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LANIGAN ADVISOR

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Lanigan, Saskatchewan

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\$1.00

A look back at 2022 and a look ahead to 2023 for Lanigan

■ *Daniel Bushman*

With events resuming, construction on the new waterpark beginning and emergency services at the hospital opening during the week, 2022 brought with it a number of changes in Lanigan.

The Lanigan Advisor reached out to Lanigan Mayor Tony Mycock and CAO Kelli Timmerman to get their thoughts on 2022 and what 2023 could hold. Mycock and Timmerman graciously took some time out of their busy schedules to share about the year, a few highlights, where things are at with the waterpark, hospital and new school and what could be in store for 2023.

How did 2022 go as a whole for Lanigan as things began to improve through the pandemic and restrictions lifted?

Tony: I think things went well and it was nice to be able to get out and do things. Celebrate Lanigan was a big success after a two-year hiatus. It was so nice to be able to come together as a community again.

Kelli: Operations have been much smoother without having to enforce restrictions and create policies surrounding the pandemic.

Were there a few highlights that occurred within the community during 2022 including the construction of the Lanigan & District Waterpark?

Tony: Yes, it was nice to break ground finally on the pool as it has been a long process. It is nice to see all the hard work and fundraising done by the committee finally pay off with the start of construction. The dream is beginning to be a reality.

Kelli: We had a number of highlights along with the start of construction of the Lanigan & District Waterpark, including a by-election in February that welcomed two new members to Council (Shanon Bay and Jason Leffler).

The new REACT carts have been well received in the community and it has increased the efficiency of garbage collection. We appreciate the cooperation of the residents during the rollout of this program.

We traded the skidsteer for a more useful mini-loader for public works, and replaced the grader wing we had tried out last year for one that is more functional in an urban setting.

A large donation from the Lanigan & District Ambulance Association enabled the Town of Lanigan to purchase and manage housing for our doctors which will hopefully eliminate the issue of doctor retention.

The major technology upgrades at the arena have been a great highlight for those in the community who are going digital! We installed Live Barn so families and friends anywhere in the world can watch their loved ones on the ice. Our arena schedule is now displayed on a screen in the arena lobby and is updated instantly from our computer system. Since the pandemic and



With the calendar flipping to 2023, the temperatures also appeared to follow, going from bone-chilling to above-normal values for this time of year. With daytime highs pegged around -13°C and overnight lows -24°C, the recent forecast included values closer to -5°C during the day and -12°C overnight. Those numbers have also aided in some beautiful sunrises (above), heavy fog, risk of freezing rain and the opportunity for those living outdoors like this chickadee (left) to find a bit of food during a warm afternoon.

- photos by Daniel Bushman

Canucks host Pirates

■ **Daniel Bushman**

As both clubs began 2023 finding the win column, the Drake Canucks hosted the Lanigan Pirates Jan. 14 in Long Lake Hockey League action.

With the Canucks three points up on the Pirates for fifth heading into the contest, Drake hit the back of the net first courtesy of a Cam Blair marker. Up 1-0, the home crew added a second during the opening frame as Andrew Johnson scored from Cam Blair and Eric Roy with 8:03 remaining. Leading by a pair, the Canucks connected with a third, this time with 5:41 left as Catlin Gusikoski scored from Dexter Gusikoski and Maguire Scheidt. Before the opening 20 minutes expired, Johnson added his second of the game and heading into the middle stanza, Drake carried a 4-0 lead.

In period two, Lanigan began to chip away at the deficit, scoring less than three minutes into the frame as Zach Garrett connected from Korwin Shewchuk and Dallas Du-

fault. Then just over a minute later the Pirates made it 4-2 as Josh Bly found the back of the net and goalie Mack Shields chipped in with the lone assist.

Looking to gain back momentum, and with the power play, Drake scored with seven minutes to go as Steven Toporowski pushed the Canucks back up by three. Shortly after that marker, Maguire Scheidt added his second of the game from Johnson and Drake restored its four goal lead. Up 6-2, the Canucks headed into the third hoping to preserve its lead while the Pirates took aim at mounting a comeback.

With 15:18 on the scoreboard, Lanigan's Korwin Shewchuk collected his first of the game and second point as the Pirates beat netminder Mason Briske. While the team tried to quickly add another, it would not be until 4:27 to play when Lanigan's Riley Funk scored to make it a 6-4 contest. Despite the Pirates collecting two third period goals, with 29 seconds remaining Drake would secure the victory as Maguire Scheidt notched his second marker of the game and the Canucks skated away with a 7-4 win.

The win, the fourth in a row for the Canucks, pushed the team's record to 7-6-1 for 15 points, one back of Wadena and two behind LeRoy for third. Lanigan meanwhile dropped to 5-9 for 10 points, one back of Foam Lake heading into this past week's games.

Drake was scheduled to face Davidson Jan. 18 and Watrous Jan. 21 while Lanigan headed to Wadena Jan. 20 and hosted Davidson Jan. 21.

In the Jan. 18 game between the Canucks and Cyclones, teams each collected power play markers in the first frame but Davidson would take a 3-2 opening period advantage. With goals by David Stumborg, Drake added another in the second by Cam Blair while Davidson countered with four more tallies, including on the power play to lead 7-3 through 40 minutes. Entering the third, Davidson scored early before the Canucks collected a trio of markers, two from John Lawrence and one from Terrell Draude, but the Cyclones would close out the contest with two more goals during the third stanza to win 10-6.

RCMP Report

Theft in Lanigan

Humboldt/Lanigan RCMP are investigating the theft of a black enclosed trailer that was stolen from a business located at the north end of Lanigan. The theft occurred during the evening of Dec. 23, 2022 and the Humboldt RCMP and Crime Stoppers are seeking assistance from the public in identifying any suspects that may have been involved with this incident.

If you have information about this or any other crime, please contact Humboldt RCMP at 306-682-2535 or you may contact Saskatchewan Crime Stoppers anonymously at

1-800-222-TIPS (8477) or submit a tip online at www.saskcrimestoppers.com.

Illicit drugs seized, occupants charged after vehicle in ditch

On Jan. 7, 2023, at approximately 2 p.m., Yorkton RCMP received a report of a vehicle with two occupants in the ditch along Hwy. 10, east of Yorkton. Officers responded and investigation determined the vehicle and the licence plate were both reported as stolen in Regina.

When asked by police, a male occupant of the vehicle provided a false name. He and a female occupant also refused a police command

to exit the vehicle. Both occupants were arrested.

As part of the ongoing investigation, officers searched the vehicle and located the following illicit substances: 42.6 grams of cocaine; 32.6 grams of crystal methamphetamine; 9.9 grams of fentanyl; 720 hydromorphone tablets; five grams of liquid concentrate cannabis; and five methylphenidate tablets.

The illicit substances were seized by police for further investigation.

As a result of the investigation, 25-year-old Crystal Fox of Regina is charged with: one count, resist/obstruct peace officer, Section 129(a), Criminal Code; one count, possession of a weapon for a dangerous purpose, Section 88(2), Criminal Code; one count, possession of property obtained by crime under \$5,000, Section 354(1)(a), Criminal Code; one count, possession of property obtained by crime over

Section 129(a), Criminal Code; one count, Possession - Schedule I: fentanyl, Section 4(1), Controlled Drugs and Substances Act; and, one count, Possession - Schedule I: opioid, Section 4(1), Controlled Drugs and Substances Act.

