opinions.

“Saskatchewan’s physicians have spoken, and they are saying that medicine has been affected by the duration and persistence of the pandemic, and its impacts on the health system.”



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