Thirty-three-year-old Dustin Rusnack of Regina is charged with: three counts, resist/obstruct peace officer, Section 129(a), Criminal Code; one count, possession for the purpose of trafficking - Schedule 1: methamphetamine, Section 5(2), Controlled Drugs and Substances Act; one count, possession for the purpose of trafficking - Schedule 1: cocaine, Section 5(2), Controlled Drugs and Substances Act; one count, resist/obstruct peace officer, Section 129(a), Criminal Code; one count, possession of a weapon for a dangerous purpose, Section 88(2), Criminal Code; one count, possession for the purpose of trafficking - Schedule 1: opioid, Section 5(2), Controlled Drugs and Substances Act.

Rusnack was also charged in relation to a White Butte RCMP investigation on Jan. 6, 2023. At approximately 9 a.m. that morning, White Butte RCMP received a report of a suspicious vehicle in Pilot Butte. When the officer approached it, the male driver fled at a high rate of speed, colliding with a police vehicle and a garbage bin. No injuries were reported. Rusnack was charged with: Flight from peace officer, Section 320.17, Criminal Code, and Dangerous operation of a motor vehicle, Section 320.13(1), Criminal Code.

As a result of further investigation, Rusnack was also charged in relation to a White Butte RCMP investigation on Jan. 6, 2023. At approximately 9 a.m. that morning, White Butte RCMP received a report of a suspicious vehicle in Pilot Butte. When the officer approached it, the male driver fled at a high rate of speed, colliding with a police vehicle and a garbage bin. No injuries were reported. Rusnack was charged with: Flight from peace officer, Section 320.17, Criminal Code, and Dangerous operation of a motor vehicle, Section 320.13(1), Criminal Code.

Three vehicle collision
At approximately 11 p.m. Jan. 13, Estevan RCMP responded to the report of a three-vehicle collision on Hwy. 47, north of Estevan. Initial investigation determined a vehicle was travelling southbound when an adult male passenger attempted to gain control of the vehicle, causing it to stop in the middle of the road. A second vehicle, with one lone occupant, collided with the first vehicle. The adult male - who was injured as a result of the collision - then assaulted and attempted to rob the driver of the second vehicle. The driver was treated at the hospital with injuries described as serious but non-life-threatening.

The male then armed himself with a shovel and made several attempts to stop and steal other passing vehicles. He climbed in the passenger window of one of the vehicles, which ended up in the ditch. Officers arrived on scene and told the male he was under arrest. The male

(see page three: **RCMP**)

TOWN OF LANIGAN - CAREER OPPORTUNITY

ADMINISTRATIVE ASSISTANT

The Town of Lanigan is seeking a permanent full-time Administrative Assistant to join our team. The position reports to the Chief Administrative Officer (CAO) and provides support for Administration, Public Works, Council and Recreation.

The ideal candidate will have strong comprehension of financial activities and knowledge of local governance issues, be proficient in computers and spreadsheets, and possess a friendly, courteous and professional demeanour. Well-developed interpersonal and communication skills are key requirements. Experience in Municipal Administration and a desire to work towards a Certificate in Local Government Administration are considered valuable assets.

This is an excellent opportunity for those looking for a stable career in the public sector, while learning and working with experienced support staff. The

Town offers a comprehensive benefits package including health, dental and vision, as well as an employer matched pension plan. Salary will be dependent on qualifications and experience.

We thank all applicants for their interest in this position; however only those candidates selected for interviews will be contacted. To be considered for this career opportunity, please submit a cover letter with salary expectation along with your resume outlining your qualifications and experience.

This position will be filled once a suitable candidate is retained but would request applications be received by **January 27, 2023**.

Kelli Timmerman, CAO
Town of Lanigan, Box 280,
Lanigan, SK S0K 2M0
306-365-2809
town.lanigan@sasktel.net

TOWN OF LANIGAN

EMPLOYMENT OPPORTUNITY PUBLIC WORKS LABOURER

The Town of Lanigan is seeking a Permanent Full-Time Labourer to join our Public Works team. Duties will include street and sidewalk maintenance, snow removal, grass cutting and trimming, small equipment operation, manual labour and other duties as assigned.

Must be able to perform physical labour safely, possess a valid Class 5 Driver's Licence and have completed Grade 12 or equivalent. The ability to work with minimal supervision is required. The successful candidate must provide a Criminal Record Check.

Please submit resume with references to:
town.lanigan@sasktel.net
or in person to 110 Main Street, Lanigan.

Employment to commence as soon as reasonably possible. The position will remain open until a suitable candidate has been selected. Only those considered for employment will be contacted.

For more information, contact
Kelli Timmerman at 306-365-2809

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WEALTH MANAGEMENT



(from page two: **RCMP**)

did not comply and rushed at one of the officers and attempted to pull their conducted energy device from their uniform. Another officer deployed their conducted energy device. The male continued to resist and attempted to assault the officers, but was arrested a short time later. He was taken to hospital for treatment of the injuries sustained in the collision.

Hwy. 47 was closed for

approximately two hours for initial response and investigation. As a result of continued investigation, 19-year-old Justice Guillas from Ste Marie, Man. is charged with: four counts, assault with intent to steal, Section 344(1)(b), Criminal Code; three counts, assault, Section 266, Criminal Code; one count, resist arrest, Section 129(a), Criminal Code; one count, disarming a police officer, Section 270.1(1), Criminal Code; two counts, mischief under

\$5,000, Section 430(3), Criminal Code; and one count, fail to comply with release order condition, Section 145(5)(a), Criminal Code.

Vehicle thefts Craik

On Jan. 17, 2023 at approximately 6:40 p.m., a vehicle was stolen from Davidson. The vehicle was parked in front of a local business and the owner left it running to warm up for five minutes before heading home. A male wearing a white hat stole the vehicle

and was followed by another male in a white SUV. The stolen vehicle was dumped at the Co-op cardlock in Craik where the first male jumped into the white SUV and it departed the scene.

Craik Rural RCMP believe the two suspects are still in the area and are advising the public to not leave their vehicles running unattended for any period of time and to lock them when not in use.

Police are seeking the public assistance in solving this crime.

CTC awards \$41,000 in scholarships

■ media release

After a two-year hiatus, Carlton Trail College hosted its student awards celebration in-person on Dec. 6, 2022, handing out 43 scholarships and bursaries totaling \$41,000. Through its student awards program, Carlton Trail College continues its commitment to opening doors to post-secondary education and training for Saskatchewan learners.

"A Carlton Trail College education equips you for life," said Amy Yeager, Carlton Trail College President and CEO. "Beyond the financial support that these funds provide, our awards also demonstrate investment into Saskatchewan's future leaders and workforce by our institution and our many donors."

Scholarships and bursaries are funded through donations from individuals, businesses, agencies and organizations. Donations raised by post-secondary institutions in the province are matched by the government-funded Saskatchewan Innovation and Opportunity Scholarship (SIOS) program.

Student award recipients are determined through a combination of entrance criteria, academic achievements, the students' involvement in school and the community, as well as financial need.

Carlton Trail College Awards Listing

Early Application Scholarships

The Carlton Trail College Early Application Scholarship (\$1,000): Zachary Kotelko – Agriculture Sciences, Mary-Jane

Hon-Mong – Continuing Care Assistant (Humboldt), Luke Clement-Kozak – Continuing Care Assistant (Watrous), (see page six: **CTC**)

WHEATLAND REGIONAL LIBRARY

Monday & Wednesday
3 p.m. - 7 p.m.

Tuesday & Thursday:
11 a.m. - 4 p.m.



Story Hour

Tuesday, 11 a.m.

Carlton Trail Mall, Lanigan • 306-365-2472



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Call 306-528-2044 to book your next appointment or stop by the shop at 202 2nd Ave. W. in Nokomis.

Auction Notice Retail Liquor Store Permits

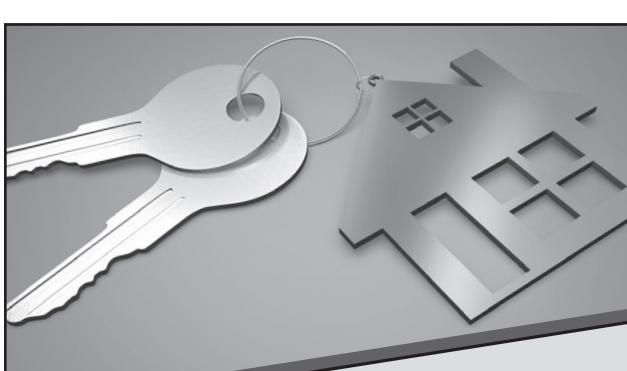
A Retail Store Permit (RSP) allows a business to sell beer, wine and spirits in closed containers for off-site consumption.

The permits associated with the SLGA stores will be available through a public online auction beginning Feb. 6. The auctions are staggered and closing dates will vary depending when the auction began.

Please note that the auctions are for the interest to the permit only – it does not include any physical building or assets. Successful bidders will be required to meet SLGA's licensing requirements before receiving the permit.

For further information visit: www.slga.com.

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NOTICE REGARDING LATE DELIVERY OF LANIGAN ADVISOR

It has been brought to our attention that a number of subscribers have not been receiving their Lanigan Advisor in a timely manner, specifically in the communities of Jansen and Guernsey. Please know that the Lanigan Advisor takes this very seriously and have reached out to Canada Post. Nothing has changed from our end in how we label and distribute our papers each week and the post-masters at each location have done an incredible job in making sure the papers are placed in mailboxes as soon as they arrive at their locations. To the best of our knowledge this is a delivery issue and not one from the Lanigan Advisor nor the post offices which receive the papers. The Lanigan Advisor understands the importance of receiving the paper in a timely manner and apologizes for the frustration and inconvenience this has caused. We spend a considerable amount of money on postage each week to ensure our papers are delivered quickly and so we are equally as frustrated as you are and hope this situation will be resolved shortly. Thanks for your understanding. - Daniel Bushman/Lanigan Advisor

J & K Petals & Paints

NEW HOURS

Tuesday - Friday: 10 a.m. - 4 p.m.

To place your order for curbside pickup or delivery within Lanigan, call:
Store: 306-365-3202 (during store hours)
June: 306-365-7449
Karen: 306-365-7709

We can make arrangements to have flowers delivered to the hospital and lodge, as well as continuing funeral work with Fotheringham-McDougall.
Call for more information or to place your order.

5 Downing Drive, Lanigan, SK

EMPLOYMENT OPPORTUNITY RM OF USBORNE NO. 310

The Rural Municipality of Usborne No. 310 invites applications for a qualified Administrator to cover the 1-year maternity leave of the current Administrator, effective April 1st, 2023.

The office is located in the Organized Hamlet of Guernsey, Saskatchewan, 12 km west of Lanigan and approximately 110km east of Saskatoon on Hwy. 16 in the heart of potash country. The municipality is home to Nutrien Lanigan, Canpotex Rail Car Facility, and several aggregate companies including Lafarge Canada. It is governed by an active hands-on council consisting of 6 divisions. A benefits package, municipal employees' pension plan, and competitive salary will be offered in accordance with qualifications and experience.

Applicant should possess the following qualifications:

- Rural Class "C" Certificate or higher Certificate in Local Government Administration, but other combinations of qualifications may be considered.
- Strong communication, personable and organizational skills.
- Experience with Office, Munisoft and paperless meeting software.

Interested candidates are invited to submit a detailed resume including qualifications, past and present work experience, three work related references, and wage expectations by February 15th, 2023.

If you require more information, please contact the municipal office.

Rural Municipality of Usborne No. 310

Box 310, Lanigan, SK S0K 2M0

Ph: 306-365-2924 • Fax: 306-365-2129

Email: rm310@sasktel.net

Council wishes to thank all applicants; however, only those selected for an interview will be contacted.



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OPINIONS AND COMMUNITY NEWS

4 • MONDAY, JANUARY 23, 2023 • THE LANIGAN ADVISOR

Jansen

Louise Shannon

I am sorry I do not have too much news this week. I had some doctors appointments and so did other people.

Get well greetings to Melissa Klinger, Josie Brooks, Pastor Glenn, Garth Zerbin, Alvin Amendt and George Leffler. I hope we will all be

better soon.

Quilting continues at the church.

I hope everyone who flew somewhere can get back home.

Happy birthday to Ken Manyk, Leslie Krieger, Linda Kinzel, Byron Briske and David Arnst.

uncompliCATED - AND IT'S ONE, TWO, THREE STROKES YOU'RE OUT!!!



■ by Arlene Martin

The question was a bombshell. Alone in the darkened room of the Emergency Ward I had just been asked, should it be necessary, if it was my wish to be resuscitated. It was a weighty question because I was experiencing the thing I feared the most - a stroke! At that particular moment it all seemed so dark. Would I ever be able to talk again and would I remain paralyzed the rest of my days? He stood

there clutching a clipboard

waiting for my answer. I was weighing my alternatives. I didn't want to go through my life helpless and be a burden to Randy and my family. Was I going to get better or worse? I looked at him feeling so vulnerable. It was a yes or no question. He just stood there dressed totally in black. Was he the angel of death? The sounds coming from me were unintelligible. He asked the question again but this time added, "Just nod either yes or no."

I'd never felt so alone. But in that moment everything I believed emerged in an epiphany of insight. In the unraveling despondency two words suddenly burst through, "CHOOSE LIFE!" Nodding my wish to be resuscitated, with a pen he made a quick mark on his clipboard, then left. Besieged by the distressing sounds and activity of a lively ICU ward, I wished Randy was beside me. I knew he was home unwell from COVID.

Every five minutes in Canada someone, somewhere suffers a stroke. A woman in Canada has a stroke every 17 minutes. This equates to 85 women every day, 18 of whom will die. The Canadian Heart and Stroke Foundation has determined one-third more women die of stroke than men, and are 60% less likely to regain their independence. One full-term baby is born in Canada each week with stroke. The rates are higher in premature babies (1 in 1,500). Stroke is a leading cause of adult disability; half of all people in Canada living with stroke need some help with daily activities and one in ten Canadians have at least one risk factor for stroke.

I didn't just pull these facts from my head, the Canadian Heart and Stroke Foundation has been compiling information for more than 70 years. These are the most recent.

It never occurred to me that one night I would go to bed and in the morning I'd wake up unable to speak or use my right arm. My stroke was cause by atrial fibrillation (Afib), often

more severe in women. More women than men die from Afib-related stroke resulting in a poorer quality of life.

The night before my stroke, Randy had gone to bed early. Stressed about him, and also being particularly cautious about catching COVID, that day I ignored a pressing headache. Late afternoon I talked with our doctor, worried because Randy suffered a fainting spell and his blood pressure was unstable. I was told to watch him carefully and if it happened again to drive him to Emergency or call an ambulance. By evening he had improved and went to bed. In the peacefulness of our home, I made myself some Orville Rocket popcorn applying a generous topping of melted margarine. I then settled on the sofa to enjoy an evening of television. I had absolutely no idea a bomb was silently ticking inside me.

Before COVID, by my doctors' order, I was tracking my blood pressure readings. He had mentioned my cholesterol numbers were somewhat high and suggested a healthy diet was in my best interest. And that's when things began shutting down. His nearby office closed and I never did get my report to him. Two years later I believed I was okay and invincible.

I wish I had paid more attention to good and bad cholesterol, understanding the difference between the two: low density lipoprotein cholesterol (LDL) and high density good cholesterol (HDL). The red flags, in my case, were there but I wasn't paying attention. They were subtle: headache, scalp sweating, sleeping troubles, weight gain. However they were lurking under the camouflage of arthritis, kidney disease, migraine, degenerative disc and other disorders. My misguided idea of a stroke victim was someone who drank a lot of alcohol, was diabetic, ate greasy and sugary foods and smoked. I learned the very hard way that I was only partially correct.

Just days ago my pretty speech pathologist closed my file and we talked again about how lucky I was to be making such headway since my stroke-inflicted aphasia and other symptoms. I still don't like how I sound and how hard and exhausting it is to get my words out. I mentioned that despite what others say about my improvement, I don't feel it and just want to be back to my old self. She looked at me with a reassuring grin and replied "Arlene is still in there!"

Across the border it's also alarming: every 40 seconds someone in the United States has a stroke. Every 3.5 minutes, someone dies of stroke. According to 2019 stats by the American Heart Association 57.1% of total stroke deaths were women.

I thank Heaven that the only thing requiring resuscitation was my belief that I was stroke-proof. But facts don't lie and about 35% of all stroke victims, one in 4, will have another one within a year. So this is me doing everything I can and should he come calling again I can tell him - "Not today, Grim Reaper."

I would be lying if I said I wasn't worried about you, yes YOU, my friend. The truth of all this is that if I could have a stroke, anyone can. And believe me - it's just a terrible way to wake up!

Life is fragile, please take care of yourself. -Love Arlene

(For links and photos and more information about stroke please visit me at: <https://uncomplicated430327779.wordpress.com/>)



Prairie Rose Bowling

League sponsors - Lanigan Agencies, Jim's Plumbing and Heating, Bryx Liquor, TSL Mechanical, Poundmaker Adventures, Lanigan Car Wash, TP Contracting, Lanigan Advisor, Lanigan Esso, Katelin Trucking, Jansen Service, Lanigan Pharmacy, Flatlander Fencing, Lanigan Auto Palace, Dell Seeds, Jansen Kinsmen, Jansen Kinettes, and Richardson Pioneer.

Thursday Seniors Monday Mens

Jan. 12 Jan. 16

LHS: Lorna Jantz, 215 MHS: Dwayne Koshinsky, 232
LHT: Lorna Jantz, 531 MHT: Dwayne Koshinsky, 561
MHS: Tom Halter, 226
MHT: Vic Kline, 566

Thursday Mixed

Jan. 12

LHS: Kenzie Zerbin, 182 LHT: Kenzie Zerbin, 450
MHS: Gabe Zerbin, 184 MHT: Greg Blyth, 505

Look What's Cooking by Laura Novecosky

Ingredients:

1 tbsp. butter
½ cup finely chopped onion
1 can cream of chicken soup
½ cup milk (or half and half)
½ block of softened cream cheese (chopped into small chunks)
small pinch thyme, salt and pepper
1 bag frozen hash browns, partly thawed
1 cup grated cheddar cheese

Directions:

Melt butter in saucepan, add onion and cook until softened, about five minutes. Add soup, milk and stir well. Add cream cheese and spices. Continue to heat and stir until the cream cheese melts. Add the hash browns and stir until coated. Spread in a greased casserole. Cover and bake at 350°F for about an hour. Remove, sprinkle with the cheddar cheese and bake another 10 minutes until the cheese melts.

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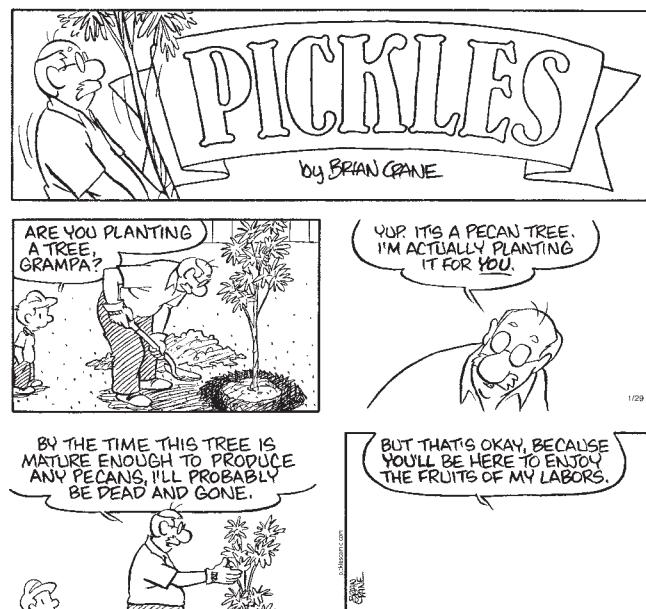
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LANIGAN ADVISOR

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Just for Fun



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Jan. 25 - Feb. 1

Jan. 25 - Feb. 1

JANSEN & DISTRICT KINSMEN SNOWMOBILE DERBY

February 11

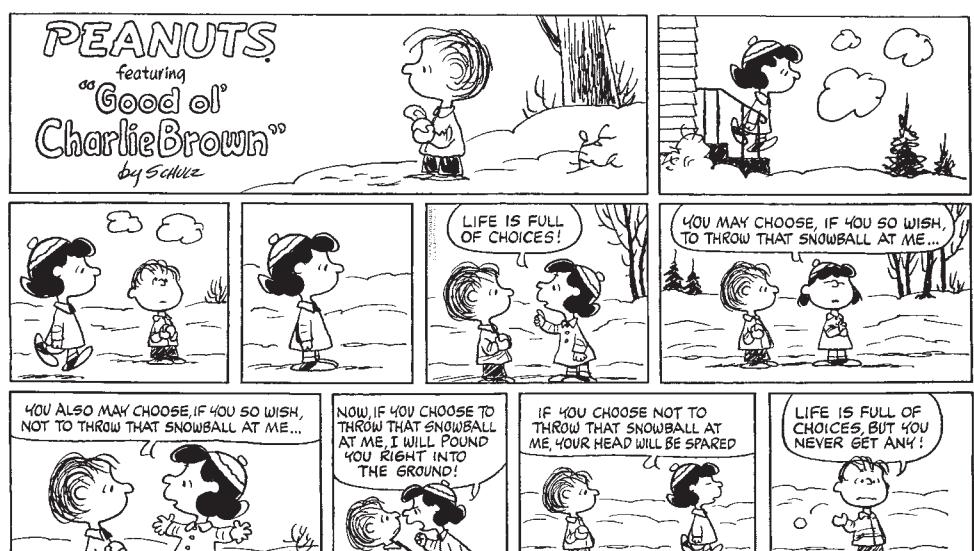
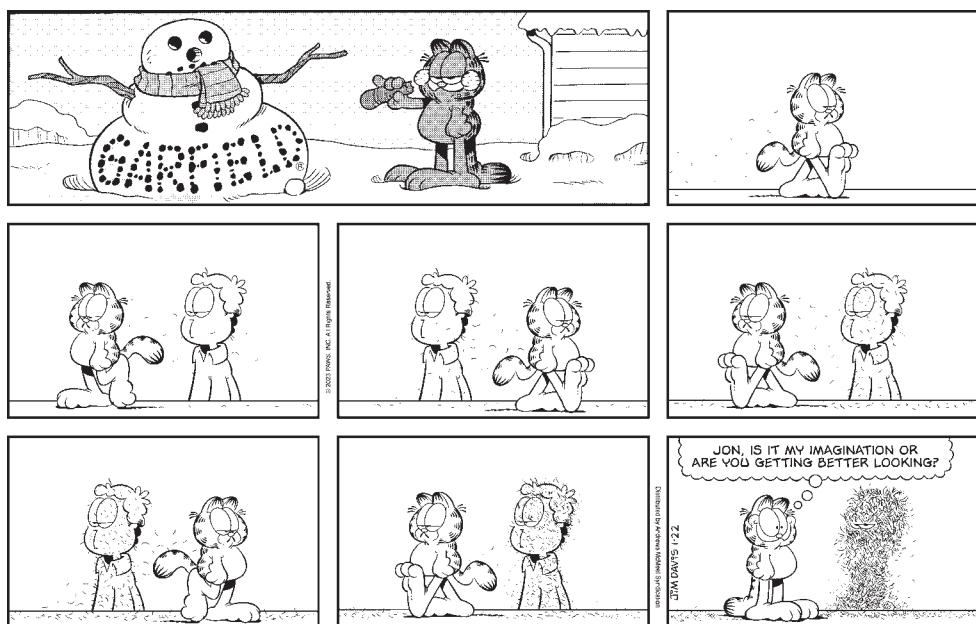
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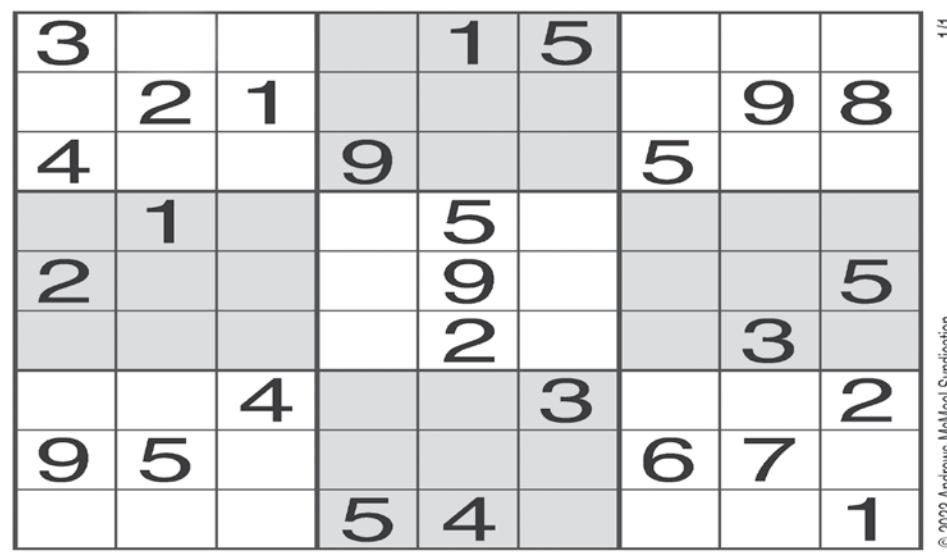
Universal Crossword

Edited by David Steinberg January 22, 2023



UNIVERSAL Sudoku Puzzle

Complete the grid so that every row, column and 3×3 box contains every digit from 1 to 9 inclusively.



DIFFICULTY RATING: ★ ★ ★ ★ ★

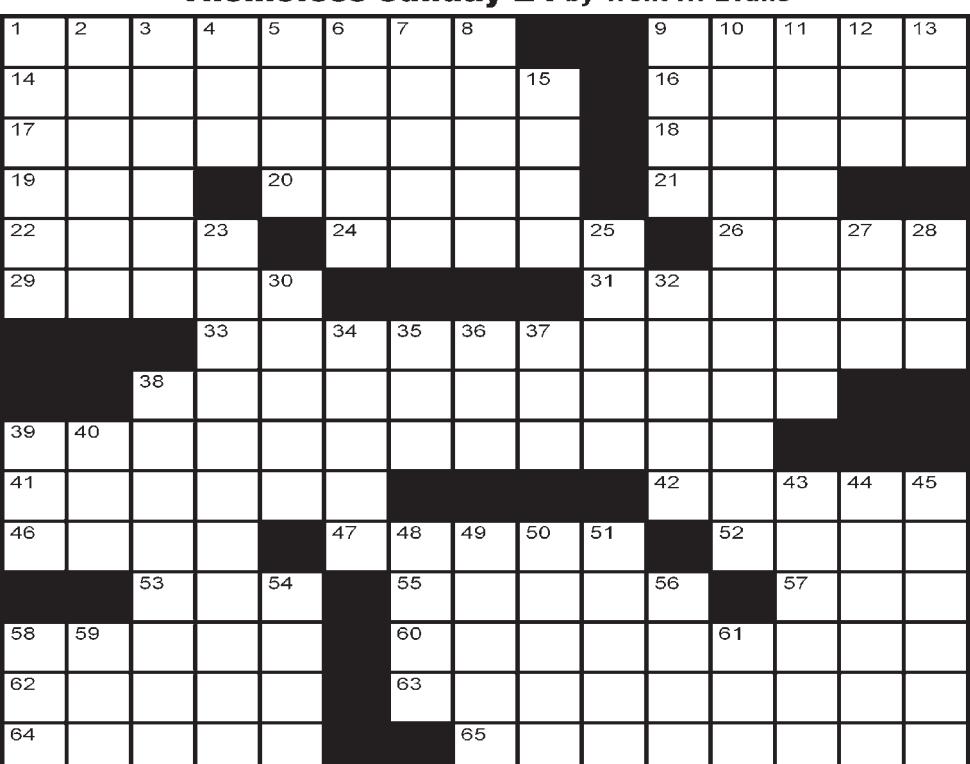
Edited by David Steinberg January 22, 2023

| CROSS | | DOWN | |
|--------------|-----------------------------------|-------------|---|
| 1 | Sherpa's starting point | 52 | Credit, as a source |
| 9 | Performed in a movie | 53 | Mega Men multivitamin seller |
| 14 | "Lay it on me" | 55 | Allen of the Green Mountain Boys |
| 16 | Good, to Galileo | 57 | "Psych!" |
| 17 | Stops freaking out | 58 | Top-tier |
| 18 | Bonnie's partner in crime | 60 | Instant when you figure out a puzzle's theme, say |
| 19 | Boxer Muhammad | 62 | Thin cookie |
| 20 | Pagan practice | 63 | Opinion holder with no backing |
| 21 | Big Indy 500 sponsor | 64 | Over-the-top |
| 22 | Deliver some notes? | 65 | Like less-than-ideal relations |
| 24 | Stooge hidden in "British Empire" | DOWN | |
| 26 | Italian for "Later!" | 1 | Request not made lightly |
| 29 | Plant-based cereal brand | 2 | Kid lit's ____ Bedelia |
| 31 | "Fancy-schmancy!" | 3 | Lustrous fabrics |
| 33 | Incredulous question | 4 | First letters of "Lloyd" |
| 38 | "Fingers crossed!" | 5 | Bear's toenail |
| 39 | Concert promoter's goal | 6 | Protection, or Athena's shield |
| 41 | Itchy skin conditions | 7 | Walk like a soldier |
| 42 | Name that anagrams to "Diana" | 8 | \$0.25, say, for a gumball |
| 46 | Oldest Bridges brother | 9 | Fundamentals |
| 47 | Piece of property or propaganda | 10 | "The Rocky Horror Picture Show," for one |
| | | 11 | Child's keyboard |
| | | 12 | Last command in a BASIC program |
| | | 13 | Female deer |
| | | 15 | Inundate with emails |
| | | 23 | Paranormal investigator |
| | | 25 | Momma's man, maybe |
| | | 27 | Ginger ____ (fizzy drink) |
| | | 28 | Horse's bit? |
| | | 30 | Like an occupied lavatory |
| | | 32 | "Get Here" singer Adams |
| | | 34 | Body part that's flicked |
| | | 35 | Certain chicken or lobster |
| | | 36 | Satisfied sighs |
| | | 37 | From head to ____ |
| | | 38 | "I'm pretty amazing at that" |
| | | 39 | "Don't go anywhere," in a text |
| | | 40 | Abu Dhabi's locale: Abbr. |
| | | 43 | Takeout alternative |
| | | 44 | "Stat!" |
| | | 45 | Made after taxes |
| | | 48 | Authentic |
| | | 49 | Oldest Musketeer |
| | | 50 | 22-Across like a monk |
| | | 51 | Less wild |
| | | 54 | Michael of "Life & Beth" |
| | | 56 | Starburst? |
| | | 58 | Sheep such as Dolly |
| | | 59 | Opposite of strict |
| | | 61 | Me, to Miss Piggy |

**FOR ANSWERS
TO SUDOKU AND
CROSSWORD,
SEE PAGE NINE**

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Themeless Sunday 24 by Trent H. Evans



2023 Guide to POST-SECONDARY EDUCATION



Learn Where You Live With USask Nursing

Written by the University of Saskatchewan

The University of Saskatchewan's (USask) top nursing student for 2022 may have never entered the nursing program if it wasn't for the chance to learn close to home.

Taylor Fulawka is from Yorkton, and along with 14 classmates, together they pursued a nursing education in Yorkton. The supportive environment where it was possible to live at home rent free and concentrate on studying was a major contributing factor to not just graduating, but excelling. Taylor was awarded the W. S Lindsay Gold Medal in Nursing and the University Prize in Nursing; the top academic nursing awards at USask.

Taylor says finances were a significant concern and the cost of relocating to a major centre was simply not possible. The College of Nursing's Learn Where You Live model removes these barriers for approximately 450 nursing students in communities



Photo submitted by University of Saskatchewan.
University of Saskatchewan Nursing Graduate Taylor Fulawka (BSN'22) at Spring Convocation.

throughout Saskatchewan each year, as these students reside outside of Saskatoon, where the main USask campus is located.

Taylor says many people in Yorkton would not complete the nursing program if they had to leave the community.

Passing the National Council Licensure Examination in fall 2022, Taylor is now working as a registered nurse at Yorkton Regional Health Centre. Taylor's story highlights why USask's College of Nursing has taken steps to ensure nursing education is offered throughout the province.

Smaller centres face special challenges in recruiting and retaining health-care pro-

fessionals. The College of Nursing Learn Where You Live model has proven successful in establishing the Bachelor of Science in Nursing (BSN) program in rural and northern communities. Since the first nursing students entered the BSN program at distributed sites in La Ronge and Ile-a-la-Crosse in 2012, 65 students have completed their program in northern Saskatchewan. Since the program began in Yorkton in 2014, 63 students have completed their BSN.

When nursing students complete their degree in rural and northern communities, most graduates stay and practice there. Saskatchewan's rural

and northern communities need nurses, who are familiar with the culture, the people, and the rural and remote way of life.

The need for registered nurses has never been greater. Over the next three years, USask is taking responsive steps to expand access to nursing education in the northern and rural regions of Saskatchewan.

By adding additional seats to nursing sites beyond Saskatoon, communities will be able to take advantage of USask's distributed nursing education infrastructure and strengths in rural, remote, and Indigenous nursing education.

Taylor has seen health centres in smaller communities around Yorkton close, in part due to staffing shortages. Taylor believes nurses educated in Yorkton and similar centres will be more willing to work in rural settings because they are already from a smaller community.

Taylor felt called to the profession of nursing when Taylor's

grandmother, who used to share stories about practicing as a young nursing aid, was in the hospital, and Taylor saw firsthand how care was provided with kindness and support.

Our province and the world needs nurses like Taylor, who are smart, talented, and want to be there for

others in a time of need.

USask's College of Nursing is making this possible for students, no matter where they live in Saskatchewan.

For more information about USask nursing programs, please visit nursing.usask.ca.

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2023 Guide to POST-SECONDARY EDUCATION

Medicine Hat College Takes You From Classroom to Career

Written by the Medicine Hat College

Saskatchewan highways and high schools are a familiar sight for Landon Heilman. As the student recruitment coordinator for Medicine Hat College (MHC) he's travelled extensively throughout the province over the years, meeting with students and high school counsellors and sharing all that MHC has to offer.

As a comprehensive community college in sunny Southeast Alberta, MHC is focused on unique student pathways and programs that help learners reach their educational goals. From certificates, diplomas and degrees to university studies and apprenticeship training in the areas of health care, community services, business, education,

science, arts, trades and technology, there really is something for everyone.

- Consider a rewarding career as a health care aide, improving the lives of those in hospital or living in a care facility or pursue degree options in nursing or paramedicine and

mation or engineering technologist.

- Expand your business acumen and specialize in accounting, administration, marketing, management or financial services, or explore exciting new specialty programs in Sport & Event Marketing and Management,

design, or start your education with a variety of university studies programs in arts and sciences that build a solid foundation for degree completion elsewhere.

Small class sizes across our programs create more opportunities to engage and build relationships; while work integrated learning provides real world experiences. Flexible delivery options help students balance school and life. Dedicated faculty and staff know you by name. From application to graduation, MHC strives to be a leader in student support by offering exceptional services and a personalized approach that builds confidence and trust. Academic advising and coaching, writing support, personal counselling, accessibility services, tutoring,

and career services are all available to MHC students, while a brand new fitness centre and Indigenous gathering space provide opportunities for health, wellness and cultural growth.

Speaking from experience as a former student in MHC's School of Business, Heilman is passionate about supporting future students on their own path to post-secondary.

"The best part about being a student recruiter at MHC is the opportunity to have a meaningful impact in people's lives. Being a source of encouragement for someone to take the first step in achieving their educational goals, and then getting to see them walk across the stage during graduation, is my favorite part about my job."

With all the amenities of a larger centre plus the feel of a small town, there's lots to love about "The Hat." Enjoy the natural beauty of the region with the city's extensive trail system, parks and golf courses, and easy access to Cypress Hills Provincial Park and the Canadian Badlands. Medicine Hat also boasts a vibrant arts and entertainment scene featuring exceptional musical talent, sporting events and festivals, and unique local coffee shops, pubs, and retail stores.

Join us for Open House on Saturday, March 4 and discover MHC! Visit mhc.ab.ca for details or call 1-866-282-8394 to book a tour or appointment.

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"The Hat."*

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- Have a positive lifestyle
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- Have a strong sense of caring and responsibility
- Are dedicated to community and school
- Inspire others
- Are between the ages of 8 to 18

This year four deserving youth will receive a **\$3000 bursary**, provided by SaskPower, to use towards their post-secondary education. Someone you nominate could be one of them.

Visit www.swna.com for further information and nomination forms
Nominations close March 31, 2023

2023 Guide to POST-SECONDARY EDUCATION



(from page three: **CTC**)

Alyssa Shannon - Continuing Care Assistant (Wynyard), Emma Moorman - Electrician, and McKenzie Knudtson - Office Administration.

Performance-Based Scholarships (Provided to students who receive the highest marks in a program)

The Continuing Care Assistant (Humboldt) 2021-22 Performance Scholarship (\$500): Ta Maira Backlun; The Continuing Care Assistant (Wynyard) 2021-22 Performance Scholarship (\$500): Justine Michaluk; The Electrician 2021-22 Performance Scholarship (\$500): Christian Libaton; The Office Administration 2021-22 Performance Scholarship (\$500): Yuliya Cadrain; The Early Childhood Education 2021-22 Performance

Scholarship (\$500): Erin Buffalo; The Welding 2021-22 Performance Scholarship (\$500): Mason Weinrauch.

Application-Based Scholarships (Provided to students who demonstrate merit, need or a combination of need and merit)

The President's Courage to Grow SIOS Scholarship (\$2,000): Luke Clement-Kozak - Continuing Care Assistant (Watrous); The Murray and Audrey Brockman SIOS Scholarships (\$1,000 each); Gillian Kosokowsky - Welding and Hayden Reeme - Welding; The Bourgault Industries SIOS Scholarship (\$1,000): Tyra Beardy - Welding; The City of Humboldt SIOS Scholarship (\$1,000): Emma Moorman - Electrician; The Doepker Industries SIOS Scholarship (\$1,000): Caden Banin -

Welding; The Ed Yee SIOS Scholarship (\$1,000): Colin Beckett - Welding; The Flaman Sales and Rentals/Carlton Trail College SIOS Scholarship (\$1,000): Adam Dietz - Agriculture Sciences; The Humboldt Co-op SIOS Scholarship (\$1,000): Jaspyn Campbell - Electrician; The Humboldt Smiles Dental Studio SIOS Scholarships (\$1,000 each): Susan Chamakese - Continuing Care Assistant (Humboldt) and Mary-Jane Hon-Mong - Continuing Care Assistant (Humboldt); The Melron Service/Carlton Trail College SIOS Scholarship (\$1,000): Dayna Wegwitz - Continuing Care Assistant (Watrous); The Michel's Industries SIOS Scholarship (\$1,000): Chris Crotty - Welding; The Midway Co-op SIOS Scholarship (\$1,000): Tanner van der Buhs - Electrician; The Olymel SIOS Scholarship (\$1,000):

McKenzie Knudtson - Office Administration; The RBC Staff SIOS Scholarship (\$1,000): Jeffrey Linford - Primary Care Paramedic; The Saskatoon Co-op SIOS Scholarship (\$1,000): Serena Wilder - Practical Nursing; The Schulte Industries SIOS Scholarship (\$1,000): Anna Lavallee - Welding; The Tremblay Electric SIOS Scholarship (\$1,000): Ryan

Schneider - Electrician; The Walker Wood Foundation SIOS Scholarship (\$1,000 each): Generous Bince - Practical Nursing, Miranda Elmy - Practical Nursing, Kasandra Frank - Continuing Care Assistant (Humboldt), Emilie Glaser - Practical Nursing, Skylar Johnston - Primary Care Paramedic, Tara Keller - Practical Nursing,

Kathleen Lissel - Office Administration, Teneale Picouye - Continuing Care Assistant (Humboldt), Alyssa Shannon - Continuing Care Assistant (Wynyard), Daisy Tandog - Continuing Care Assistant (Watrous), Raissa Tapat - Continuing Care Assistant (Humboldt), and Princess Tulabut - Continuing Care Assistant (Humboldt).

Learning at Carlton Trail College from a student's perspective

■ submitted by Carlton Trail College/reprinted with permission from CTC's annual report

If you've ever wanted to accomplish something major, you know that getting started can feel daunting. For Kellen Dreger, learning how to 'eat an elephant' helped her put her goal of completing Carlton Trail College's Practical Nursing program into perspective. Shared by an instructor, the metaphor stating 'there is only one way to eat an elephant, one bite at a time' helped Kellen understand that her goals could be achieved by taking on just a little at a time.

Balancing an intensive training program, family and life with a new baby forced Kellen to be disciplined and to set specific and realistic goals. While she admits there were 'growing pains' as classes were forced to adjust to remote learning methods during the pandemic, the support of her program instructors and fellow



- photo courtesy of CTC

classmates provided her with the feedback, encouragement and drive to continue with classes.

For instance, while some clinical placements were postponed due to the pandemic, virtual reality platforms provided a safe, alternate learning experience for students. Having recently experienced a significant health concern with another child, Kellen deeply appreciated the opportunity to first address pediatric learning scenarios in a secure space, providing her with the

confidence to take on a variety of situations as her program progressed. Although virtual reality cannot replace hands-on experience, Kellen found the College's virtual approach a positive introduction to what she would likely encounter on a clinical placement.

A recipient of Carlton Trail College's *The President's Courage to Grow* Scholarship in 2020, Kellen shines as an example of what one can do - when you're not afraid to eat an elephant! Kellen is currently employed at St. Paul's Hospital in Saskatoon, Saskatchewan.

Carlton Trail College.

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Expanded Healthcare Offerings!

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Board of Directors



APPLY BY FEBRUARY 8, 2023

Carlton Trail College is seeking Expressions of Interest from individuals within the east-central region that have a diverse mix of expertise, experience, skills and backgrounds.

Candidates are invited to submit a cover letter and resume to:

**Carlton Trail College
Attention: Board Chairperson**
board@carltontrailcollege.com
Box 720, Humboldt, SK S0K 2A0

For more information, go to www.carltontrailcollege.com/work-for-us or contact President & CEO, Amy Yeager at 306.685.6865

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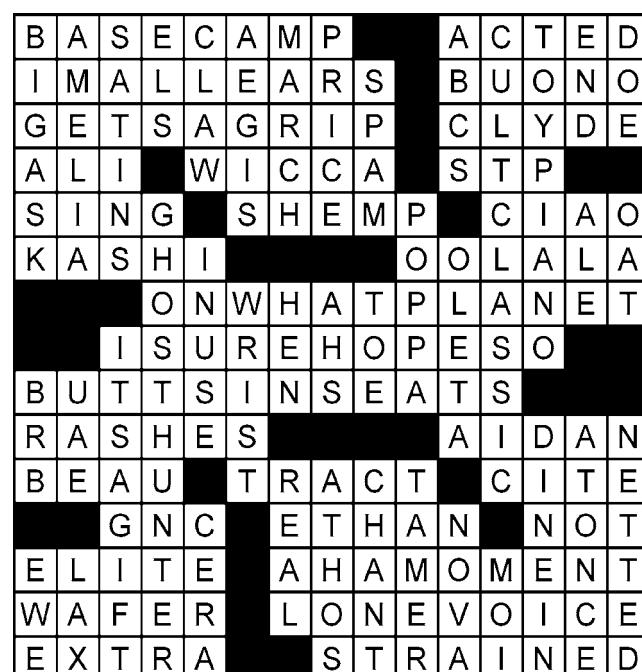
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SOLUTION:

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| 5 | 2 | 1 | 4 | 3 | 6 | 7 | 9 | 8 |
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| 9 | 5 | 3 | 2 | 8 | 1 | 6 | 7 | 4 |
| 6 | 7 | 2 | 5 | 4 | 9 | 3 | 8 | 1 |

1/1

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Plunkett

Deloris Wilson (Sutherland) • 306-944-4852

Visiting us were Marge week. Haynes and her son Lavern. Sympathy to the Farago I, Deloris, was in the family on the passing of Edna Farago.

We heard from Lesley Tayfal from Cochrane, Alta., formerly from Plunkett, that his wife Pat had heart

surgery. Armand Clavelle's store in Viscount has been sold, so our town will still have a

store. Sorry to hear Henry Pray passed away. Sympathy to Dennis and Leona went to Meadow Lake to visit his family. He was from the Golden Acre district.

Viscount

Sandra Reid • 306-227-1193

The month of January has seem to flown by us extremely fast, spring is on the way! Even though I do not mind the winter months with the beautiful white covered ground and snow hills piled around the town, it will be nice to see the green grass.

The community centre has been the place to be this month, with a few hockey games that have happened.

The seniors are still enjoying coffee every Monday, Tuesday, Wednesday and Thursday morning. Monday afternoon everyone can come out and enjoy coffee, pool and cribbage.

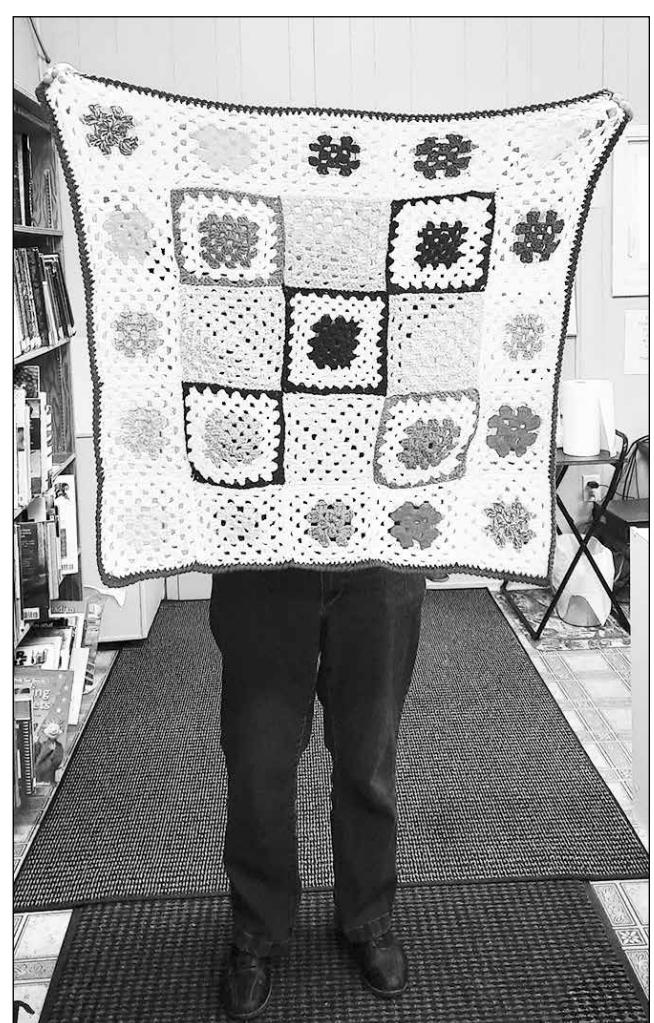
Monday, Jan. 16 was enjoyed by five ladies at the Viscount library who chatted away while joining squares to make blankets for Blankets for Canada. We received over 780 squares, both knitted and crocheted from the Davidson area. What a delight to see these beautiful squares! If they were all made into adult blankets, we would have 16, if they were made into youth blankets, we would have 22, or if they were made into baby blankets there would be enough for 31. We greatly appreciate the donation from the Davidson area, as well as all other donations that we receive.

The Viscount library just received its new Book Club book. It is a novel by author Amy Meyerson called The Bookshop of Yesterdays (part mystery, part family drama, part a bookstore lover's dream and then more). Should be a fun read! For more information on Blankets for Canada or Book Club please call or text Evelina at 306-281-8196.

Best wishes to anyone who is under the weather. I hope you feel better soon. Have a great week, enjoy the outside air when and if possible.



Two blankets were made by the Viscount Chapter of Blankets for Canada. They have been passed on so hopefully they are keeping someone warm.



- photos submitted by Sandra Reid

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(from front page: **LANIGAN**)

limiting financial transactions through cash, we understood the clear need for debit/credit card usage at the concession. We are in a time where people just don't carry cash, so we have made it easier to make those purchases at the concession. And finally, the use of debit/credit cards in the arena concession has allowed us to implement a computer till system in the concession that tracks our inventory and sales, making it easier to track revenue and place supply orders.

We have also been working on a town beautification program by adding to our summer planter collection and completing our beautiful festive lighting purchases. We are patiently waiting for our new LED solar street lights along the pathway between the hospital and golf course.

There was also a very exciting land sale this year. We look forward to seeing some development of the commercial property along the highway in 2023.

Technology upgrades at the Lanigan Town Office have assisted administration in

streamlining a variety of processes, including a new water meter reading program that will gradually eliminate physical meter reading by changing out existing meters to Radio Frequency (RF) meters.

Was there some other work done during 2022 as far as infrastructure goes?

Tony: As far as any big infrastructure products this year, we didn't have any besides the pool; however, we were very busy this year as Kelli noted earlier. We also did some resurfacing on Ulster Street and a couple of major digs to replace failing infrastructure.

Kelli: Along with completing some repairs to catch basins and surrounding infrastructure that was creating some sink holes and washouts, we tied in the services to the Lanigan & District Waterpark under Whitetail Road.

With regards to the waterpark, are you excited to see construction underway, and would you have a timeline as to when it could be ready to use?

Tony: The pool is on track so far, the construction is right on schedule for what was to be completed for this fall. Construction will commence as soon as possible in spring; hope

is to be completed in June 2023.

As you know we have experienced some cost over runs and still have some fundraising to do for the water slide. The waterpark committee is tirelessly still coming up with fundraising ideas to reach our goal. We thank them for their dedication.

Kelli: Please come out and support their next fundraiser, which has been very successful in the past and is back by popular demand: Splash of Spirits on Feb. 10.

Would you have an update on the hospital?

Tony: Right now, there is no change to the hospital. Lanigan Hospital remains status quo for Emergency Services Monday to Friday. After losing a part-time RN and a part-time CCA they are working on a new master rotation to reopen the five ALC beds. Staffing is a real challenge across the province and we will continue to work with SHA and lobbying the government. I know there is a plan to hire more nurses but that is going to take time. I feel our government did not react quick enough to get us through this shortfall. With these staffing challenges we could see hospitals in our area going into bypass, which is a real concern for the community, and it puts more pressure on the bigger centres.

We do have a new doctor moving to Lanigan in January. Dr. Askari will be coming to replace Dr. Alafia in March. Dr. Alafia will be leaving us on Jan. 31. We want to welcome Dr. Askari and his family to Lanigan. I want to thank Dr. Alafia for his dedication to all his patients in his time in Lanigan. I know he will be missed by many. Good luck with your future endeavours.

While work has not progressed on the new school, are you looking forward to having a new facility in the community one day?

Tony: Yes we are. There has been a lot of work done by Kelli and her team on land titles and easements to accommodate the new school. We haven't had a formal update from the school division, but I believe things will be starting in 2023. Having a new school will be great for existing residents and families and will be a boost in attracting new families to Lanigan. **With a new year approaching, what does 2023 hold for Lanigan?**

Tony: Our hope is growth. We are looking

for development and are open for business with developers we can partner with to grow our community. We really want to work on our strategic planning on where we want to see Lanigan go in the next few years. Upgrading infrastructure will be a big agenda item for us in our long-term planning.

Kelli: We are planning to create a new Town of Lanigan logo, or do a rebranding of some type in order to do some effective marketing of our great community in hopes of generating home major development and increasing our population.

Town Council will be discussing budget items and potential projects in the coming month or so. Once that is complete, we will have a better idea of any major purchases or improvements.

In 2023, we will see the completion of our Official Community Plan and some significant advances in our Asset Management Plan. These planning documents are crucial in future planning and protection of our existing assets. **Are there any projects or highlights you'd like to share about for 2023?**

Tony: The two main projects will be the completion of the pool and working with the school division on some new roads and access to the new school.

Is there anything else you would like to add?

Tony: I know both of these employees have been mentioned before but I just wanted to give another shout out to Karen Greve, assistant administrator and Mike Senga, public works who both retired after 35 years of service. Thank you to you both for your dedication to the Town of Lanigan.

I want to give a big thank you to Kelli and her team for all they have done for the Town of Lanigan this past year. It was a real busy year and you all pulled together to get things done.

There is a lot of work that goes on behind the scenes to keep things running smoothly, that doesn't always get noticed. Thank you all.

I want to wish all our town employees and their families a happy New Year. I look forward to working with all of you in 2023. Also, a thank you to our Town council, I enjoy working with all of you and look forward to bigger and better things in 2023.



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